

Salta

TRAMPOLINES

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For video instructions
please scan the QR code
or visit the website:
www.saltatrampolines.com/instructions

*Scan this QR code
with your mobile*

Before you begin use of this trampoline, be sure to carefully read all the information Provided to you in this manual. Just like any other type of physical recreational activity, Participants can be injured. To reduce the risk of injury, be sure to follow appropriate safety rules and tips.

- Misuse and abuse of this trampoline is dangerous and can cause serious injury!
- Trampoline, being rebounding devices, propel the performer to unaccustomed heights and into a variety of body movements.
- Always inspect the trampoline before each use for wear-out mat, loose or missing parts.
- Proper assembly, care and maintenance of product, safety tips, warnings, and proper Techniques in jumping and bouncing are all included in this manual. All users and Supervisors must read and familiarize themselves with these instructions. Anybody who chooses to use this trampoline must be aware of their own limitations in regards to performing various jumps and bounces with this trampoline.

WARNING!



Do not allow more than one person inside the trampoline enclosure. Use by more than one person at the same time can result in serious injuries.



Do not attempt or allow somersaults on the trampoline. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the bed.

- Trampolines over 20 in. (51 cm) tall are not recommended for use by children under 6 years of age.
- Use trampoline only with mature, knowledgeable supervision.
- Inspect the trampoline and enclosure before each use. Make sure the barrier and the enclosure support and frame support padding is correctly and securely positioned. Replace any worn, defective, or missing parts.
- Do not hang from, kick, cut or climb on the barrier.
- Wear clothing free of drawstrings, hooks, loops or anything that could get caught in the barrier.
- Do not attach anything to the barrier that is not a manufacturer-approved accessory or part of the enclosure system.
- Enter and exit the enclosure only at the enclosure door or barrier opening designated for that purpose. Read all instructions before using the trampoline enclosure. Warnings and instructions for the care, maintenance, and use of this trampoline enclosure are included to promote safe, enjoyable use of this equipment.

Always consult a physician before performing any kind of physical activity.

PLEASE RETAIN THIS INFORMATION FOR FUTURE REFERENCE

INFORMATION ON USE OF THE TRAMPOLINE



- Trampolines over 20 in. (51 cm) tall are not recommended for use by children under 6 years of age.
- Inspect the trampoline before each use. Make sure the frame padding is correctly and securely positioned. Replace any worn, defective, or missing parts.
- Initially, you should get accustomed to the feel and bounce of the trampoline. While keeping the head erect, focus eyes on the trampoline toward the perimeter. you should practice each bounce (the basic bounces) until you can do each skill with ease and control.
- To brake a bounce, all you need to do is flex your knees sharply before they come in contact with the mat of the trampoline. This technique should practiced while you are learning each of the basic bounces. The skill of braking should be used whenever you lose balance or control of your jump.
- Avoid bouncing too high. Stay low until bounce control and repeated landing in the center of the trampoline can be accomplished. Control is more important than height.
- Climb on and off the trampoline. It is a dangerous practice to jump from the trampoline to the floor or ground when dismounting, or to jump onto the trampoline when mounting. Do not use the trampoline as a springboard to other objects.
- Learn fundamental bounces and body positions thoroughly before trying more advanced skills. A variety of trampoline activities can be carried out by performing the basic fundamentals in various series and combinations, performing one fundamental after another, with or without feet bounces between them. Avoid bouncing when tired. Keep turns short.
- Properly secure the trampoline when not in use. Protect it against unauthorized use. If a trampoline ladder is used, the supervisor should remove it from the trampoline when leaving the area to prevent unsupervised access by children under 6 years of age.
- Keep objects away which could interfere with the performer. Maintain a clear area around the trampoline.
- Do not use the trampoline while under the influence of alcohol or drugs.
- For additional information concerning the trampoline equipment, contact the manufacturer.
- For information concerning skill training, contact a certified trampoline instructor.
- Bounce only when the surface of the bed is dry. Wind or air movement should be calm to gentle. The trampoline must not be used in gusty or severe winds.
- Read all instructions before using the trampoline. Warnings and instructions for the care, maintenance, and use of this trampoline are included to promote safe, enjoyable use of this equipment.

ACCIDENT CLASSIFICATION



Mounting and Dismounting: Be very careful when getting on and off the trampoline. DO NOT mount the trampoline by grabbing the frame pad, stepping onto the springs, or by jumping onto the mat of the trampoline from any object (i.e. a deck, roof, or ladder). This will increase your chances of getting injured! DO NOT dismount by jumping off the trampoline and landing on the ground regardless of the makeup of the ground. If small children are playing on the trampoline, they may need help in mounting and dismounting.

Use of Alcohol or Drugs: DO NOT consume any alcohol or drugs when using this trampoline! This will increase your chances of getting injured since these foreign substances impairs your judgements, reaction time, and overall physical coordination

Multiple Jumpers: If you have multiple jumpers (more than one person on the trampoline at any one time), you increase the chance of getting injured. Injuries could occur when you fly off the trampoline, lose control, collide with the other jumper(s), or land on the springs. Generally, the lightest person on the trampoline will get injured.

Striking the Frame or Springs: When playing on the trampoline, STAY in the center of the mat. This will reduce your risk of getting injured by landing on the frame or springs. Always keep the frame pad covering the frame of the trampoline. DO NOT jump or step onto the frame pad directly since it was not intended to support the weight of a person.

Loss of Control: DO NOT try difficult manoeuvres, or any manoeuvres until you have mastered the previous manoeuvre, or if you are just learning how to jump on a trampoline. If you do, you will increase your risk of getting injured by landing on the frame, springs, or off the trampoline completely because you might lose control of your jump. A controlled jump is considered landing on the same spot that you took off from. If you do lose control when you are jumping on the trampoline, bend your knees sharply when you land and this will allow you to regain control and stop your jump.

Somersaults (Flips): DO NOT PERFORM somersaults of any type (backwards or forwards) on this trampoline. If you make a mistake when trying to perform a somersault, you could land on your head or neck.. This will increase your chances of getting your neck or back broken, which will result in death or paralysis.

