

AWARD & RECOGNITION of LIFESPAN WORKPLACE

AWARDS AND RECOGNITION

COMPANY OVERVIEW

AWARDS & RECOGNITION



**TAIWAN
EXCELLENCE**



LIFESPAN WORKPLACE

AWARDS LIST

2015'

TR1200-DT5: 2015' Best Desk Treadmill Runner-Up by Treadmill Doctor

TR1200-DT5: 2015' Top 10 Best Treadmills by Business Insider

TR1200-DT3: 2015' Best Desk Treadmill Runner-Up by Treadmill Doctor

2014'

TR1200-DT5: 2014' Best Treadmill for the Workplace by Business Insider

TR1200-DT5: 2014' Best Reviewed Treadmill Desk by Consumer Search

TR1200-DT5: 2014' Best Buy Treadmill Desk Runner-up by Treadmill Doctor

TR1200-DT5: 2014' Featured in Wall Street Journal Europe

TR1200-DT5: 2014' Shown on Glee

TR1200-DT5: 2014' Shown on tosh.O

TR1200-DT5: 2014' Featured in Cosmopolitan

TR1200-DT7: 2014' Featured in Wired

TR1200-DT7: 2014' Shown on CBS Sunday Morning

TR5000-DT3: 2014' Best Buy Treadmill Desk Runner-up by Treadmill Doctor

TR5000-DT5: 2014' Best Buy Treadmill Desk Winner by Treadmill Doctor

TR5000-DT7: 2014' Best Buy Treadmill Desk Runner-up by Treadmill Doctor

LIFESPAN WORKPLACE

AWARDS LIST

2013'

TR1200-DT5: 2013' Leading Review Group "Smart Pick" winner by ShopSmart Consumer Reports

TR1200-DT5: 2013' Best Budget Treadmill Desk Reader's Choice Award by About.com

2012'

TR1200-DT5: 2012' Best NEW Treadmill of the Year by Treadmill Doctor

LIFESPAN WORKPLACE
RECOGNITION



LifeSpan TR1200-DT5 Treadmill Desk



LIFESPAN WORKPLACE RECOGNITION



LifeSpan Treadmill Desk – TR1200-



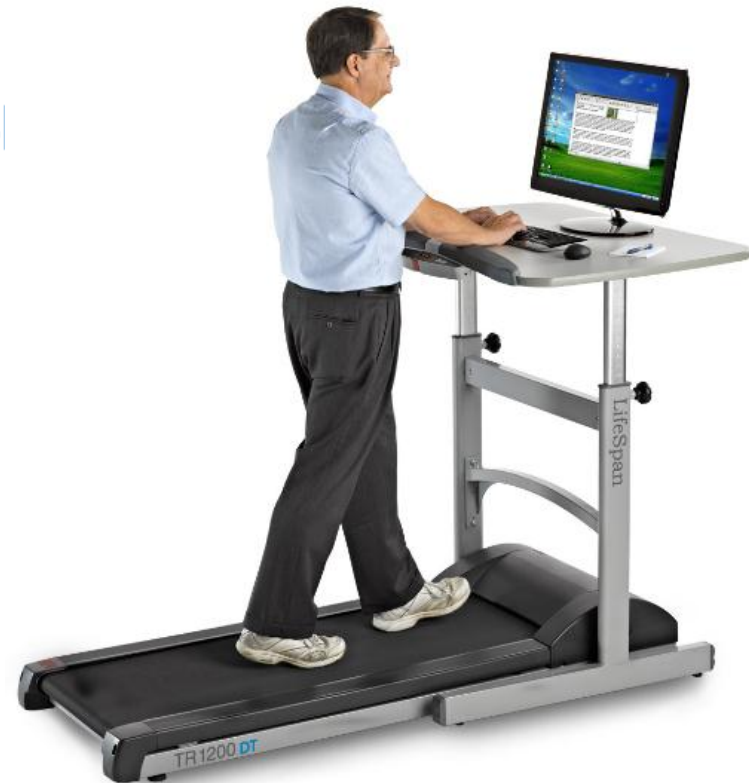
[Share This Review](#)

It's LifeSpan's most popular treadmill desk! The TR1200-DT5 is a 2.0 HP treadmill base combined with an adjustable desk. With manual adjustment the desk can fit people from 4'10" to 6'8" tall.

