Directions: Mix 1 serving (20 g) with 400 ml of cold water. Slightly carbonated, open bottle lid when mixing every 5 seconds to avoid accidental pressure build-up! Use 30-45 minutes before training, preferably on an empty stomach. Individuals sensitive to stimulants should first assess tolerance by taking half servings (contains 300 mg of Caffeine per serving)! Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such.

When you train or are engaged in physical activity and you reach a certain intensity, your body and blood "heat up" so you can work more efficiently. Our HOT BLOOD complex pre-workout formula is carefully designed to support your body in physical activity, especially during high-intensity training! Our 5 component, multi-creatine matrix is 4500 milligrams and provides - among others - the most studied Creatine form ever! Creatine in this dose is scientifically proven to increase performance in successive bursts of short-term, high intensity exercise like weight training and interval cardio!* Many of our selections ingredients contribute to one or more of the following beneficial physiological effects*: Normal muscle function. / Normal functioning of the nervous system: neurotransmission and muscle contraction including heart muscle, / Reduction of tredness and fatigue. / Normal energy-yielding metabolism. / Normal amino acid/protein synthesis. / Normal psychological function. / Electrolyte balance.

Aspartame free!

*These statements have been scientifically proven by the European Food Safety Authority (EFSA) and authorized by the European Commission (EC

Warnings: This product contains an absorption modifier that could affect your medications — consult you physician before use! Contains caffeine. Not recommended for children or pregnant women. Individua sensitive to stimulants should first assess tolerance by taking half servings (contains 300 mg of Caffeine per serving)! Beta-Alanine may cause a harmless, temporary fingling sensation on the skin for some

Allergen info: Manufactured in a facility that processes milk, soy and egg proteins, and gluten, peanuts! Store in a cool, dry place. Heat and sunlight may damage the bottle!

Best before end: see on packaging. (MM/YYYY) Batch number: see on packaging.



Supplement Facts

Serving Size: 20 g (11/3 scoops)

Servings Per Container: 15

16120 mg

Amount Per Serving		RDA%*			RDA%*
Calories	24 kcal		Biotin	7.5 mcg	15%
Calories From Fat	0 kcal		Folic Acid	30 mcg	15%
Total Carbohydrates	5.9 g	t	Magnesium	56 mg	15%
Sugars	1.3 g	t	Sodium	14 mg	t
Vitamin B3 (Niacin)	35 mg	219%	Caffeine (Total Amount)	300 mg	t

HOT BLOOD proprietary matrix:

Multi-Creatine Matrix (4500 ma)

L-Arginine HCI, L-Tyrosine, Taurine,

Creatine Monohydrate, Kre-Alkalyn® (buffered Glucose Polymer, L-Arginine Alpha-Ketoglutarate, Creatine Monohydrate), Creatine Pyruvate, Creatine Citrate, MicronTec Micronized

Creatine Monohydrate

Amino Acid Matrix (4250 mg)

Beta-Alanine, Caffeine, Acetyl-L-Carnitine HCI L-Citrulline DL-Malate, L-Carnitine L-Tartrate Sodium Hydrogen Carbonate, Bioperine®

"Hot Blood" Multi-Complex (7140 mg)

Anti-Oxidant Complex (230 mg)

Green Tea extract (>50% Polyphenols), Grape Seed extract (95%), Alpha Lippic Acid

L-Ornithine HCI

*RDA%: Percent of the Recommended Daily Allowance. † RDA not established in the EU.

Ingredients: Moltodextrin, Creatine Monohydrate, L-Auginine H.O., Acidifier (Citric Acid Anhydroux), L-Auginine Alpha-Ketoglutrante 2:1, Dextrose, L-Syrosine, Flororing (Pink Lemonade), Beta Alanine, Caffeline Anhydroux, Anfric Acking Agents (Tricolaum Phosphate, Colloidd Silicon Dioxide), Aeryl-E-Camitine H.O., Magnesium Carbonate, Monohydrate), L-Carnitine L-Tartrate, L-Ornithine HCL, MicronTec Micronized Creatine Monohydrate, Sodium Hydrogen Carbonate, Nicotinamide, Vitis vinifera (Seed) extract, Alpha Lipoic Acid, Piper (Fruit) extract, D-Biotin, Folic Acid.

