

PROTEIN PLUS REDUCED IN CARBS tasty protein bar, reduced in carbohydrates



Key benefits long description:

When you are active and sporty, you want to give your body the right food and nutrients to reach your goals, but are conscious about your carbohydrate intake. After intense training or gym sessions your muscles need to repair in order to grow and they need their “building block” protein for this to happen. PROTEIN PLUS REDUCED IN CARBS bars are a great choice after exercise to deliver premium quality protein but with reduced carbohydrate levels.

- High quality protein
- Reduced in carbohydrates
- High in fibre
- Free from collagen protein
- Delicious taste – fluffy texture

Key benefits short description:

When you are active and sporty, you want to give your body the right food and nutrients to reach your goals, but are conscious about your carbohydrate intake. Protein PLUS REDUCED IN CARBS bars are a great choice after sport to deliver high premium quality protein, reduced in carbohydrates.

- High quality protein
- Reduced in carbohydrates
- High in fibre
- Free from collagen protein
- Delicious taste – fluffy texture

Great tasting flavours of PowerBar Protein Plus Protein Bars:

- Vanilla

Suggested usage:

- Consume 1 bar after sport
- As part of a varied and balanced diet and a healthy lifestyle.
- Excessive consumption may induce laxative effects.

Technical information:

- 35g per bar
- 30 bars per box
- 9 boxes per case

Flavour	SKU	EAN code bar	EAN code box	EAN code case
Vanilla	21401542	4029679520073	4029679522701	4029679905115

**This information is presented for illustrative purposes only.
Any specifications and values on the actual product packaging will
always take precedence over any factsheet guidelines.**



Ingredients Vanilla

Bulking agent (polydextrose), milk couverture with sweetener 20% (maltitol 42%, cocoa butter, milk powder, cocoa mass, emulsifier: soya lecithin, flavouring), milk protein (13%), vegetable oil, skimmed milk, inulin, maltitol syrup, humectant (glycerol), magnesium carbonate, calcium carbonate, flavouring, emulsifier (soya lecithin), sweetener (sucralose). May contain traces of peanuts, nuts and gluten.

Nutrition information

Nutrition information:	per 100 g	per bar
Energy kJ (kcal)	1571 (379)	550 (133)
Protein	16,5 g	5,8 g
Carbohydrate	23,8 g	8,3 g
of which sugars	9,0 g	3,1 g
of which polyols	10,3 g	3,6 g
Fat	20,5 g	7,2 g
of which saturates	11,0 g	3,8 g
Fibre	25,0 g	8,8 g
Sodium	<0,1 g	<0,1 g
Calcium	500 mg (63%RDA*)	175 mg (22%RDA*)
Magnesium	205 mg (54%RDA*)	71,7 mg (19%RDA*)

*% Recommended Daily Allowance