Our Verdict:

Highly recommended! We'd definitely welcome this desk treadmill into the **home or commercial office**. It operates quietly enough for phone calls, absorbs impact, and tracks your data. It also has a full-size belt, unlike some other LifeSpan treadmill desks. We also like the safety stop feature to protect pets and small children.

Overall, give the TR1200-DT5 desk treadmill a try (the **IMovr ThermoDesk ELITE** also gets a 5-star review from us). It's a good value for its price point and is sold with a 60-day guarantee.



LIFESPAN WORKPLACE
RECOGNITION



BEST DESK TREADMILL



LIFESPAN TR1200 DT5

- > View Our Review
- > Visit LifespanFitness.com



LIFESPAN TR5000 DT3

- > View Our Review
- > Visit LifespanFitness.com



TESTIMONIAL

TESTIMONIAL-LIFESPAN WORKPLACE

RBUSINESS INSIDER

BUSINESS
INSIDER

The 10 Best Treadmills On The Market Right Now

7. LifeSpan TR1200-DT (\$1,447)

As a treadmill desk, the **TR1200-DT** is built for walking. Its average speed is 67% below average with a max of four miles per hour. It's good for people who want steady daily exercise while they work.



TESTIMONIAL-LIFESPAN WORKPLACE
BUSINESS INSIDER

**BUSINESS
INSIDER**

The 10 Best Treadmills You Can Buy

8. [LifeSpan TR1200-DT](#)

Though not a good option for runners, the [LifeSpan TR1200-DT](#) treadmill desk is a great way to fit in more exercise while working. It moves up to four miles per hour, and the adjustable desk comes equipped with soft armrests. There aren't many fancy extras, but you can't beat the price.



TESTIMONIAL-LIFESPAN WORKPLACE

CONSUMER RESEARCH



LifeSpan TR1200-DT5 Treadmill Desk

Reviewed April 2014 by ConsumerSearch



[Overview](#) | [Where To Buy](#)



Best treadmill desk

✓Pros

- Large work surface
- Displays progress
- Solid, stable design
- Bluetooth-enabled

TESTIMONIAL-LIFESPAN WORKPLACE

TREADMILL RESOURCE GUIDE

TREADMILL RESOURCE GUIDE

GET THE BEST VALUE FOR YOUR MONEY.

Review of: **LifeSpan TR1200-DT**

Treadmill Desk: Fred Waters

Price: \$1,299

Reviewed by: Fred Waters

Rating: ★★★★★

On August 15, 2012

Last modified: August 15, 2012

Summary:

The LifeSpan TR1200-DT is one of the best choices for a treadmill desk. The company has a good reputation for durable machines.



TESTIMONIAL-LIFESPAN WORKPLACE

TREADMILL DESK REVIEW

STANDING TREADMILL DESK

LifeSpan TR1200-DT Treadmill Desk Review

Aug 30, 2012 | [Exercise at Work](#), [Health Benefits of Treadmill Desks](#), [Treadmill Desk Reviews](#), [Treadmill Desks](#) | [Comments](#)



BUY NOW >>



Overview

The [LifeSpan TR1200-DT treadmill desk](#) seems to have found a nice niche in the increasingly popular world of treadmill desks. Steelcase is the Cadillac of the industry with their Walkstation treadmill desk. Unfortunately it comes with a Cadillac price as well (\$4,399). At the other end of the market is the [TrekDesk treadmill desk \(reviewed here\)](#), which is only \$479, but it doesn't come with a treadmill (it's designed to

straddle most treadmills). The thinking is that you can buy your own inexpensive treadmill and save money.

TESTIMONIAL-LIFESPAN WORKPLACE

TREADMILL DESK REVIEW

STANDING TREADMILL DESK



In the market of bestselling and best quality treadmills,

LifeSpan TR1200-DT5 Desktop Treadmill

has some unique features and

makes it more useful than other treadmills...