Foreign Objects: DO NOT use the trampoline if there are pets, other people, or any objects underneath the trampoline. This will increase the chances of an injury occurring. DO NOT hold any foreign objects in your hand and DO NOT place any objects on the trampoline while anyone is playing on it. Please be aware of what is overhead when you are playing on the trampoline. Tree limbs, wires, or other objects located over the trampoline will increase your chances of getting injured.

Poor Maintenance of Trampoline: A trampoline in poor condition will increase your risk of getting injured. Please inspect the trampoline before each use for bent steel tubes, torn mat, loose or broken springs, and overall stability of the trampoline.

Weather Conditions: Please be aware of the weather conditions when using the trampoline. If the mat of the trampoline is wet, the jumper could slip and injure him or herself. If it is too windy, jumpers could lose control.

TIPS TO REDUCE THE RISK ACCIDENTS

Jumper's role in accident prevention

The key here is to stay in control of your jumps. DO NOT move onto more complicated, more difficult manoeuvres until you have mastered the basic, fundamental bounce.

Education is also key to safety and very important. Read, understand, and practice all safety precautions and warnings prior to using the trampoline. A controlled jump is when you land and take off from the same location. For additional safety tips and instructions, contact a certified trampoline instructor.

Supervisor's Role in Accident Prevention

Supervisors need to understand and enforce all safety rules and guidelines. It is the responsibility of the supervisor to provide knowledgeable advice and guidance to all jumpers of the trampoline. If supervision is unavailable or inadequate, the trampoline could be stored in a secure place, disassembled to prevent unauthorized use, or covered with a heavy tarpaulin that can be locked or secured with lock or chains. The supervisor is also responsible to ensure that the safety placard is placed on the trampoline and that jumpers are informed of these warnings and instructions.

TRAMPOLINE SAFETY INSTRUCTIONS



JUMPERS:

- Do not use trampoline if you have consumed alcohol or any drugs
- Remove all hard sharp objects from person before using trampoline
- You should climb on and off in a controlled and careful manner. Never jump on or off the trampoline and never use the trampoline as a device to bounce onto or into another object.
- Always learn the basic bounce and master each type of bounce before trying more difficult types of bounces. Review the Basic Skills Section to learn how to do the basics
- To stop your bounce, flex your knees when you land on the mat with your feet
- Always be in control when you are bouncing on the trampoline. A controlled jump is when you land at the same spot that you took off from. If at any time you feel out of control, try to stop your bouncing.
- Do not jump or bounce for prolonged periods of time or too high for a number of jumps
- Keep your eyes on the mat to maintain control.
If you do not, you could lose balance or control
- Never have more than 1 person on the trampoline at any time
- Always have a supervisor watching you when you are on the trampoline

SUPERVISORS

Educate yourself with the basic jumps and safety rules. To prevent and reduce the risk of injuries, enforce all safety rules and ensure that new jumpers learn the basic bounces before trying more difficult and advanced jumps

- All jumpers need to be supervised, regardless of skill level or age.
- Never use the trampoline when it is wet, damaged, dirty, or worn out. The trampoline should be inspected before any jumpers start bouncing on it.
- Keep all objects that could interfere with the jumper away from the trampoline.
 - Be aware of what is overhead, underneath, and around the trampoline.
- To prevent unsupervised and unauthorized use, the trampoline should be secured when not in use.

TRAMPOLINE PLACEMENT



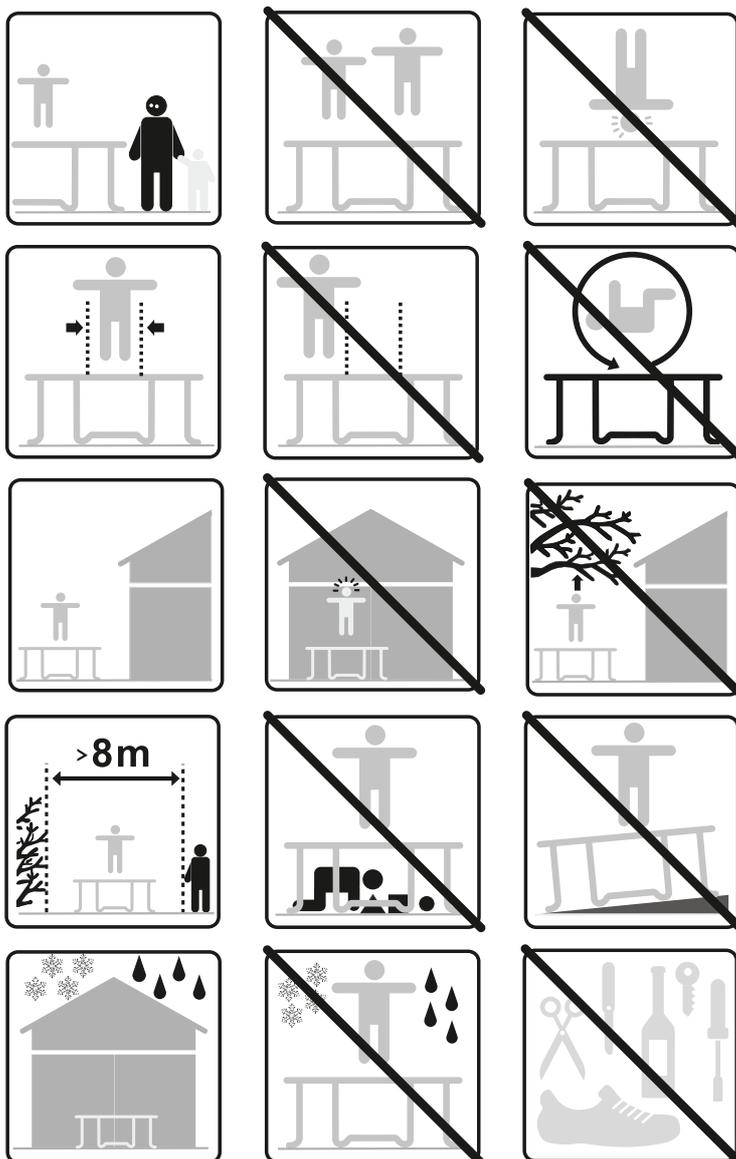
The minimum overhead clearance required is 24 feet (7.3 meters) and a clearance of 2m around the perimeter of the trampoline. In terms of horizontal clearance, please ensure that no hazardous objects are near the trampoline such as tree limbs, other recreational objects (i.e. swing sets, swimming pools), electrical power wiring, walls, fences, etc.

