

## PROTEIN PLUS LOW SUGAR high quality protein bar, low in sugar



### Key benefits long description:

When you train hard you want to give your body the right food and nutrients to reach your goals, but are conscious of sugar intake. After intense training or gym sessions your muscles need to repair in order to grow and they need their “building block” protein for this to happen. PROTEIN PLUS LOW SUGAR bars are a great choice after exercise to deliver premium quality protein. Pleasantly light tasting and just 0,9g sugar per 35g bar!

- 30% High quality protein
- Just 8,6g carbohydrates and 0,9g sugar per bar
- Free from collagen protein
- Free from aspartame
- Delicious taste – fluffy texture

### Key benefits short description:

When you train hard you want to give your body the right food and nutrients to reach your goals, but are conscious of sugar intake. PROTEIN PLUS LOW SUGAR bars are a great choice after exercise to deliver premium quality protein.

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## Great tasting flavours of PowerBar Protein Plus Protein Low Sugar:

- Chocolate Brownie
- Mixed Berry

## Suggested usage:

- Consume 1 bar after sport
- As part of a varied and balanced diet and a healthy lifestyle.
- Excessive consumption may induce laxative effects. 1-2 bars per day (55g bar); 1-3 bars per day (35g bar)

## Technical information:

- 35g per bar
- 30 bars per box
- 9 boxes per case

Flavour	SKU	EAN code bar	EAN code box	EAN code case
Chocolate Brownie	21508442	4029679900042	4029679901124	4029679908543
Mixed Berry	21504042	4029679900035	4029679901117	4029679908536

- 55g Bar
- 15 bars per box
- 9 boxes per case

Flavour	SKU	EAN code bar	EAN code box	EAN code case
Mixed Berry	21544042	4029679900059	4029679901131	4029679908567

**This information is presented for illustrative purposes only.  
Any specifications and values on the actual product packaging will  
always take precedence over any factsheet guidelines.**



### Ingredients Chocolate Brownie

Bulking Agent (Polydextrose), Humectant (Sorbitol Syrup), Milk Chocolate Couverture with Sweetener (18%) (Sweetener (Maltitol), Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Flavouring), Calcium Caseinate (from milk) (13%), Whey Protein (13%), Fat-reduced Cocoa Powder (5%), Soya Protein (2.5%), Rapeseed Oil, Flavourings Emulsifier (Soya Lecithin). May contain traces of peanuts, nuts and gluten.

### Nutrition information

Nutrition Information	per 100g	per bar
Energie kJ (kcal)	1284 (308)	448 (108)
Fat	9,8 g	3,4 g
of which saturates	4,8 g	1,7 g
Carbohydrate	23,8 g	8,3 g
of which sugars	2,5 g	0,9 g
Fibre	19,1 g	6,7 g
Protein	30,0 g	10,5 g
Salt	0,32 g	0,11 g



### Ingredients / Mixed Berry

Bulking Agent (Polydextrose), Humectant (Sorbitol Syrup), Milk Chocolate Couverture with Sweetener (18%) (Sweetener (Maltitol), Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Flavouring), Calcium Caseinate (from Milk) (14%), Whey Protein (14%), Soya protein (2,5%), Rapeseed Oil, Dried Raspberry Pieces (1,5%), Inulin, Citric Acid, Flavouring, Emulsifier (Soya Lecithin). May contain traces of peanuts, nuts and gluten

### Nutrition information

Nutrition Information	per 100g	per bar (35g)	per bar (55g)
Energie kJ (kcal)	1270 (305)	445 (107)	699 (168)
Fat	9,1 g	3,2 g	5,0 g
of which saturates	4,1 g	1,4 g	2,3 g
o Carbohydrate	24,7 g	8,6 g	13,6 g
of which sugars	2,4 g	0,8 g	1,3 g
Fibre	19,0 g	6,7 g	10,5 g
Protein	30,2 g	10,6 g	16,6 g
Salt	0,32 g	0,11 g	0,18 g