TESTIMONIAL-LIFESPAN WORKPLACE T3



“Popping up in forward-thinking offices” treadmill desks give desk jockeys the change to walk as the work.

The UK's leading consumer tech lifestyle website and the ultimate online destination for the latest tech news, gadget reviews and information on the biggest trends in technology today.

A screenshot of a webpage from T3 The Gadget Website. The page title is "Best ergonomic chairs for your office" with a sub-headline "Sit up look sharp, these chairs could save your life". The main text discusses the health benefits of ergonomic chairs and mentions treadmill desks. Below the text is a photograph of a woman standing on a treadmill desk, working at a computer. The article is titled "10. Lifespan Treadmill Desk" and describes the benefits of walking while working, including tracking time, distance, steps, and calories, and mentions Bluetooth connectivity and an app. The price is listed as "From £1,499.00 | Lifespan Fitness".

T3 THE GADGET WEBSITE

Best ergonomic chairs for your office

Sit up look sharp, these chairs could save your life

Your office chair is killing you. Fact! Which is why we've rounded up the best ergonomic office chairs to save your ever-compacting spine and give your office a much-needed dose of design.

Sitting, or more likely slouching, all day at our work stations is turning us into a nation of dough boys with bad backs and has been linked to heart disease, diabetes, deep vein thrombosis, obesity and cancer. We know work was bad for us, but being desk bound for many is unavoidable, so what you need is an ergonomic desk to keep the rottepath away and delay the onset of old age.

We've found the best design for your body, from award winning designer boys to sleek park seats and stand up desks, all designed to take the strain.



10. Lifespan Treadmill Desk

Popping up in forward-thinking offices, treadmill desks give desk jockeys the chance to walk as the work. We've hiked miles on this top-quality design and while it takes some getting used to, after a few hours you'll be able to do all that less-than-cognitive office admin and e-mail tasks as you stroll. The display clocks time, distance, steps and calories and there's even Bluetooth connectivity and an app to measure progress.

From £1,499.00 | Lifespan Fitness

TESTIMONIAL-LIFESPAN WORKPLACE COSMOPOLITAN

CAN YOU IMAGINE?

Exercise can't make world peace, but can enhance you to solve problem smoothly. According to the research of Stanford University, even walking on the treadmill desk or walk in the office 10 minutes it can help you more creative. Try it now!!



TESTIMONIAL-LIFESPAN WORKPLACE
VOGUE

Walking 9 to 5

It's big, noisy and less than dignified – but is the office treadmill the way forward? By Susie Forbes

The Condé Nast College of Fashion & Design / principal Susie



TESTIMONIAL-LIFESPAN WORKPLACE

FACEBOOK



LifeSpan Fitness

星期五 

"I can stand up and walk while typing on my laptop computer or taking phone calls. –it keeps my muscles moving and feels great." - A. Sparrow

Working & Walking  Health



TESTIMONIAL-LIFESPAN WORKPLACE TWITTER



LifeSpan Fitness
@LifeSpanFitness



Ryan is enjoying his treadmill desk at work and reducing his back pain! pic.twitter.com/2PGzOYSq

Working & Walking  Health



由  Photobucket 提供支援

TESTIMONIAL-LIFESPAN WORKPLACE

TWITTER



LifeSpan Fitness

@LifeSpanFitness



Loved seeing this one...Carmen doing her homework after school on her families LifeSp treadmill desk! pic.twitter.com/kYAGat6b



由  Photobucket提供支持

Working smart 

TESTIMONIAL-LIFESPAN WORKPLACE

TWITTER



LifeSpan Fitness

@LifeSpanFitness



Gonna be a great day today...already have 3,500 steps on my treadmill desk and it is only 9:30am!
pic.twitter.com/E4rxZFRK