For safe use of the trampoline, please be aware of the following when selecting a place for your trampoline:

- * Make sure it is placed on a level surface
- * The area is well-lighted
- * There are no obstructions beneath the trampoline

If you do not follow these guidelines, you increase the risk of someone getting injured

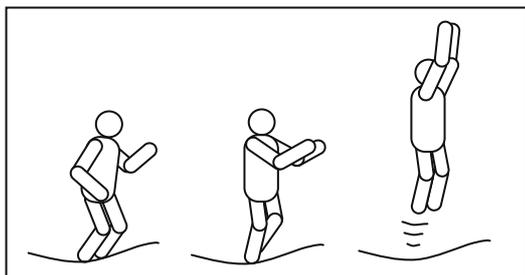
WARNING



BASIC TRAMPOLINE BOUNCES

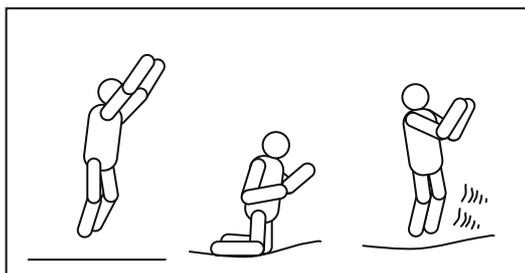


THE BASIC BOUNCE



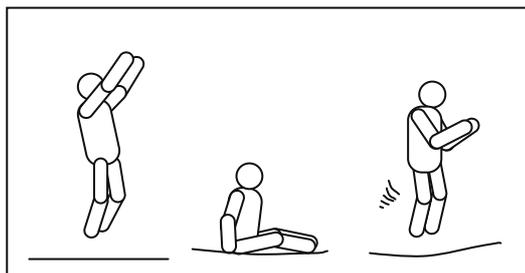
1. Start from standing position, feet shoulder width apart and with head up and eyes on mat.
2. Swing arms forward and up and around in a circular motion.
3. Bring feet together while in mid-air and point toes downward.
4. Keep feet shoulder width apart when landing on mat.

KNEE BOUNCE



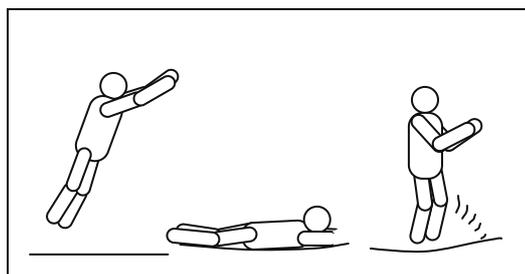
1. Start with basic bounce and keep it low
2. Land on knees keeping back straight, body erect and use your arms to maintain balance
3. Bounce back to basic bounce position by swinging arms up

SEAT BOUNCE



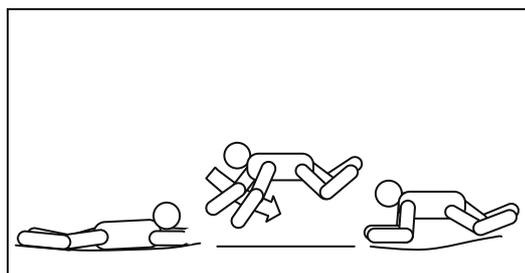
1. Land in a flat sitting position.
2. Place hands on mat besides hips
3. Return to erect position by pushing with hands.

FRONT BOUNCE



1. Start with front bounce position
2. Land in prone (face down) position and keep hand and arms extended forward on mat
3. Push off the mat with arms to return to standing position

180 DEGREE BOUNCE



1. Start with front bounce position
2. Push off with left or right hands and arms (depending on which way you wish to turn)
3. Maintain head and shoulders in the same direction and keep back parallel to mat and head up
4. Land in prone position by return to standing position by pushing up with hands and arms

ASSEMBLY INSTRUCTIONS



To assemble this trampoline all you need is our special spring loading tool provided with this product. During periods of non-use. This trampoline can be easily disassembled and stored. **Please read the assembly instructions before beginning to assemble the product.**

PRIOR TO ASSEMBLING

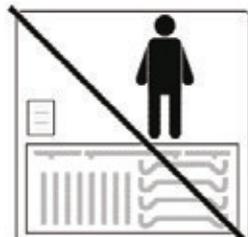
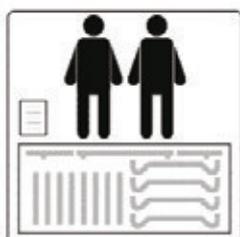
Please refer to page for part descriptions and numbers. The assembly steps use these descriptions and numbers as reference for your convenience. Make sure that you have all parts listed. If you are missing any parts, please refer to page for Instructions on how to attain any parts.

To prevent any injuries to your hands from pinch points during assembly, **please use gloves to protect your hands.**

PARTS LIST

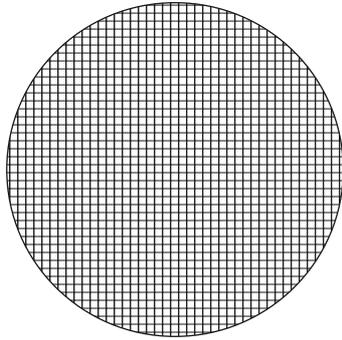
Please select your trampoline size.

