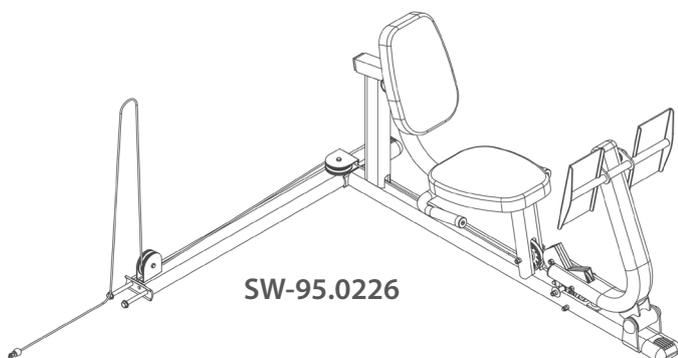
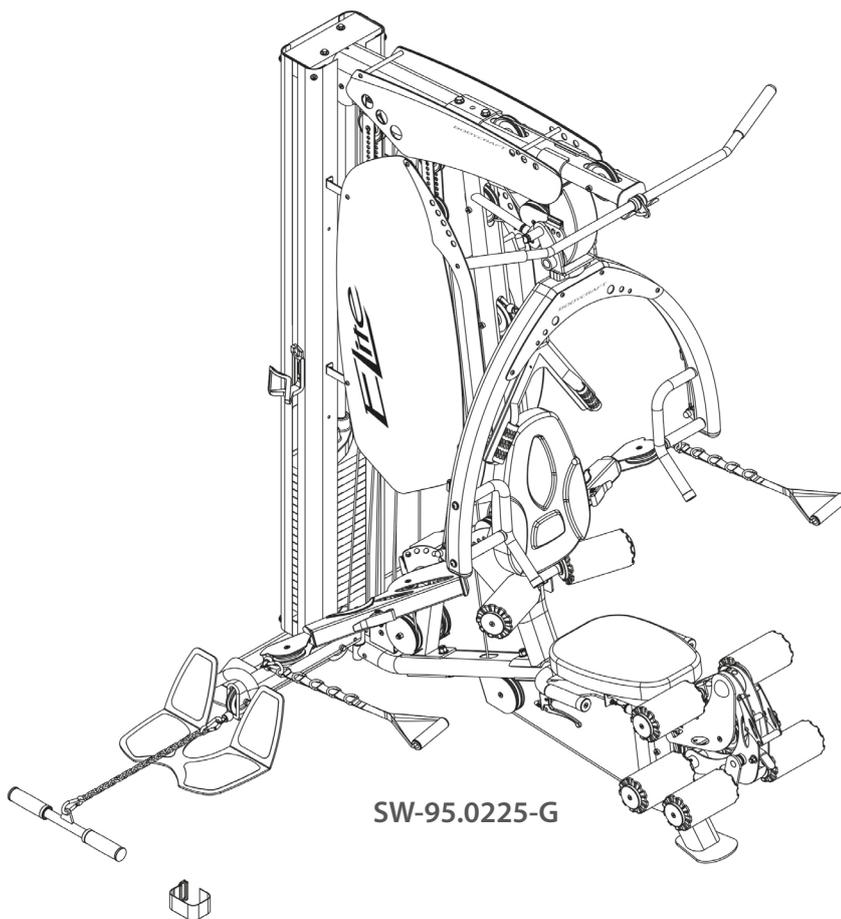


BODYCRAFT

Assembly and Operating Instructions



max. 150 kg



~330 Min.