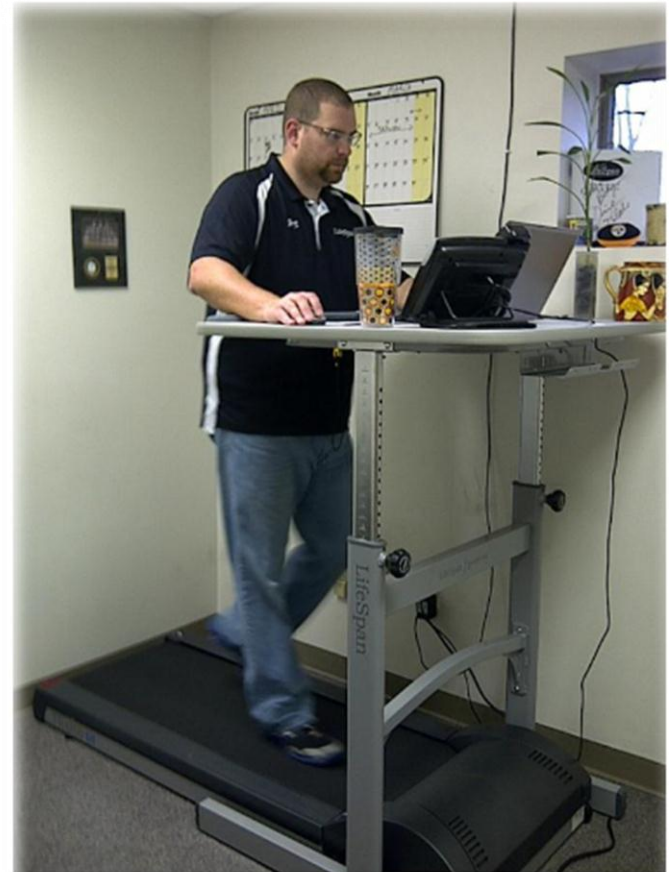


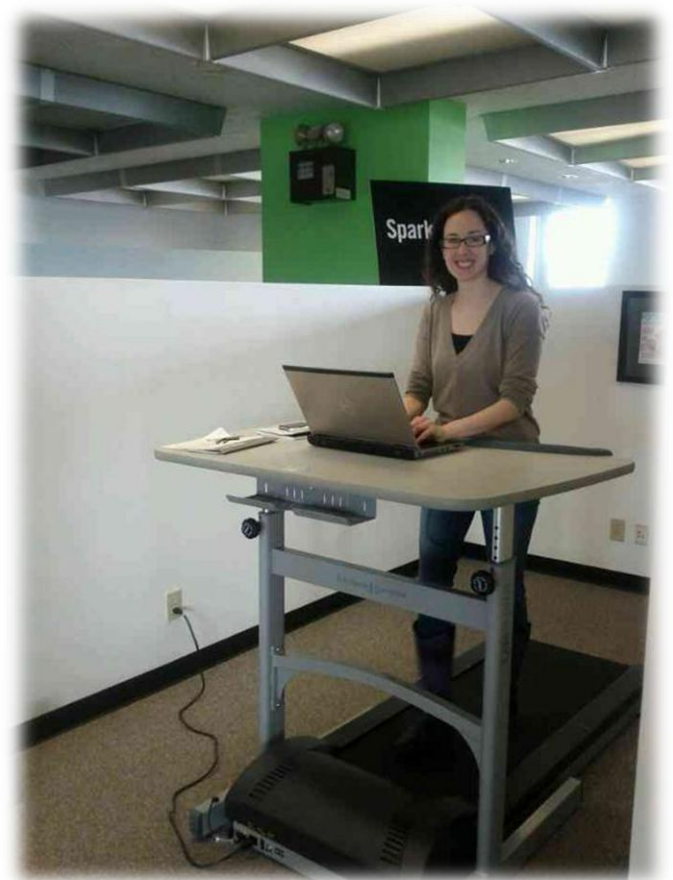
Photo by Photobucket

TESTIMONIAL-LIFESPAN WORKPLACE

DAILY SPARK dailySpark[®]

FROM  SPARKPEOPLE[®]