Reference Number	Description	541 183cm	542 213cm	543 244cm	544 305cm	545 366cm	546 427cm
1	Trampoline Mat, stitched with V-Rings	1	1	1	1	1	1
2	Frame Pad	1	1	1	1	1	1
3	Leg Base	6	6	6	6	8	8
4	Top Rail with Leg Sockets	6	6	6	6	8	8
5	U-nail / L-nail	6/12	6/12	6/12	6/12	8/16	8/16
6	Galvanized Springs	42	42	54	60	72	88
7	Screw Set	12	12	12	12	16	16
8	Spanner	1	1	1	1	1	1
9	Hex Key	1	1	1	1	1	1
10	Safety instruction placard	1	1	1	1	1	1
11	Spring loading tool	1	1	1	1	1	1

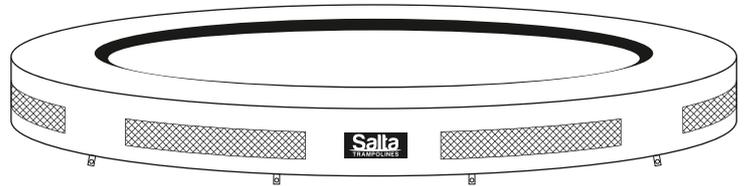


REMEMBER TO USE GLOVES DURING ASSEMBLY TO AVOID PINCHING and IT WILL TAKE AT LEAST TWO PEOPLE TO ASSEMBLE THE TRAMPOLINE

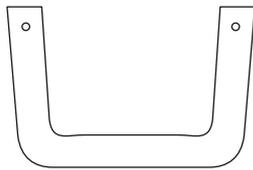
DIAGRAM FOR PARTS:



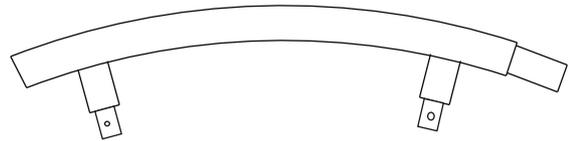
1



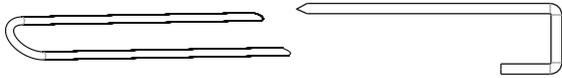
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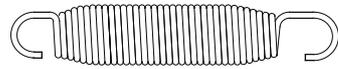
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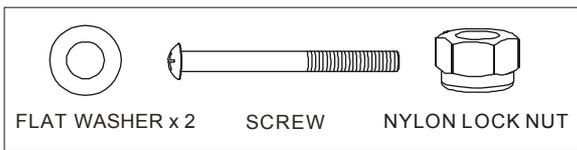
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5



6

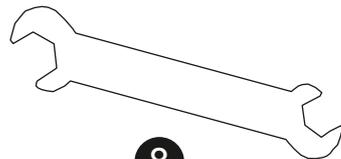


FLAT WASHER x 2

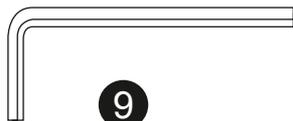
SCREW

NYLON LOCK NUT

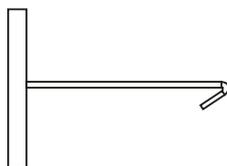
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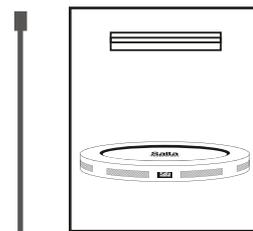
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9



11



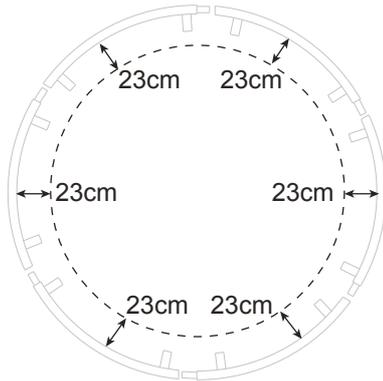
10

PREPARATION TRAMPOLINE

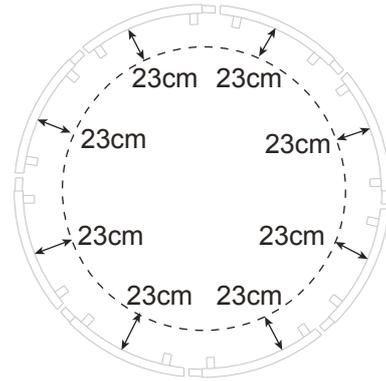


Place the top rails on the location where you decide to place the trampoline.
As shown below in the dotted stroke you can start digging 23cm between the top rail.
The final size and dept of the pit you find in fthe information below.

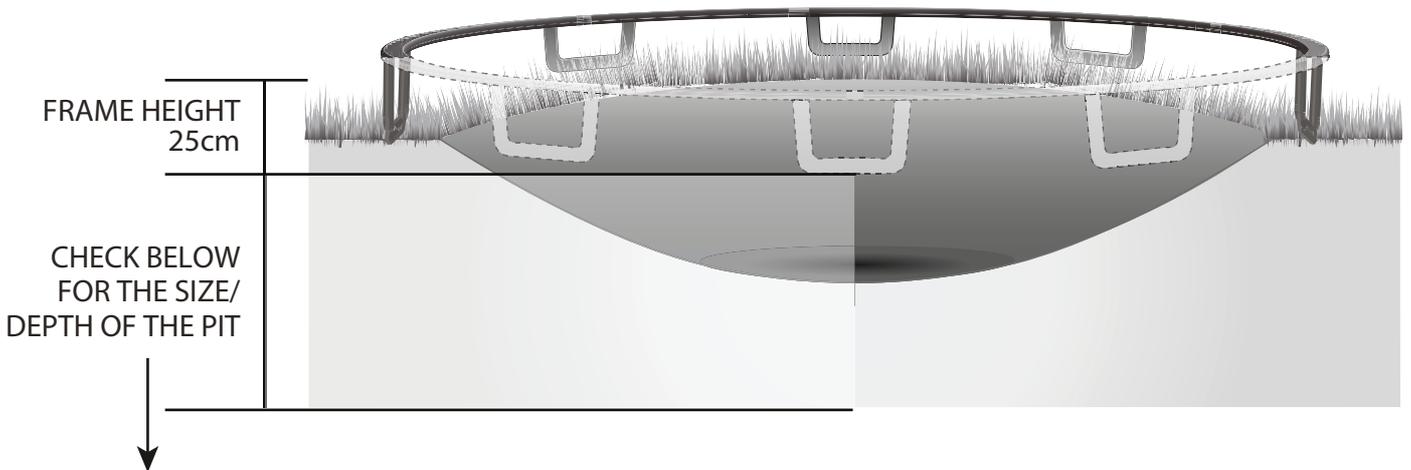
Salta Trampoline 541, 542, 543, 544
183cm, 213cm, 244cm, 305cm