278 kg/329 kg

L 177 | B 158/215 | H 210

SW950225.01.03

SW-95.0225-G / SW-95.0226

Elite Multi-Gym

Content

1	GENERAL INFORMATION	6
1.1	Technical Data	6
1.2	Personal Safety	7
1.3	Set-Up Place	8
2	ASSEMBLY	9
2.1	General Instructions	9
2.2	Scope of Delivery - Multi-Gym	10
2.3	Assembly - Multi-Gym	13
2.4	Scope of Delivery - Leg Press	32
2.5	Assembly - Leg Press	33
3	STORAGE AND TRANSPORT	38
3.1	General Instructions	38
4	TROUBLESHOOTING, CARE AND MAINTENANCE	39
4.1	General Instructions	39
4.2	Faults and Fault Diagnosis	39
4.3	Cable Adjustment	40
4.3.1	Extend or Shorten the Cable	40
4.3.2	Fine Adjustment	40
4.4	Maintenance and Inspection Calendar	41
5	DISPOSAL	41
6	RECOMMENDED ACCESSORIES	42
7	ORDERING SPARE PARTS	43
7.1	Serial Number and Model Name	43
7.2	Parts List - Multi-Gym	44
7.3	Exploded Drawing - Multi-Gym	48
7.4	Parts List - Leg Press	49
7.5	Exploded Drawing - Leg Press	50
8	WARRANTY	51
9	CONTACT	53

Dear customer,

Thank you for choosing BodyCraft® training equipment. BodyCraft® inspires with its multifunctionality and excellent workmanship and is one of the highest quality fitness equipment for home use in terms of innovation and technology. BodyCraft® weight stations, for example, offer a very wide range of exercise possibilities. This ranges from traditional strength training such as bench presses to rehabilitation exercises and workouts for complex sports such as golf, tennis or badminton.

Further information can be found at www.sport-tiedje.com.

Intended Use

The equipment may only be used for its intended purpose.

The equipment is suitable for home use and semi-professional use (e.g. hospitals, clubs, hotels, schools, etc.). The equipment is not suitable for commercial or professional use (e.g. fitness studio).

Legal Notice

Sport-Tiedje GmbH
Europe's No. 1 for home fitness

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Disclaimer

BODYCRAFT

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Product and manual are subject to change. Technical data can be changed without advance notice.

ABOUT THIS MANUAL

Please carefully read the entire manual before installation and first use. The manual will help you to quickly set up the system and explains how to safely use it. Make sure that all persons exercising with the equipment (especially children and persons with physical, sensory, mental or motor disabilities) are informed about this manual and its contents in advance. In case of doubt, responsible persons must supervise the use of the equipment.

Due to ongoing changes and software optimisations, the manual may have to be updated. If you notice any discrepancies during assembly or use, please refer to the manual uploaded to the webshop. The latest manual is always available there.

This equipment has been manufactured according to the latest safety knowledge. As far as possible, potential safety hazards which could cause injury have been eliminated. Make sure to carefully follow the instructions and that all parts are securely in place. If required, read through the instructions again to correct any mistakes.



Please pay close attention to the safety and maintenance instructions given here. The contract partner cannot be held liable for damage to health, accidents or damage to the equipment when it is not used in accordance with these instructions.

The following safety instructions may appear in this manual:

► **ATTENTION**

This notice indicates potentially hazardous situations which, if not avoided, may result in property damage.

⚠ **CAUTION**

This notice indicates potentially hazardous situations which, if not avoided, may result in slight or minor injuries!

⚠ **WARNING**

This notice indicates potentially hazardous situations which, if not avoided, may result in death or serious injuries!

⚠ **DANGER**

This notice indicates potentially hazardous situations which, if not avoided, will result in death or serious injuries!

ⓘ **NOTICE**

This notice indicates further useful information.

Retain these instructions in a safe place for future reference, maintenance or when ordering replacement parts.

1.1 Technical Data

Dimensions and Weight

Multi-Gym Elite - SW-95.0225-G

Packaging dimensions (L x W x H) approx.:

Box 1:	178 cm x 70 cm x 24 cm
Box 2:	119 cm x 105 cm x 23 cm
Box 3:	197 cm x 38 cm x 10 cm
Box 4:	116 cm x 52 cm x 5 cm
Box 5:	27 cm x 14 cm x 14 cm
Box 6:	27 cm x 19 cm x 14 cm

Set-up dimensions (L x W x H) approx.: 177 cm x 158 cm x 210 cm

Article weight (net, excl. packaging) approx.: 278 kg

Weight block: 90 kg (20 x 4,5 kg)