Directions: Mix 1 serving (20 g) with 400 ml of cold water. Slightly carbonated, open bottle lid when mixing every 5 seconds to avoid accidental pressure build-up. Use 30-45 minutes before training, preferably on an empty stomach. Individuals sensitive to stimulants should first assess tolerance by taking half servings (contains 300 mg of Caffeine per serving)! Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such.

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Allergen info: Manufactured in a facility that processes milk, soy and egg proteins, and gluten, peanuts! Store in a cool, dry place. Heat and sunlight may damage the bottle!

Best before end: see on packaging. (MM/YYYY) Batch number: see on packaging.



Supplement Facts

Serving Size: 20 g (11/3 scoops)

Servings Per Container: 15

16120 mg

Amount Per Serving		RDA%*			RDA%*
Calories	24 kcal		Biotin	7.5 mcg	15%
Calories From Fat	0 kcal		Folic Acid	30 mcg	15%
Total Carbohydrates	5.9 g	t	Magnesium	56 mg	15%
Sugars	1.3 g	t	Sodium	14 mg	t
Vitamin B3 (Niacin)	35 mg	219%	Caffeine (Total Amount) 300 mg	t

HOT BLOOD proprietary matrix:

Multi-Creatine Matrix (4500 ma)

Creatine Monohydrate), Creatine Pyruvate, Creatine Citrate, MicronTec Micronized

Creatine Monohydrate

L-Ornithine HCI

Amino Acid Matrix (4250 mg) L-Arginine HCI, L-Tyrosine, Taurine,

"Hot Blood" Multi-Complex (7140 mg) Creatine Monohydrate, Kre-Alkalyn® (buffered Glucose Polymer, L-Arginine Alpha-Ketoglutarate, Beta-Alanine, Caffeine, Acetyl-L-Carnitine HCI L-Citrulline DL-Malate, L-Carnitine L-Tartrate

Sodium Hydrogen Carbonate, Bioperine®

Anti-Oxidant Complex (230 mg)

Green Tea extract (>50% Polyphenols), Grape Seed extract (95%), Alpha Lippic Acid

*RDA%: Percent of the Recommended Daily Allowance, † RDA not established in the EU.

Ingredients: Maltodextrin, Creatine Monohydrate, L-Arginine HCI, Dextrose, Acidifier (Citric Acid Anhydrous), L-Arginine Alpho-Fetopluratre 2:1, L-Hyosine, Beta Manine, Flovoring (Punch), Caffeine Anhydrous, Aceyl-L-Carnitine HCI, Anti-Caking Agents (Tiracidum Phosphate, Colloidal Silicon Dioxide), Magnesium Carbonate, Camellia Sinensis (Ledf) extract, L-Citrulline DL-Malate 1:1, Tourine, Artificial Sweeteners (Acesultame K, Sucralose), Colorings (Carmoisine**, Ponceau 4R**), Creatine Citrate, Creatine Pyruvate, Kre-Alkalyn® (buffered, Creatine Monohydrate). L-Carnitine L-Tartrate, L-Ornithine HCl. MicronTec Micronized Creatine Monohydrate Sodium Hydrogen Carbonate, Nicotinamide, Vitis vinifera (Seed) extract, Alpha Lipoic Acid, Piper (Fruit) extract, D-Biotin, Folic Acid. ** May have an adverse effect on activity and attention in children.

Directions: Mix 1 serving (20 g) with 400 ml of cold water. Slightly carbonated, open bottle lid when mixing every 5 seconds to avoid accidental pressure build-up. Use 30-45 minutes before training, preferably on an empty stomach. Individuals sensitive to stimulants should first assess tolerance by taking half servings (contains 300 mg of Caffeine per serving)! Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such.