"I love it. I have been aiming for two hours at a time a few times a week at a pace of 2.5-3.0 mph. (I'm a fast walker naturally.) It has tremendously reduced my low back pain throughout the day, helped me battled afternoon fatigue, and allowed me to squeeze in cardio no matter how heavy my workload. Can we have another one?" –
Stepfanie, SparkPeople Editor



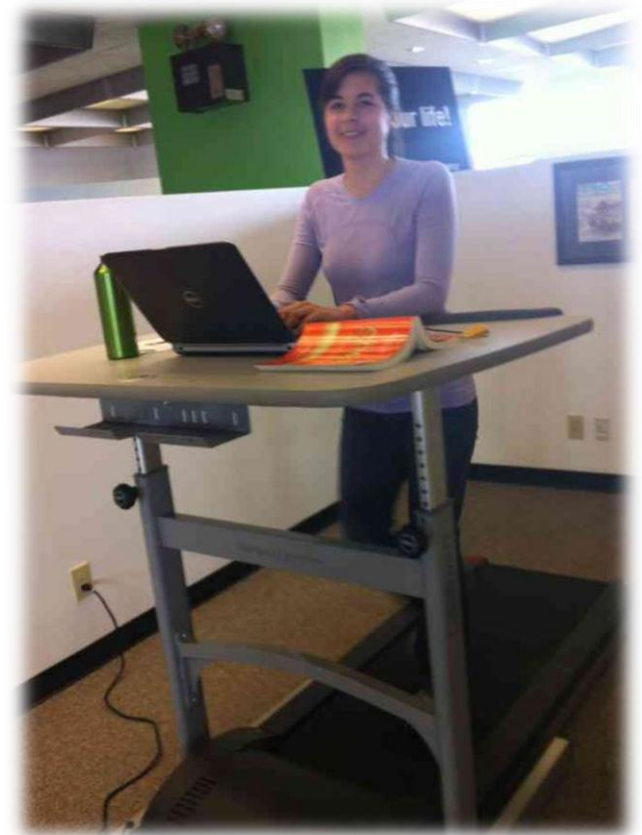
TESTIMONIAL-LIFESPAN WORKPLACE

DAILY SPARK dailySpark[®]

FROM  SPARKPEOPLE[®]

"I've used the treadmill desk three times now, and I love the boost of energy it gives me in the middle of a work day! However, I do find that I have trouble focusing on writing-related tasks while I'm walking on it.

Otherwise, I think it's a great way to sneak some extra movement into the day, and I'd definitely recommend using it during reading or other non-writing tasks." –Melinda, SparkPeople Editorial Assistant



Who's Using Treadmill Desks?

Standing desks and exercise ball chairs are so last month. Here's the [latest trend in law firm offices](#).

Jay Hulme, the former Arent Fox litigation head, demonstrated his desk in action in his corner office - he logs **three to four miles a day**. His speed is usually around **1.5 miles an hour**, which lets him comfortably type and read his computer monitor. The treadmill is specially designed for office use, so it's made to **minimize sound** and go up to 4MPH. The same company also makes **stationary bike desks**.

Next door is litigation partner **Jackson Toof**, who picked up this treadmill desk a few months ago after long days representing the unsecured creditors' committee in the **largest Chapter 11 bankruptcy filing** in '13 had him sitting for six-hour stretches. (He also has to condition to keep up with **four sons** under seven years old.) It's from **Gym Source** in Falls Church. Now, he gets in more than **10,000 steps** per day.



Mr. Jay Hulme is walking on LifeSpan TR5000-DT3.



Mr. Jackson Toof is walking on LifeSpan TR5000-DT5.