Maximum user weight: 150 kg

Leg Press for Elite - SW-95.0226

Packaging dimensions (L x W x H) approx.: 168 cm x 63 cm x 18 cm

Set-up dimensions incl. Elite multi-gym (L x W x H) approx.: 176.7 cm x 215 cm x 210 cm

Article weight (net, without packaging) approx.: 51 kg

Maximum user weight: 150 kg

1.2 Personal Safety

DANGER

- + Before you start using the equipment, you should consult your physician that this type of exercise is suitable for you from a health perspective. Particularly affected are persons who: have a hereditary disposition to high blood pressure or heart disease, are over the age of 45, smoke, have high cholesterol values, are overweight and/or have not exercised regularly in the past year. If you are under medical treatment that affects your heart rate, medical advice is absolutely essential.
- + Note that excessive training can seriously endanger your health. Please also note that heart rate monitoring systems can be inaccurate. If you notice any signs of weakness, nausea, dizziness, pain, shortness of breath, or other abnormal symptoms, stop exercising immediately and seek advice from your doctor if necessary.

WARNING

- + This equipment may not be used by children under the age of 14.
- + Children should not be allowed unsupervised access to the equipment.
- + Persons with disabilities must have a medical license and must be under strict observation when using the equipment.
- + The equipment is strictly for use by one person at a time.
- + If your equipment provides a safety key, the clip of the safety key must be attached to your clothing before starting your training. In the event of a fall, the EMERGENCY STOP of the equipment can be initiated.
- + Keep your hands, feet and other body parts, hair, clothing, jewellery and other objects well clear of moving parts.
- + During use, wear suitable sports clothing rather than loose or baggy clothing. When wearing sports shoes, make sure they have suitable soles, preferably made of rubber or other non-slip materials. Shoes with heels, leather soles, studs or spikes are unsuitable. Never exercise barefoot.

CAUTION

- + If your equipment needs to be connected to the power supply with a mains cable, make sure that the cable is not a potential tripping hazard.
- + Make sure that nobody is within the range of motion of the equipment during training so as not to endanger you or other persons.

ATTENTION

- + Do not insert any objects of any kind into the openings of the device.

1.3 Set-Up Place

WARNING

- + Do not place the equipment in main corridors or escape routes.

CAUTION

- + Choose a location in which to place the equipment such that there is enough free space/clearance to the front, the rear and to the sides of the equipment.
- + The training room should be well ventilated during training and not be exposed to any draughts.
- + Choose the place in which to set up the equipment such that there is enough free space/clearance to the front, the rear and to the sides of the equipment.
- + The set-up and mounting surface of the equipment should be flat, loadable and solid.

ATTENTION

- + The device may only be used in one building, in sufficiently tempered and dry rooms (ambient temperatures between 10°C and 35°C). The equipment should not be used outdoors or in rooms with high humidity (over 70%) like swimming pools.
- + A floor protective mat/equipment underlay can help to protect high-quality floor coverings (parquet, laminate, cork, carpets) from dents and sweat and can help to level out slight unevenness.

2.1 General Instructions



DANGER

- + Do not leave any tools, packaging materials such as foils or small parts lying around, as otherwise there is a danger of suffocation for children. Keep children away from the equipment during assembly.



WARNING

- + Pay attention to the instructions attached to the equipment in order to reduce the risk of injuries.



CAUTION

- + Ensure to have sufficient room for movement in each direction during assembly.
- + The assembly of the equipment must be carried out by at least two adults. If in doubt, seek the help of a third technically skilled person.



ATTENTION

- + To prevent damage to the equipment and the floor, assemble the equipment on a mat or packaging board.



