

**DIRECTIONS:** Take 2 capsules 2-4 times a day before and after training, and/or before going to bed. Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such.

Glutamine is the most abundant amino acid in the human blood. Glutamine may become conditionally essential in certain situations, including intensive physical training, when the body cannot meet its needs by synthesizing Glutamine. This conditionally essential amino acid can be provided by dietary protein intake and via supplements such as MEGA GLUTAMINE.

Store in a cool, dry place. Heat and sunlight may damage the bottle!

**Caution: As with all exercise and nutritional programs, please consult your physician first. Keep out of the reach of children!**

**Best before end:** see on packaging

**Batch number:** see on packaging

SCITEC<sup>®</sup>  
NUTRITION

1400 MG GLUTAMINE  
CAPSULES

MEGA  
GLUTAMINE

90 CAPSULES

DIETARY SUPPLEMENT

**Supplement Facts**

Serving size: 2 capsules

Servings per Container: 45

Amount Per Serving		RDA%*
L-Glutamine	2800 mg	†

\*RDA%: Percent of the Recommended Daily Allowance.

† RDA not established in the EU.

**Ingredients:** L-Glutamine, Carrier (Magnesium Stearate), Gelatin (capsules).

**Allergen info:** Manufactured in a facility that processes milk, soy and egg proteins, and gluten, peanuts!

Formulated by and manufactured for

SCITEC<sup>®</sup>  
NUTRITION

P.O. Box 431975, Miami, FL 33243, USA

Made in EU.

[www.ScitecNutrition.com](http://www.ScitecNutrition.com)

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