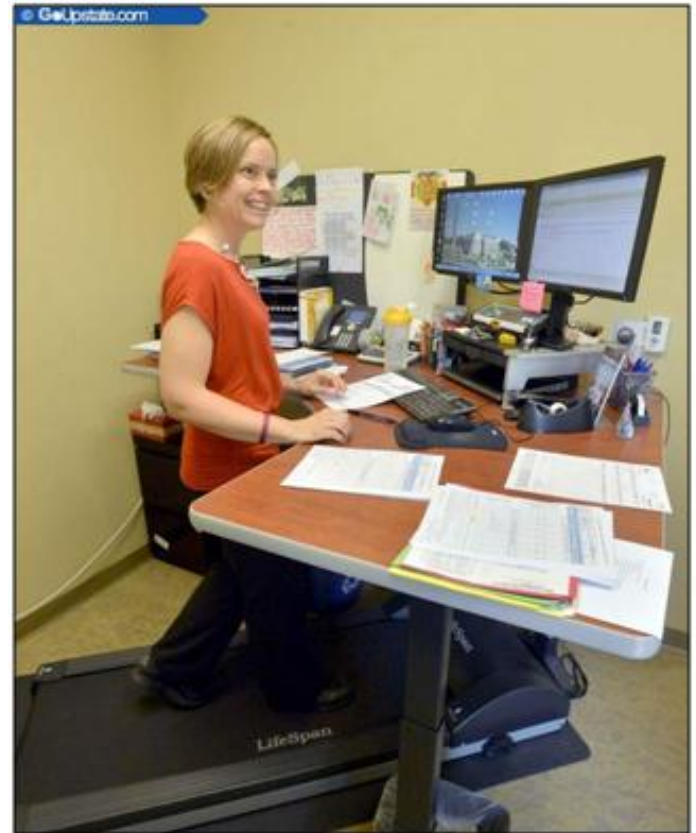
TESTIMONIAL-LIFESPAN WORKPLACE

College of Osteopathic Medicine

“I started out with a traditional desk and it was killing me to sit all day,” said Spurlin, who works as an accountant at the Edward Via College of Osteopathic Medicine. “My back was hurting, my hips, legs — I just hurt from sitting.”

Too much sitting is bad for the back. Studies show it can lead to obesity, increase the risk of cardiovascular disease, worsen mental health and increase one's risk of being disabled.

People who sit for long hours die sooner, according to a study by the American Journal of Preventive Medicine, and those sitting more than 11 hours daily are at the highest risk, according to the study.



Peggy Spurlin walks on LifeSpan TR1200-DT3 at her desk at the college.

TESTIMONIAL-LIFESPAN WORKPLACE

THE WALL STREET JOURNAL

Get Up, Stand Up

Sitting down in the office might be killing you (slowly), so here are a few options to help you stay tip top as you type

LifeSpan
The Treadmill Desk



THE WALL STREET JOURNAL.

The Wall Street Journal is an American English-language international daily newspaper with a special emphasis on business and economic news.

SHOWCASE & LOCATIONS

SHOWCASE
ENTERPRISE



SHOWCASE
ENTERPRISE



SHOWCASE UNIVERSITY



STANFORD
UNIVERSITY



THE UNIVERSITY OF
TEXAS
AT AUSTIN



Duke
UNIVERSITY

BCM
Baylor College of Medicine

T · H · E
OHIO
STATE
UNIVERSITY



MIAMI
UNIVERSITY
OXFORD OHIO



 University of Colorado
Boulder

M
MICHIGAN

Ole Miss
REBELS



UNIVERSITY OF
NOTRE DAME

UF UNIVERSITY of
FLORIDA

U THE
UNIVERSITY
OF UTAH



Massachusetts
Institute of
Technology


NORTHWESTERN
UNIVERSITY

Yale
UNIVERSITY



 LifeSpan
Workplace

SHOWCASE
Zillow

America's most popular real estate web portal.



People love working here



**Best Place
to Work** 2015

glassdoor

SHOWCASE

KATU 2 News

Portland Channel.

COMMIT **2** BE FIT



SHOWCASE

Myfitnesspal

Free online calorie counter and diet plan.



“Walking while I work clears my head, cranks up my creativity, and helps me knock things off my to-do,”
says Nelson, vice president of marketing for MyFitnessPal .



SHOWCASE

MINNEAPOLIS AIRPORT



STARTUP'S TREADMILL DESK

land at Minneapolis-St. Paul International Airport.