NOTICE

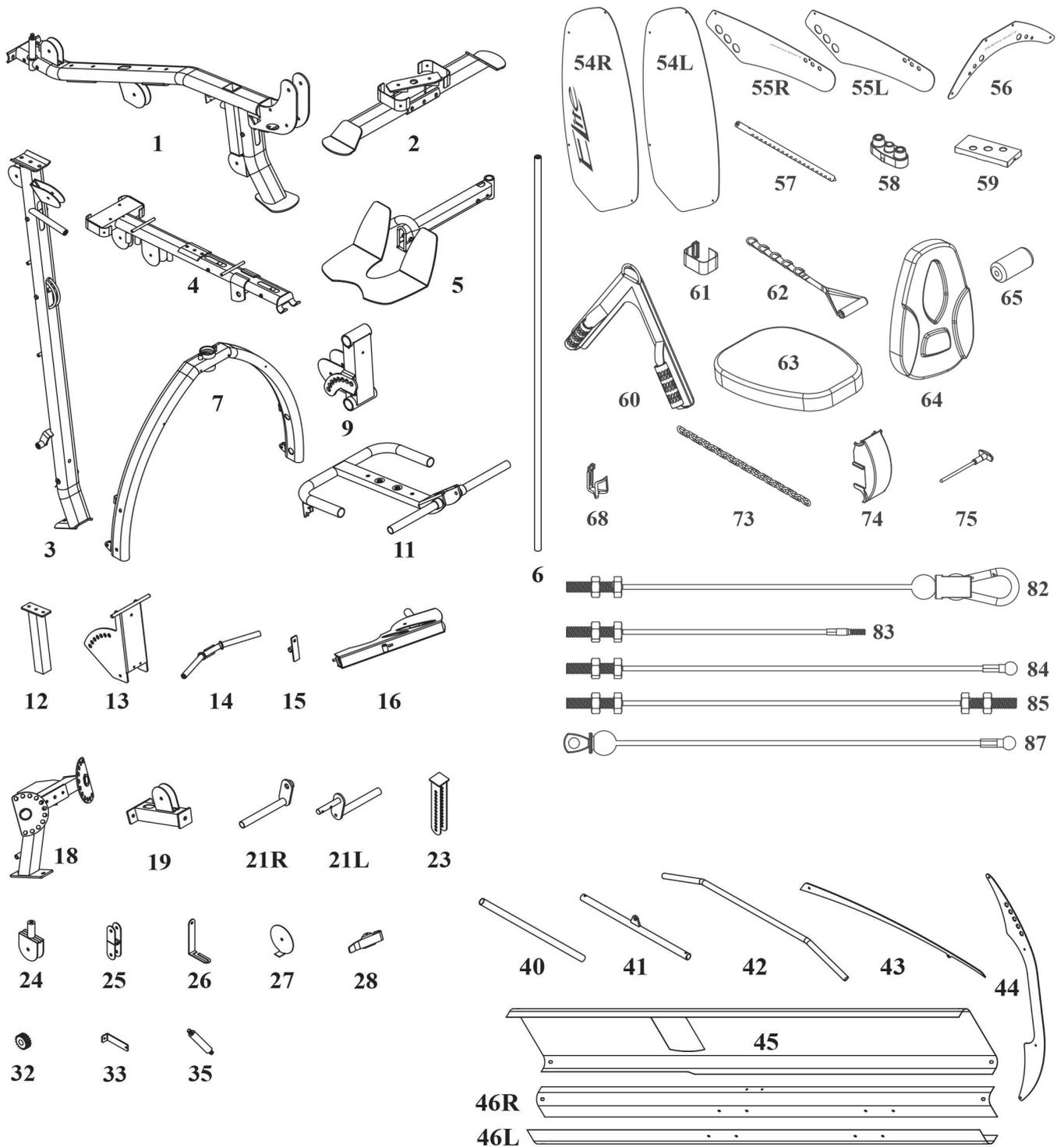
- + In order to make the assembly as simple as possible, some screws and nuts to be used can already be pre-assembled.
- + Ideally, assemble the equipment at its later set-up place.