Salta Trampoline 545 & 546
366cm & 427cm



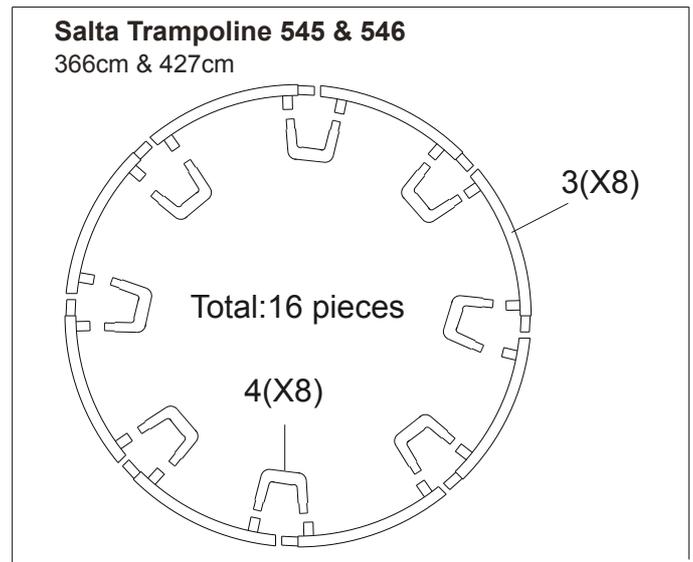
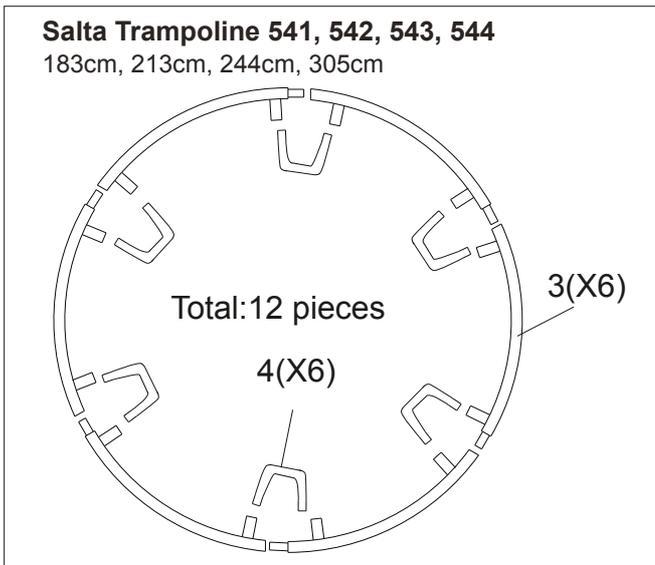
DEPTH OF THE TRAMPOLINE HOLE:



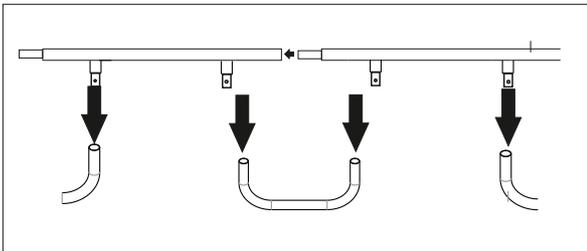
ITEM NR.	DEPT OF HOLE	WIDTH OF HOLE
541 - 183cm	min. 35 cm (excl. height of frame)	min. width \varnothing 137 cm
542 - 213cm	min. 35 cm (excl. height of frame)	min. width \varnothing 167 cm
543 - 244cm	min. 55 cm (excl. height of frame)	min. width \varnothing 198 cm
544 - 305cm	min. 55 cm (excl. height of frame)	min. width \varnothing 259 cm
545 - 366cm	min. 65 cm (excl. height of frame)	min. width \varnothing 320 cm
546 - 427cm	min. 65 cm (excl. height of frame)	min. width \varnothing 381 cm

STEP 1 – Frame Layout

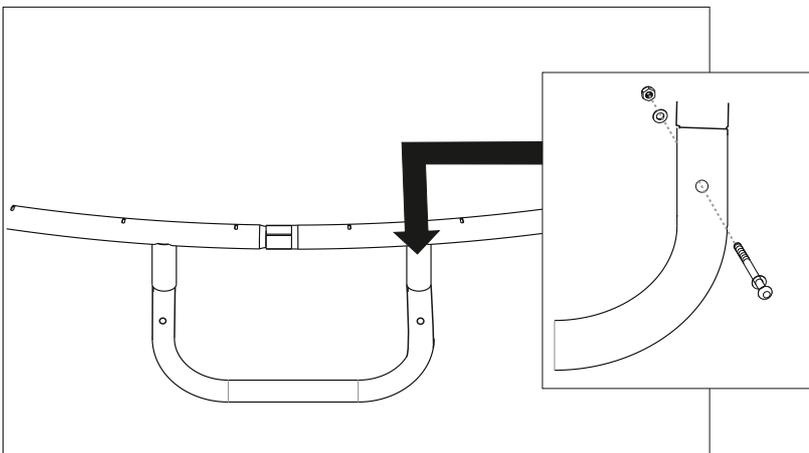
Place the trampoline on a hard level surface. Please select the tube quantity according to the products following below illustrations. To connect the parts, simply slide a section tubing that is smaller on one end into the adjacent section that has a larger opening. These joints are called “connector points”



