

DIRECTIONS: Mix a serving with 250 ml water and drink 30-60 minutes before your workout or when you need energy and focus. Contains 200 mg of Caffeine per serving! Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such.

POW3RD! is a sophisticated, proprietary pre-workout support formula with carefully selected active ingredients. You really cannot know what it could do for you until you try it! We have a "DualCreatine" blend that contributes to increased performance in successive bursts of short-term, high-intensity exercise like weight training and intense interval cardio. AKG, Alpha-Ketoglutarate is an integral component of the Krebs-cycle, which is an energy generating cycle in the body. L-Arginine is a conditionally essential amino acid and a precursor of Nitric Oxide (NO). Arginine supplementation is a general practice among athletes, bodybuilders. And we're sure our other ingredients will also be to your liking! The complex POW3RD! formula provides the following benefits*: *contributes to the reduction of tiredness and fatigue / contributes to normal amino acid synthesis / contributes to the normal function of the immune system / contributes to normal blood formation / contributes to normal homocysteine metabolism / contributes to normal psychological function / has a role in the process of cell division.*

Aspartame free!

*These statements have been scientifically proven and authorized by the European Food Safety Authority.

WARNINGS: Don't use if you have any kind of medical condition, take any medications, or before medical procedures. Also avoid if pregnant, nursing or under the age of 21. Consult your physician before use! Beta-Alanine may cause a temporary, harmless "pins and needles" tingling sensation on the skin. Keep out of the reach of children! **DON'T EXCEED THE RECOMMENDED DOSAGE!**

Formulated by and manufactured for

SCITEC NUTRITION®

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Made in EU.

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SCITEC NUTRITION®

COMPLEX PRE-WORKOUT CONCENTRATE!

POW3RD! 2.0

50 SERVINGS
NET WT: 350 GRAMS

**CHERRY
CRANK
FLAVOR**



FOOD SUPPLEMENT

Supplement Facts

Serving Size: 7 g (approx. 1/2 scoop)

Servings Per Container: 50

Amount Per Serving		RDA%*
Total Carbohydrates	0 g	†
Sugars	0 g	†
Folic Acid	30 mcg	15%
Proprietary "POW3RD!" matrix	4390 mg	†

"DualCreatine" blend: Micronized Creatine Monohydrate, Creatine Citrate

"Sp3cial blend": L-Arginine HCl, Beta-Alanine, Caffeine (200 mg), Acetyl L-Carnitine HCl, Rhodiola Rosea extract, AKG (Alpha-Ketoglutarate Calcium), Maltodextrin

*RDA%: Percent of the Recommended Daily Allowance.

† Daily Value not established.

Ingredients: Micronized Creatine Monohydrate, Flavoring (Cherry), Acidity Regulator (Citric Acid Anhydrous), Beta-Alanine, L-Arginine HCl, Caffeine Anhydrous, Artificial Sweeteners (Sucralose, Acesulfame K), Acetyl L-Carnitine HCl, Creatine Citrate, Rhodiola Rosea extract (3% Rosavins), Anti-Caking Agents (Colloidal Silicon Dioxide, Magnesium Stearate), Alpha-Ketoglutarate Calcium, Maltodextrin, Coloring (Carmoisine), Folic Acid. **May have an adverse effect on activity and attention in children.

Allergen info: Manufactured in a facility that processes milk, soy and egg proteins, and gluten, peanuts!

Store in a cool, dry place. Heat and sunlight may damage the bottle!

Best before end: see on packaging. **Batch number:** see on packaging.