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Warnings: This product contains an absorption modifier that could affect your medications — consult your physician before use! Contains caffeine. Not recommended for children or pregnant women. Individuals sensitive to stimulants should first assess tolerance by taking half servings (contains 300 mg of Caffeine per serving)! Beta-Alanine may cause a harmless, temporary fingling sensation on the skin for some

Allergen info: Manufactured in a facility that processes milk, soy and egg proteins, and gluten, peanuts! Store in a cool, dry place. Heat and sunlight may damage the bottle!

Best before end: see on packaging. (MM/YYYY) Batch number: see on packaging.

SCITEC NUTRITION COMPLEX PRE-WORKOUT STIMULANT 5 CREATINES - L. CARNITINES - AMINO ACIDS - VITAMINS & MINERALS - ANTI-OXIDANTS GITRULLINE MALATE AND AAKG-CAFFEINE AND BETA-ALANINE WITH BIOPERINE ASPARTAME FREE NET WT: 300 G - GUARANA FLAVOR FOOD SUPPLEMENT -

Supplement Facts

Serving Size: 20 g (11/3 scoops)

Servings Per Container: 15

16120 mg

Amount Per Serving		RDA%*			RDA%*
Calories	24 kcal		Biotin	7.5 mcg	15%
Calories From Fat	0 kcal		Folic Acid	30 mcg	15%
Total Carbohydrates	5.9 g	t	Magnesium	56 mg	15%
Sugars	1.3 g	t	Sodium	14 mg	t
Vitamin B3 (Niacin)	35 mg	219%	Caffeine (Total Amount)	300 mg	t

HOT BLOOD proprietary matrix:

Multi-Creatine Matrix (4500 ma)

L-Arginine HCI, L-Tyrosine, Taurine,

L-Ornithine HCI

"Hot Blood" Multi-Complex (7140 mg) Creatine Monohydrate, Kre-Alkalyn® (buffered Glucose Polymer, L-Arginine Alpha-Ketoglutarate, Creatine Monohydrate), Creatine Pyruvate, Beta-Alanine, Caffeine, Acetyl-L-Carnitine HCI Creatine Citrate, MicronTec Micronized L-Citrulline DL-Malate, L-Carnitine L-Tartrate

Creatine Monohydrate Sodium Hydrogen Carbonate, Bioperine® Amino Acid Matrix (4250 mg)

Anti-Oxidant Complex (230 mg)

Green Tea extract (>50% Polyphenols), Grape Seed extract (95%), Alpha Lippic Acid

*RDA%: Percent of the Recommended Daily Allowance. † RDA not established in the EU.

Ingredients: Maltodextrin, Creatine Monohydrate, LAuginine HCI, Dextrose, LAuginine Alpha-Ketoglutrarte 2:1, L-Yrosine, Beta-Alanine, Addiffer (Chric Acid Anhydraus), Flavoring (Giurana), Caffeine Anhydraus, Acetyl-L-Carnitine HCI, Anti-Caking Agents (Tricalcium Phosphate, Collodal Silicon Dioxide), Magnesium Carbonate, Camellia sinensis (Leaf) extract, L-Citrulline Di-Molate 1:1, Tourine, Artificial Sweeteners (Acesulfaren K, Sucralose), Coloring (Carmoisine**, Ponceau 4R**), Creatine Citrate, Creatine Pyruvate, Kre-Alkalyn® (buffered Creatine Monohydrate), L-Carnitine L-Tartrate, L-Ornithine HCl, MicronTec Micronized Creatine Monohydrate, Sodium Hydrogen Carbonate, Nicotinamide, Vitis vinifera (Seed) extract, Alpha Lipoic Acid, Piper (Fruit) extract, D-Biotin, Folic Acid. ** May have an adverse effect on activity and attention in children.