STEP 2-Top Rail Assembly



A Two people will be necessary at this point to assemble the trampoline. One person lifts the Support Assembly from leg base to a standing (vertical) position and inserts one of the sockets of the Top Rail with Sockets (3) into the Vertical Leg Extension portion of the Support Assembly. The other person holds the other end and inserts that portion into the other Support Assembly as shown. You should now have 2 Support Assemblies held together by 1 Top Rail with Socket



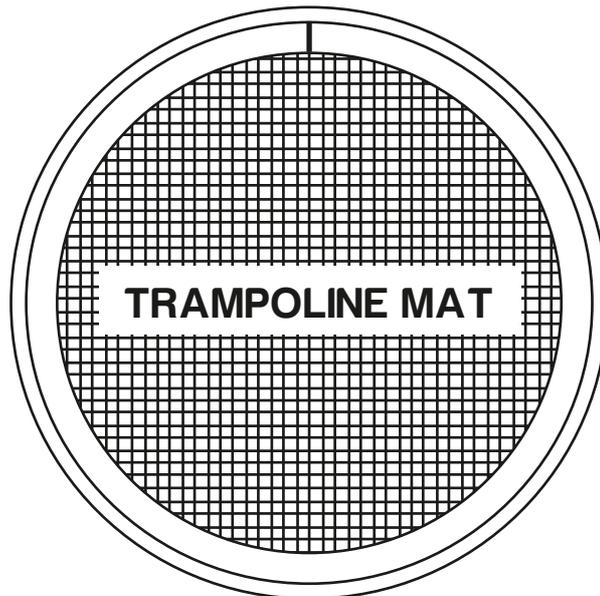
B Using the screw set connect to the frame as shown in diagram, in order repeat this all. Ensure all nuts and bolts are securely tightened.

STEP 3 - Trampoline Mat Assembly

When Attaching springs to the trampoline mat, Please be careful. You will need another person to help you with this portion of the assembly. CAREFUL-When attaching the springs, the Connector Points can become pinch points since the trampoline is tightening up.

A. Lay out the Trampoline Mat (1) inside the frame

#1

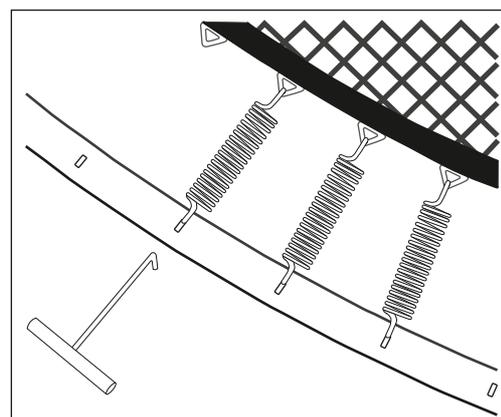
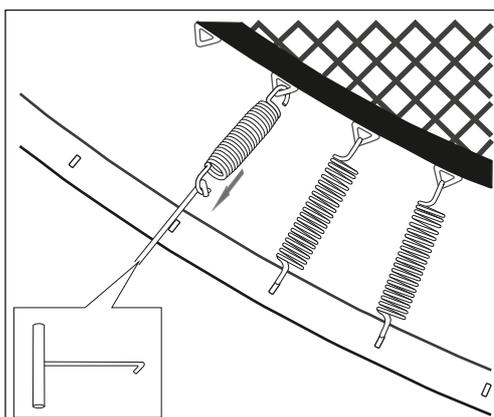


B. How to use the spring special tool.

STEP I : Position the spring on the eyelet of the jumping mat, attach tool and link up to the end of the spring hook.

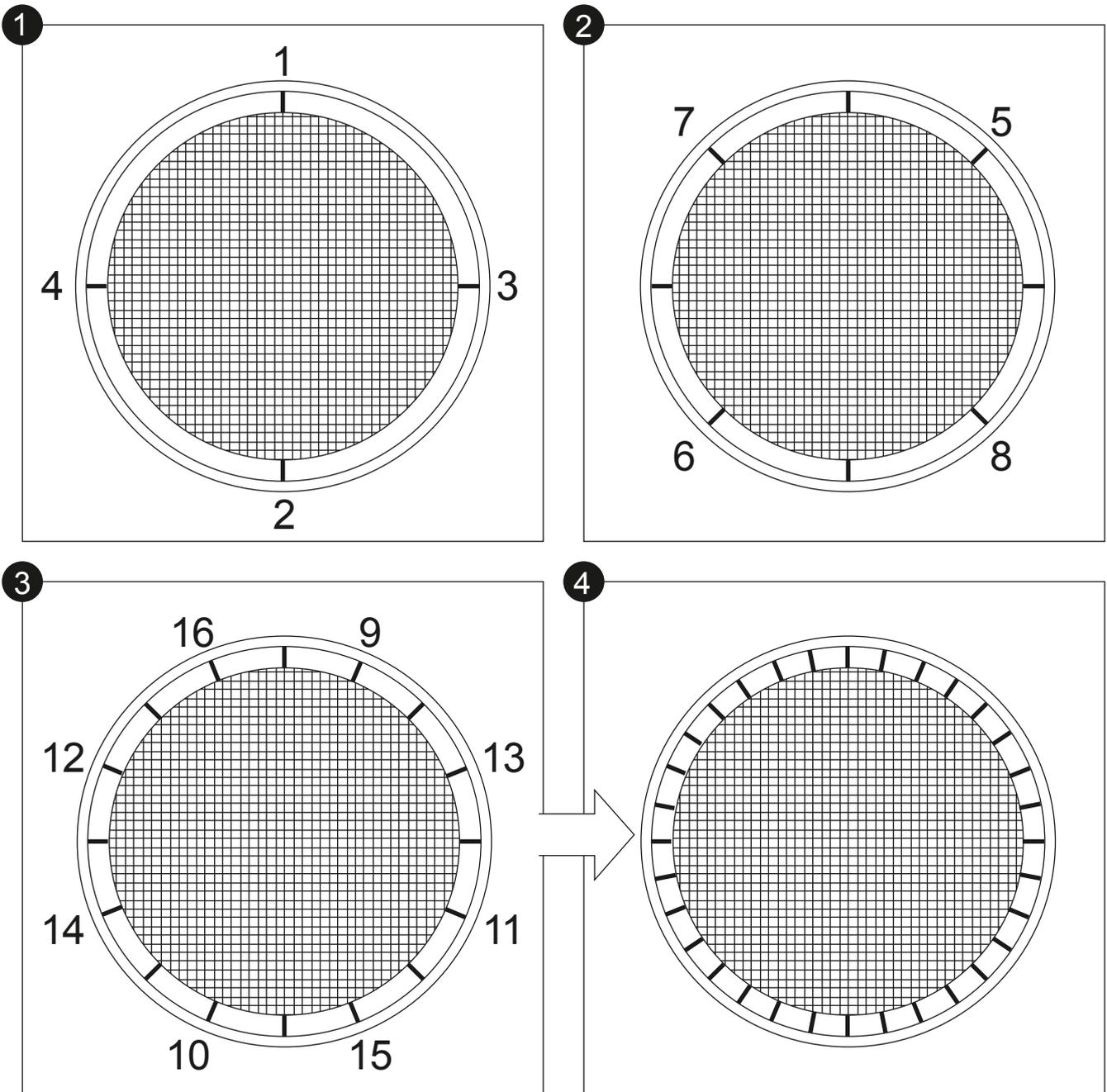
STEP II : Extend spring tool and link up spring hook to the hole on the trampoline frame.

