

## POWERGEL ORIGINAL

### Improved packaging – carbohydrate gel with C2MAX Dual Source Carb Mix



#### Key benefits long description:

For intense training or competition you should refuel during exercise with up to 90g carbohydrates per hour depending on intensity and duration.

POWERGELS ORIGINAL are convenient during sport due to their compact pack size, no need to chew and a scientifically developed 2:1 ratio of glucose and fructose sources – we call C2MAX Dual Source Carb Mix.

- **Improved packaging:** transport stable, easy to open and empty completely
- C2MAX Dual Source Carb Mix contains a special ratio of glucose and fructose sources
- Extra sodium, the main electrolyte lost through sweat
- Black Currant and Green Apple flavours contain 50mg caffeine per serve

#### Key benefits short description:

POWERGELS ORIGINAL are convenient during sport due to their compact pack size, no need to chew and a scientifically developed 2:1 ratio of glucose and fructose sources – we call C2MAX Dual Source Carb Mix – pro-athletes classic choice since 1996.

- **Improved packaging:** transport stable, easy to open and empty completely
- C2MAX Dual Source Carb Mix
- Extra sodium, the main electrolyte lost through sweat

## 6 great tasting flavours of Powergel ORIGINAL:

- Vanilla
- Lemon-Lime
- Tropical Fruit
- Strawberry-Banana
- Black Currant (with caffeine)
- Green Apple (with caffeine)

## Suggested usage:

- Consume up to 90g carbohydrates per hour during sport depending on the intensity and duration. 1 PowerGel delivers about 27g carbohydrates
- Consume some fluid with every pouch
- This food supplement should not be used as a substitute for a varied diet. A balanced diet and a healthy lifestyle are important. Do not exceed the recommended daily intake. Keep out of reach of children.
- For caffeinated versions: Not recommended for children or pregnant woman.

## Technical information:

- 41g per pouch (sticker on the backside)
- 24 pouches per box

**ATTENTION: new SKU and EAN codes for Cluster B countries - 2 different product codes for each country cluster**

- Cluster A: Germany, Austria, Switzerland and Great Britain (no changes)
- Cluster B: Rest

Flavour	SKU	EAN code pouch	EAN code box
Tropical Fruit – Cluster A	12212217	42247869	4029679501300
Tropical Fruit – Cluster B	12257854	42247869	4029679501317
Lemon-Lime– Cluster A	12212237	42247876	4029679501805
Lemon-Lime– Cluster B	12257853	42247876	4029679501812
Green Apple + Caffeine – Cluster A	12212370	42247883	4029679501409
Green Apple + Caffeine – Cluster B	12257851	42247883	4029679501416
Black Currant + Caffeine – Cluster A	12212238	42247890	4029679501904
Black Currant + Caffeine – Cluster B	12257921	42247890	4029679501911
Vanilla – Cluster A	12212163	42247845	4029679501508
Vanilla – Cluster B	12257852	42247845	4029679501515
Strawberry-Banana – Cluster A	12212372	42247852	4029679501201
Strawberry-Banana – Cluster B	12257850	42247852	4029679501225

**This information is presented for illustrative purposes only.  
Any specifications and values on the actual product packaging will  
always take precedence over any factsheet guidelines.**



### Ingredients Vanilla:

Maltodextrin, water, fructose, sodium chloride, flavouring, sodium citrate, acid (citric acid), preservatives (sodium benzoate, potassium sorbate). May contain traces of **milk, eggs, celery and mustard**.

### Nutrition information Vanilla:

Nutrition information:	per 100g:	per 41g pouch:	per 4x41g pouch:
Energy kJ (kcal)	1105 (260)	454 (107)	1816 (428)
Fat	0 g	0 g	0 g
of which saturates	0 g	0 g	0 g
Carbohydrate	65 g	26,7 g	106,8 g
of which sugars	24 g	9,8 g	39,2 g
Protein	<1 g	<0,4 g	<1,6 g
Sodium	500 mg	205 mg	820 mg



### Ingredients Strawberry-Banana:

Maltodextrin, water, fructose, sodium chloride, sodium citrate, acid (citric acid), flavouring, preservatives (sodium benzoate, potassium sorbate). May contain traces of **milk, eggs, celery** and **mustard**.

### Nutrition information Strawberry-Banana:

Nutrition information:	per 100g:	per 41g pouch:	per 4x41g pouch:
Energy kJ (kcal)	1105 (260)	454 (107)	1816 (428)
Fat	0 g	0 g	0 g
of which saturates	0 g	0 g	0 g
Carbohydrate	65 g	26,7 g	106,8 g
of which sugars	24 g	9,8 g	39,2 g
Protein	<1 g	<0,4 g	<1,6 g
Sodium	500 mg	205 mg	820 mg



### Ingredients Tropical Fruit:

Maltodextrin, water, fructose, sodium chloride, flavourings, sodium citrate, acid (citric acid), preservatives (sodium benzoate, potassium sorbate). May contain traces of **milk, eggs, celery and mustard**.

### Nutrition information Tropical Fruit:

Nutrition information:	per 100g:	per 41g pouch:	per 4x41g pouch:
Energy kJ (kcal)	1105 (260)	454 (107)	1816 (428)
Fat	0 g	0 g	0 g
of which saturates	0 g	0 g	0 g
Carbohydrate	65 g	26,7 g	106,8 g
of which sugars	24 g	9,8 g	39,2 g
Protein	<1 g	<0,4 g	<1,6 g
Sodium	500 mg	205 mg	820 mg



### Ingredients Lemon-Lime:

Maltodextrin, water, fructose, sodium chloride, sodium citrate, acid (citric acid), flavouring, preservatives (sodium benzoate, potassium sorbate). May contain traces of **milk, eggs, celery** and **mustard**.

### Nutrition information Lemon-Lime:

Nutrition information:	per 100g:	per 41g pouch:	per 4x41g pouch:
Energy kJ (kcal)	1105 (260)	454 (107)	1816 (428)
Fat	0 g	0 g	0 g
of which saturates	0 g	0 g	0 g
Carbohydrate	65 g	26,7 g	106,8 g
of which sugars	24 g	9,8 g	39,2 g
Protein	<1 g	<0,4 g	<1,6 g
Sodium	500 mg	205 mg	820 mg





### Ingredients Green Apple:

Maltodextrin, water, fructose, guarana extract (1,2%), sodium chloride, flavouring, sodium citrate, acid (citric acid), preservatives (sodium benzoate, potassium sorbate). May contain traces of **milk, eggs, celery and mustard**.

### Nutrition information Green Apple:

Nutrition information:	per 100g:	per 41g pouch:
Energy kJ (kcal)	1105 (260)	454 (107)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	65 g	26,7 g
of which sugars	24 g	9,8 g
Protein	<1 g	<0,4 g
Sodium	500 mg	205 mg
Caffeine	122 mg	50 mg



### Ingredients Black Currant:

Maltodextrin, water, fructose, guarana extract (1,2%), sodium chloride, sodium citrate, acid (citric acid), preservatives (sodium benzoate, potassium sorbate), flavouring. May contain traces of **milk, eggs, celery** and **mustard**.

### Nutrition information Black Currant:

Nutrition information:	per 100g:	per 41g pouch:
Energy kJ (kcal)	1105 (260)	454 (107)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	65 g	26,7 g
of which sugars	24 g	9,8 g
Protein	<1 g	<0,4 g
Sodium	500 mg	205 mg
Caffeine	122 mg	50 mg