Directions: Mix 1 serving (20 g) with 400 ml of cold water. Slightly carbonated, open bottle lid when mixing every 5 seconds to avoid accidental pressure build-up. Use 30-45 minules before training, preferably on an empty stomach. Individuals sensitive to stimulants should first assess tolerance by taking half servings (contains 300 mg of Coffeine per serving)! Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such.

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Aspartame free!

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Warnings: This product contains an absorption modifier that could affect your medications — consult your physician before use! Contains caffeine. Not recommended for children or pregnant women. Individuals sensitive to stimulants should first assess tolerance by taking half servings (contains 300 mg of Caffeine per serving)! Beta-Alanine may cause a harmless, temporary fingling sensation on the skin for some

Allergen info: Manufactured in a facility that processes milk, soy and egg proteins, and gluten, peanuts! Store in a cool, dry place. Heat and sunlight may damage the bottle!

Best before end: see on packaging. (MM/YYYY) Batch number: see on packaging.

SCITEC NUTRITION COMPLEX PRE-WORKOUT STIMULANT 5 CREATINES - L. CARNITINES - AMINO ACIDS - VITAMINS & MINERALS - ANTI-OXIDANTS GITRULLINE MALATE AND AAKG-CAFFEINE AND BETA-ALANINE WITH BIOPERINE ASPARTAME FREE NET WT: 300 G - ORANGE JUICE FLAVOR FOOD SUPPLEMENT

Supplement Facts

Serving Size: 20 g (11/3 scoops)

Servings Per Container: 15

16120 mg

Amount Per Serving		RDA%*			RDA%
Calories	24 kcal		Biotin	7.5 mcg	15%
Calories From Fat	0 kcal		Folic Acid	30 mcg	15%
Total Carbohydrates	5.9 g	t	Magnesium	56 mg	15%
Sugars	1.3 g	t	Sodium	14 mg	t
Vitamin B3 (Niacin)	35 mg	219%	Caffeine (Total Amount)	300 mg	t

HOT BLOOD proprietary matrix:

Multi-Creatine Matrix (4500 ma)

L-Arginine HCI, L-Tyrosine, Taurine,

L-Ornithine HCI

Creatine Monohydrate, Kre-Alkalyn® (buffered Glucose Polymer, L-Arginine Alpha-Ketoglutarate, Creatine Monohydrate), Creatine Pyruvate, Creatine Citrate, MicronTec Micronized Creatine Monohydrate

Amino Acid Matrix (4250 mg)

Sodium Hydrogen Carbonate, Bioperine® Anti-Oxidant Complex (230 mg) Green Tea extract (>50% Polyphenols), Grape

"Hot Blood" Multi-Complex (7140 mg)

Beta-Alanine, Caffeine, Acetyl-L-Carnitine HCI

L-Citrulline DL-Malate, L-Carnitine L-Tartrate

Seed extract (95%), Alpha Lipoic Acid

*RDA%: Percent of the Recommended Daily Allowance. † RDA not established in the EU.

Ingredients: Moltodextin, Creatine Monohydrate, L-Auginine HCI, Acidfier (Citric Acid Anhydrous), L-Auginine Alpho-Retoglutandre 2:1, Dextrose, E-Tyrosine, Flavoring (Orange Juice), Beta-Alamine, Caffeine Anhydrous, Acetyl-L-Camitine HCI, Anti-Caking Agents (Triccicium Phosphate, Colloidal Silicon Dioxide), Mognesium Carbonate, Camellia sinensis (Leaf) extract, Coloring (Paprika Extract), Licitudline DL-Molate 1:1, Taurine, Artificial Sweeteners (Acesulfarme K, Sucralose), Creatine Citrate, Creatine Pyruvate, Kre-Alkalyni[®] (buffered Creatine Monohydrate), L-Carnitine L-Tartrate, L-Ornithine HCI, MicronTec Micronized Creatine Monohydrate, Sodium Hydrogen Carbonate, Nicotinamide, Vitis vinifera (Seed) extract, Alpha Lipoic Acid, Piper (Fruit) extract, D-Biotin, Folic Acid.