Please be careful where you place your hands and other parts of your body during spring assembly as connector points become pinch points!



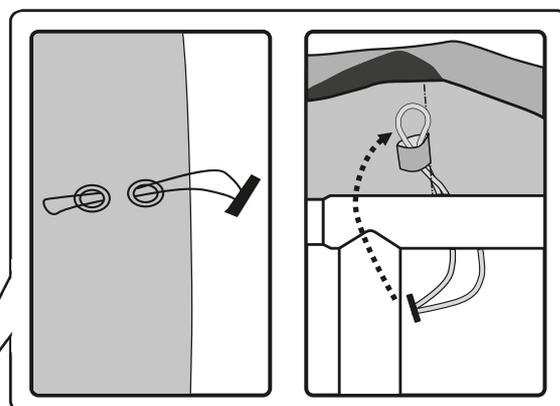
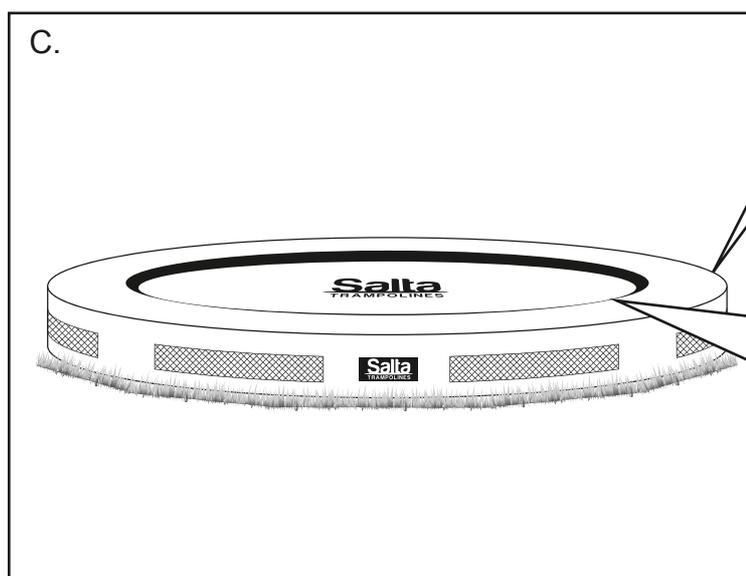
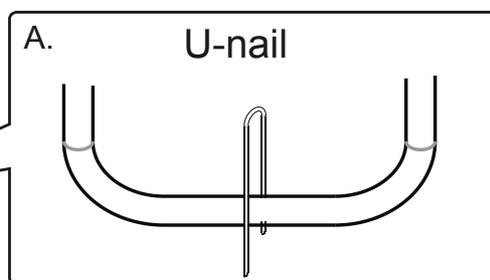
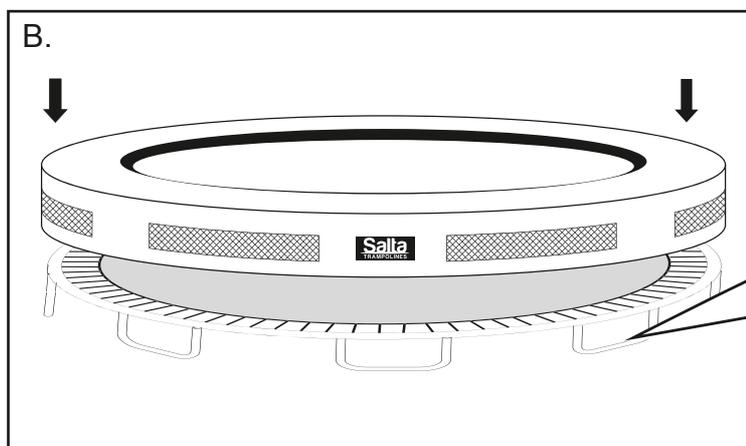
C. On the drawing below is showed how to assemble the trampoline mat.