SHOWCASE

GANNON UNIVERSITY, Pennsylvania



Walk while you work

SHOWCASE

SCHOOL IN DENMARK



the benefits of learning while moving!

SHOWCASE

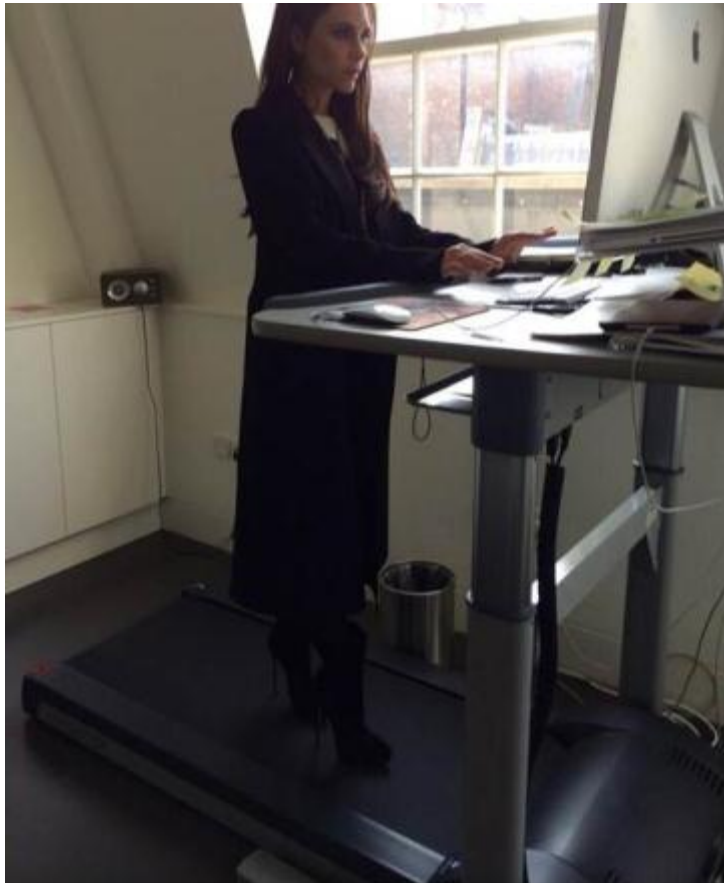
FIRST ADVANTAGE BANK



Conference Room



SHOWCASE
HOLLYWOOD



SHOWCASE
HOLLYWOOD

glee

Glee is an American musical comedy-drama television series that airs on the Fox network in the United States.