Directions: Mix 1 serving (20 g) with 400 ml of cold water. Slightly carbonated, open bottle lid when mixing every 5 seconds to avoid accidental pressure build-up! Use 30-45 minutes before training. preferably on on empty stomach. Individuals sensitive to stimulants should first assess tolerance by the preferably on on empty stomach. Individuals sensitive to stimulants should first assess tolerance by the half servings (contains 300 mg of Caffeine per serving)! Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such.

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Aspartame free!

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Allergen info: Manufactured in a facility that processes milk, soy and egg proteins, and gluten, peanuts! Store in a cool, dry place. Heat and sunlight may damage the bottle!

Best before end: see on packaging. (MM/YYYY) Batch number: see on packaging.

SCITEC NUTRITION COMPLEX PRE-WORKOUT STIMULANT 5 CREATINES - L. CARNITINES - AMINO ACIDS - VITAMINS & MINERALS - ANTI-OXIDANTS GITRULLINE MALATE AND AAKG-CAFFEINE AND BETA-ALANINE WITH BIOPERINE ASPARTAME FREE NET WT: 300 G - ORANGE-MARACUJA FLAVOR FOOD SUPPLEMENT

Supplement Facts

Serving Size: 20 g (11/3 scoops)

Servings Per Container: 15

16120 mg

Amount Per Serving		RDA%*			RDA%
Calories	24 kcal		Biotin	7.5 mcg	15%
Calories From Fat	0 kcal		Folic Acid	30 mcg	15%
Total Carbohydrates	5.9 g	t	Magnesium	56 mg	15%
Sugars	1.3 g	t	Sodium	14 mg	t
Vitamin B3 (Niacin)	35 mg	219%	Caffeine (Total Amount)	300 mg	t

HOT BLOOD proprietary matrix:

Multi-Creatine Matrix (4500 ma)

L-Ornithine HCI

Creatine Monohydrate, Kre-Alkalyn® (buffered Glucose Polymer, L-Arginine Alpha-Ketoglutarate, Creatine Monohydrate), Creatine Pyruvate, Creatine Citrate, MicronTec Micronized

Creatine Monohydrate

Sodium Hydrogen Carbonate, Bioperine® Amino Acid Matrix (4250 mg) Anti-Oxidant Complex (230 mg) L-Arainine HCI, L-Tyrosine, Taurine,

Green Tea extract (>50% Polyphenols), Grape Seed extract (95%), Alpha Lipoic Acid

"Hot Blood" Multi-Complex (7140 mg)

Beta-Alanine, Caffeine, Acetyl-L-Carnitine HCI

L-Citrulline DL-Malate, L-Carnitine L-Tartrate

*RDA%: Percent of the Recommended Daily Allowance. † RDA not established in the EU.

Ingredients: Moltodesvin, Creatine Monohydrute, Leuginine HC, Deutrose, Leluginine Albro-Ketoglutarute 2:1. Lelyrosine, Flavorings (Orange Juice, Maracujo), Acidifier (Citric Acid Arhydrous), Beta-Manine, Caffeine Arhydrous, Aeryl-H-Comitine HC, Ant-Faking Agents (Tricalcium Phosphate, Colloidal Silicon Dioade), (Acesulfame K, Sucralose), Coloring (Paprika Extract), Creatine Citrate, Creatine Pyruvate, Kre-Alkalyn® (buffered Creatine Monohydrate), L-Carnitine L-Tartrate, L-Ornithine HCI, MicronTec Micronized Creatine Monohydrate, I Sodium Hydrogen Carbonate, Nicotinamide, Vitis vinifera (Seed) extract, Alpha Lipoic Acid, Piper (Fruit) extract,