1. Choose a point at the frame and attach the spring to the trampoline mat (1). Then right across this point (six o'clock) you attach the next spring (2). Attach spring 3 and 4 in the same way. Then the spring should assembled at 12, 6, 3 and 9 o'clock as showed below.
2. For the following springs you work in the same matter. Start with assembling point 5 and the next spring (6) right across the previous spring (point 5). In this way you avoid the tension increase between the already confirmed springs. The same applies to point 7 and 8.
3. Assemble the following springs in the same way from point 9 till point 16
4. Final result when all goldsprings are placed depending the quantity of springs.

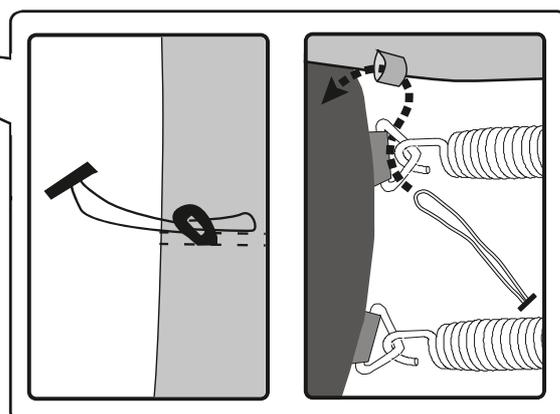


STEP 4-Frame Pad Assembly

- A. Please put the U-nail into the ground through the leg base that will fix the trampoline on the ground.
- B. Lay the Frame Pad (2) over the trampoline so that the springs and the steel frame is covered. Please ensure that the Frame Pad covers all metal parts.
- C. Tie the straps on the inner and outer side of the trampoline pad (2) located under the side of the pad. Attach the outer side to the trampoline frame and the inner side on the V-ring shape of the trampoline mat (1).
- D. Select your Pad model.

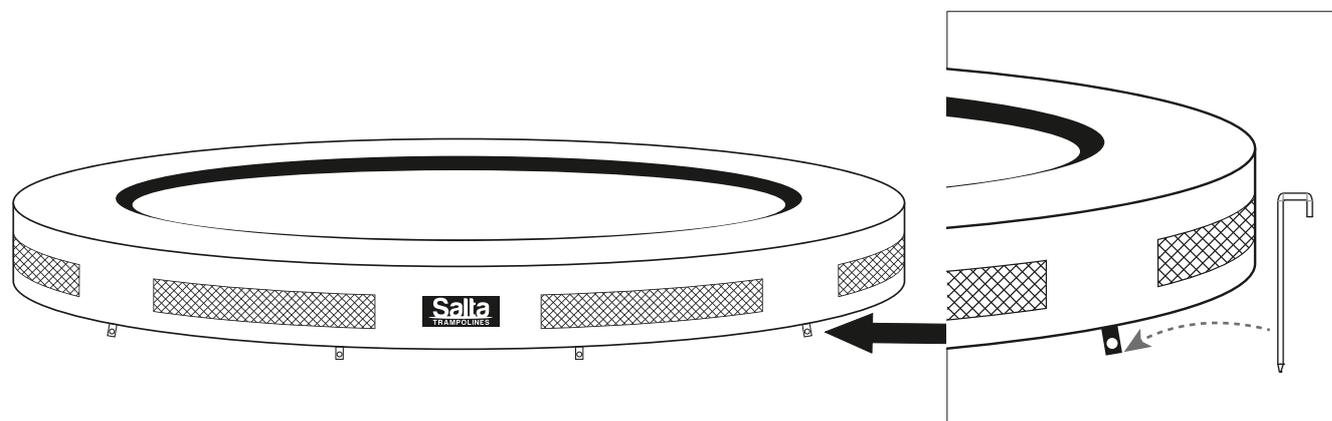


LONG STRAP



SHORT STRAP

E. Please put the L-nail into the ground through the hole of the frame pad.



READY TO JUMP

CARE AND MAINTENANCE



This trampoline was designed and manufactured with quality materials and craftsmanship. If proper care and maintenance is provided, it will provide all jumpers with years of exercise, fun, and enjoyment as well as reduce the risk of injury. please follow the guidelines listed below:

This trampoline is designed to withhold a certain amount of weight and use. Please make sure that only one person at any one time uses the trampoline. Jumpers should either wear socks, gymnastics shoes, or be barefoot when using the trampoline. Please be aware that street shoes or tennis shoes should NOT be worn while using the trampoline. In order to prevent the trampoline mat from getting cut or damaged please do not allow any pets onto the mat. Also, jumpers should remove all sharp objects from their person prior to using the trampoline. Any type of sharp or pointed objects should be kept off the trampoline mat at all times.

Always inspect the trampoline before each use for worn, abused or missing parts. A number of conditions could arise that may increase your chances of getting injured. Please be aware of:

- Punctures, holes, or tears in the trampoline mat
- Sagging trampoline mat
- Loose stitching or any kind of deterioration of the mat
- Bent or broken frame parts, such as the legs
- Broken, missing, or damaged springs
- Damaged, missing, or insecurely attached frame pad
- Protrusions of any types (especially sharp types) on the frame, springs, or mat

IF YOU FIND ANY OF THE PREVIOUS CONDITIONS, OR ANYTHING ELSE THAT YOU FEEL COULD CAUSE HARM TO ANY USER, THE TRAMPOLINE SHOULD BE DISASSEMBLED OR SECURED FROM USE UNTIL THE CONDITION(S) HAS BEEN RESOLVED.

WINDY CONDITIONS

In severe wind situations, the trampoline can be blown about. If you expect windy weather conditions, the trampoline should be moved to a sheltered area or disassembled. Another option is to tie the round, outside portion (top frame) of the trampoline to the ground using ropes and stakes. To ensure security, at least three (3) tie downs should be used. Do not just secure the legs of the trampoline to the ground because they can pull out the frame sockets.

MOVING THE TRAMPOLINE

If you need to move the trampoline, two people should be used. All connector points should be wrapped secured with weather resistant tape, such as duct tape. This will keep the frame intact during the move and prevent the connector points from dislocating and separating. When moving, lift the trampoline slightly of the ground and keep it horizontal to the ground. For any type of other move, you should disassemble the trampoline.