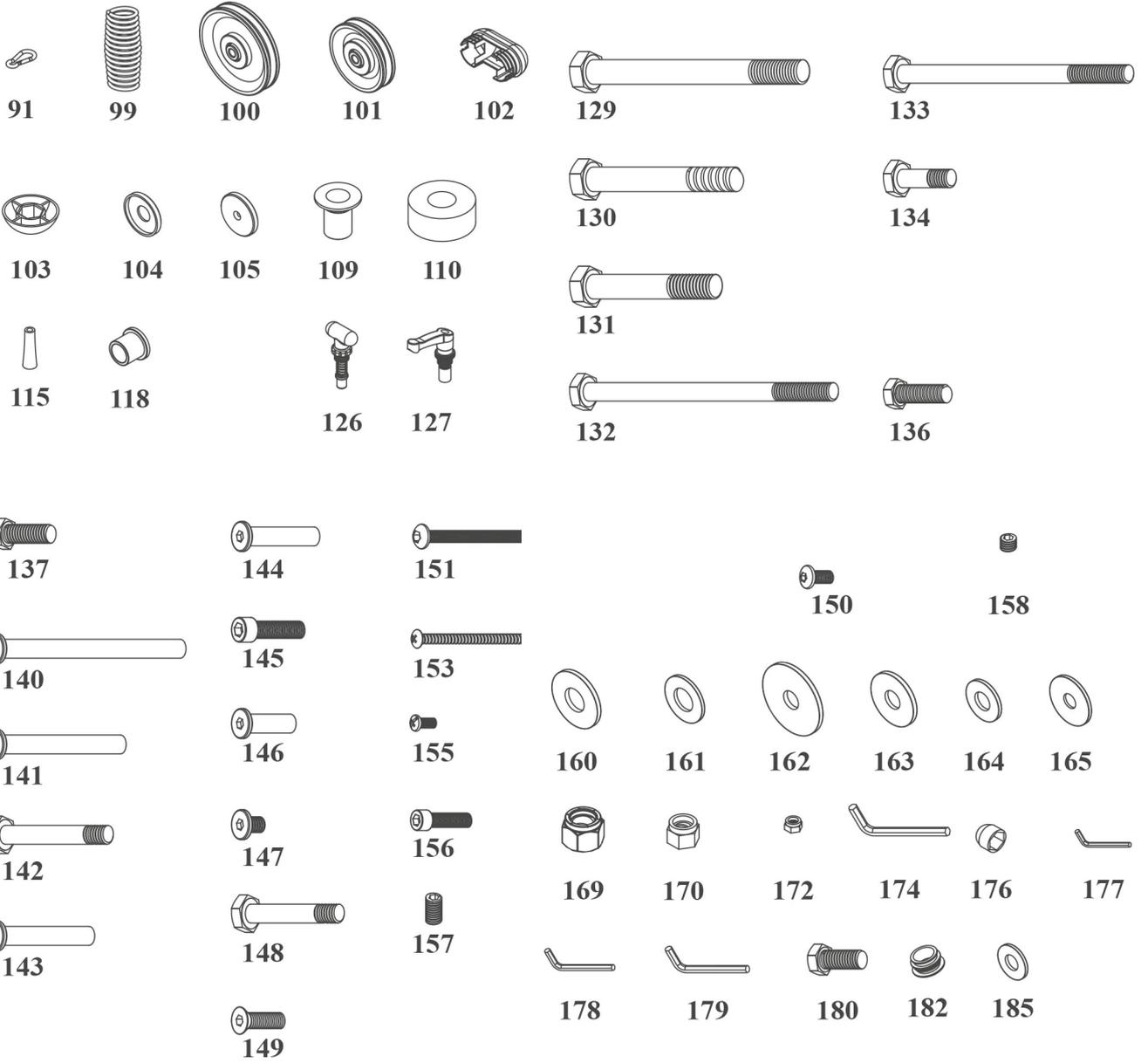
2.2 Scope of Delivery - Multi-Gym

The scope of delivery consist of the following parts. At the beginning, check whether all parts and tools belonging to the device are included in the scope of delivery and whether damage has occurred. In the event of complaints, the contractual partner must be contacted directly.

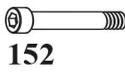
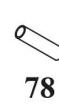
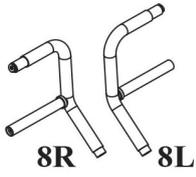
⚠ CAUTION

If parts of the scope of delivery are missing or damaged, the assembly must not be carried out.