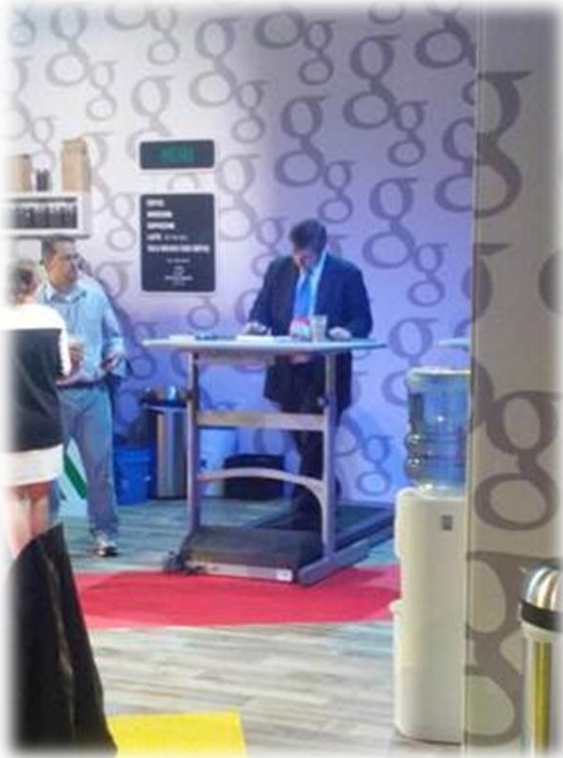


SHOWCASE UNIVERSITY OF UTAH



SHOWCASE

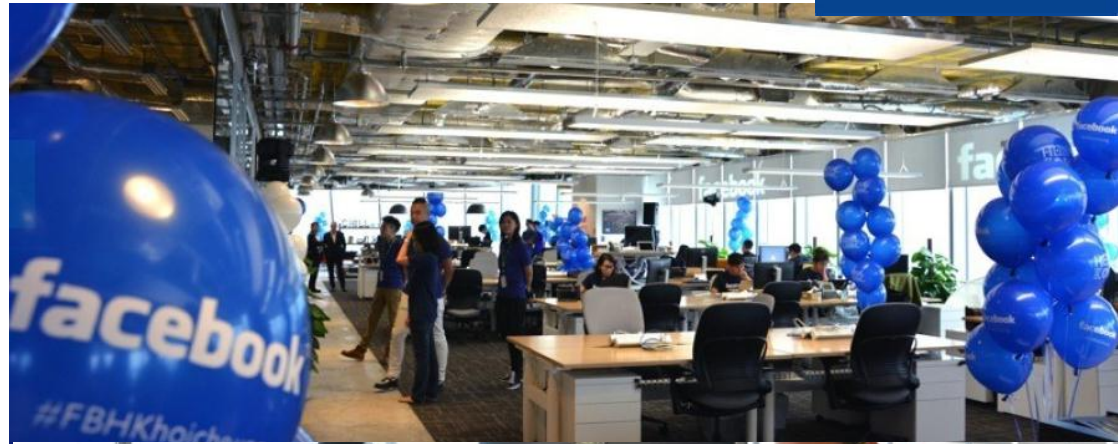
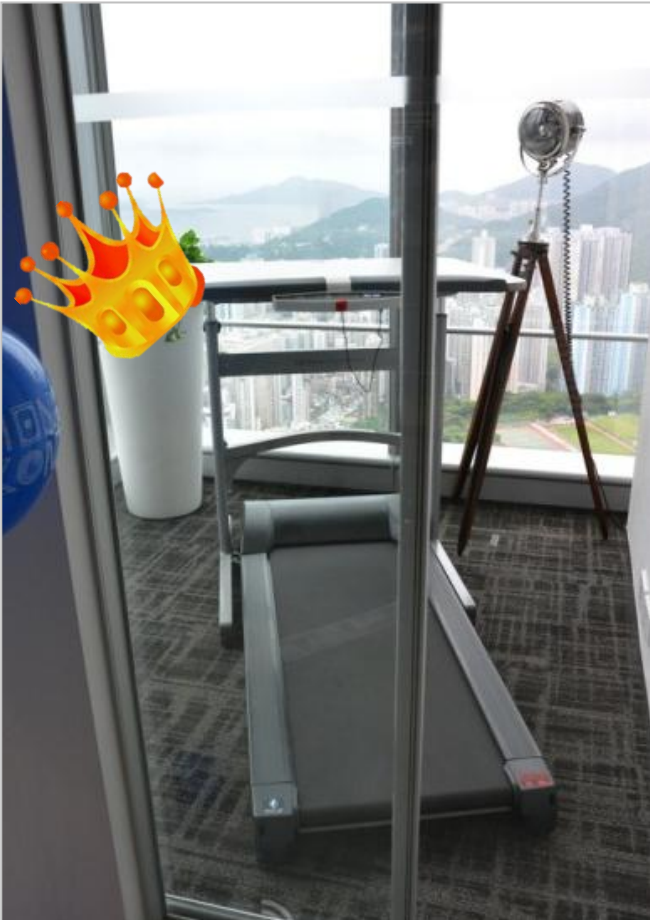
GOOGLE MEDIA LOUNGE



SHOWCASE

FACEBOOK HONGKONG OFFICE

facebook



SHOWCASE

Campbell's



LOCATIONS

ONLINE RETAIL



Buy Treadmill

Buy Treadmill | Online Store



LOCATIONS

ONLINE RETAIL



THANK YOU