

PROTEIN PLUS 30%
protein supports muscle growth and maintenance – high in protein



Key benefits long description:

As a competitive athlete you constantly set yourself ambitious goals and don't accept any compromises on the journey to reach them. Recovery, along with energy supply and hydration, is key to reaching your potential. After intense training or gym sessions your muscles need to repair in order to grow and they need their "building block" of protein for this to happen. PROTEIN PLUS 30% bars are the right choice to consume after exercise to deliver a high amount of great tasting premium quality protein.

- Trisource Protein, which is a special mix of casein, whey and soy protein.
- Protein supports muscle growth and maintenance
- Free from collagen protein and aspartame
- Delicious taste – fluffy texture

Key benefits short description:

As a competitive athlete you constantly set yourself ambitious goals. Recovery is key to reaching your potential. PROTEIN PLUS 30% bars are the right choice to consume after exercise to deliver a high amount of great tasting premium quality protein.

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- Protein supports muscle growth and maintenance
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4 great tasting flavours of PowerBar ProteinPlus 30%:

TWO classic flavours with great tasting chocolate coating:

- Vanilla-Coconut
- Chocolate

TWO crispy flavours with crunchy crisp layers:

- Cappuccino-Caramel Crisp
- Vanilla-Caramel Crisp

Suggested usage:

- Consume 1 bar after sport
- As part of a varied and balanced diet and a healthy lifestyle.

Technical information:

- 55g bar
- 15 bars per box
- 9 boxes per case

Flavour	SKU	EAN code bar	EAN code box	EAN code case
Vanilla-Coconut	21361942	4029679520011	4029679520103	4029679905191
Chocolate	21362042	4029679520028	4029679520202	4029679905207
Cappuccino-Caramel Crisp	21360642	4029679370043	4029679370401	4029679905092
Vanilla-Caramel Crisp	21366842	4029679370036	4029679370302	4029679905085

**This information is presented for illustrative purposes only.
Any specifications and values on the actual product packaging will
always take precedence over any factsheet guidelines.**

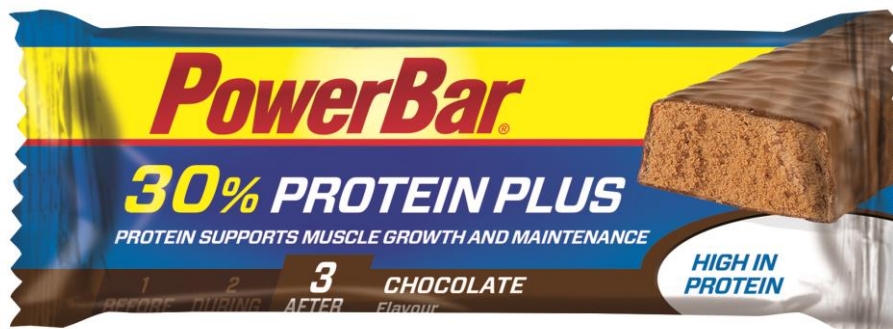


Ingredients Vanilla-Coconut

Calcium caseinate (from milk) (21%), white chocolate (18%) (sugar, cocoa butter, whole milk powder, emulsifier (soy lecithin), flavouring), oligofructose syrup, invert sugar syrup, fructose syrup, whey protein (8%), skimmed milk powder, soy protein (2%), flavourings, emulsifier (soy lecithin). May contain traces of nuts, peanuts and gluten.

Nutrition information

Nutrition Information	per 100g	per bar
Energy kJ (kcal)	1468 (348)	806 (191)
Protein	31,5 g	17,3 g
of which casein	18,9 g	10,4 g
of which whey protein	6,9 g	3,8 g
of which soy protein	1,7 g	0,94 g
Carbohydrate	36,4 g	20,0 g
of which sugars	35,5 g	19,5 g
Fat	6,2 g	3,4 g
of which saturates	3,5 g	1,9 g
Fibre	10,5 g	5,8 g
Sodium	0,12 g	0,07 g



Ingredients Chocolate

Calcium caseinate (from milk) (21%), dark couverture chocolate (18%) (cocoa mass, sugar, cocoa butter, emulsifier (soy lecithin)), invert sugar syrup, fructose syrup, oligofructose syrup, whey protein (8%), fat-reduced cocoa powder (5%), soy protein (2,5%), flavourings, emulsifier (soy lecithin). May contain traces of nuts, peanuts and gluten.

Nutrition information

Nutrition Information	per 100g	per bar
Energy kJ (kcal)	1421 (338)	785 (187)
Protein	31,0 g	17,1 g
of which casein	18,9 g	10,4 g
of which whey protein	7,0 g	3,9 g
of which soy protein	2,1 g	1,2 g
Carbohydrate	31,0 g	17,1 g
of which sugars	29,0 g	16,0 g
Fat	7,0 g	3,9 g
of which saturates	4,0 g	2,2 g
Fibre	13,5 g	7,4 g
Sodium	0,09 g	0,05 g

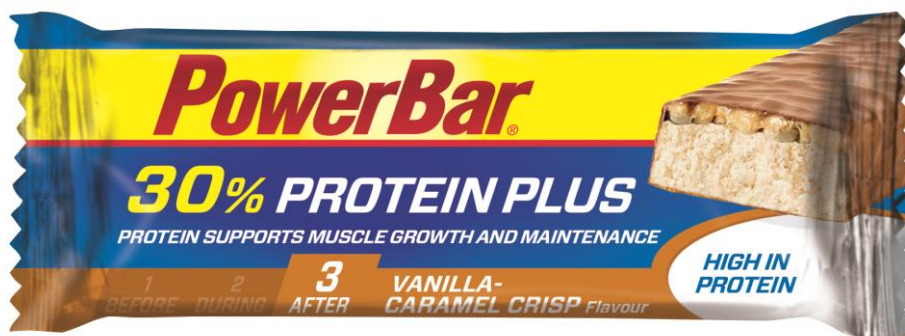


Ingredients Cappuccino-Caramel Crisp

Caseinate (from milk) (24,5%), invert sugar syrup, whole milk couverture chocolate (20%) (sugar, cocoa butter, whole milk powder, cocoa mass, emulsifier (soy lecithin), flavouring), caramel paste (13,5%) (glucose fructose syrup, sugar, vegetable fat, sweetened condensed skimmed milk, butterfat, emulsifier (mono- and diglycerides of fatty acids), caramelised sugar syrup, gelling agent (carrageenan), salt), glucose syrup, soya crisps (soya protein (4%), starch, salt), humectant (sorbitol syrup), whey protein (4,3%), roasted coffee powder, flavouring, emulsifier (soy lecithin). May contain traces of peanuts, nuts and gluten.

Nutrition information

Nutrition Information	per 100g	per bar
Energy kJ (kcal)	1633 (388)	900 (214)
Protein	30,3 g	16,7 g
of which casein	22,0 g	12,1 g
of which whey protein	4,1 g	2,3 g
of which soy protein	4,0 g	2,2 g
Carbohydrate	43,8 g	24,1 g
of which sugars	34,5 g	19,0 g
Fat	10,5 g	5,8 g
of which saturates	5,6 g	3,1 g
Fibre	1,1 g	0,61 g
Sodium	0,11 g	0,06 g



Ingredients Vanilla-Caramel Crisp

Caseinate (from milk) (22,8%), invert sugar syrup, whole milk couverture chocolate (20%) (sugar, cocoa butter, whole milk powder, cocoa mass, emulsifier (soya lecithin), flavouring), caramel paste (13,5%) (glucose fructose syrup, sugar, vegetable fat, sweetened condensed skimmed milk, butterfat, emulsifier (mono- and diglycerides of fatty acids), caramelised sugar syrup, gelling agent (carrageenan), salt), whey protein (6,2%), glucose syrup, soy crisps (soy protein (4%), starch, salt), humectant (glycerol), flavouring (with milk), emulsifier (soya lecithin). May contain traces of peanuts, nuts and gluten.

Nutrition information

Nutrition Information	per 100g	per bar
Energy kJ (kcal)	1632 (387)	897 (213)
Protein	30,8 g	16,9 g
of which casein	20,5 g	11,3 g
of which whey protein	5,8 g	3,2 g
of which soy protein	4,0 g	2,2 g
Carbohydrate	44,2 g	24,3 g
of which sugars	34,6 g	19,0 g
Fat	10,0 g	5,5 g
of which saturates	5,1 g	2,8 g
Fibre	1,0 g	0,55 g
Sodium	0,12 g	0,07 g