Pre-assembled:



2.3 Assembly - Multi-Gym

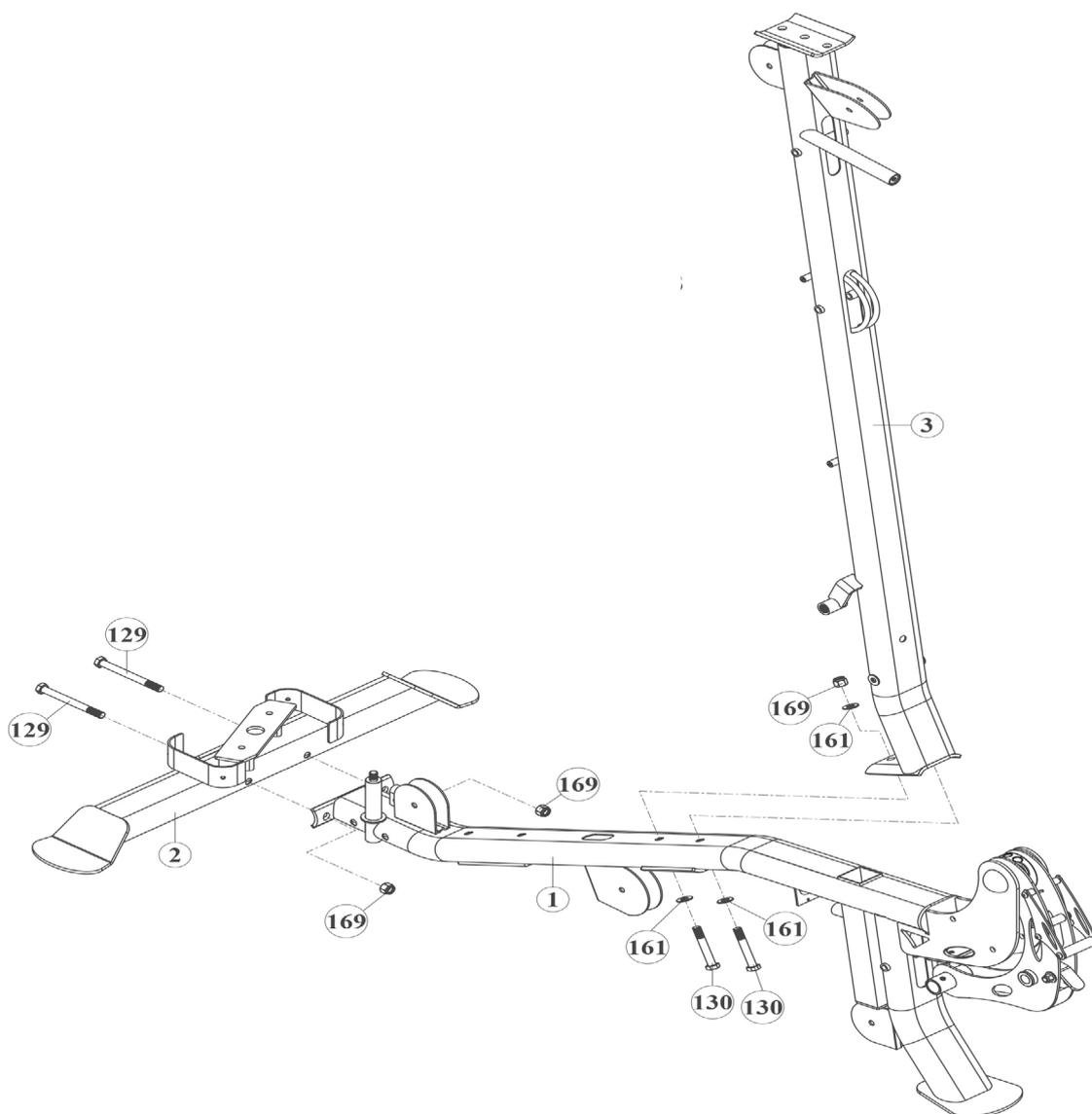
Before assembly, take a close look at the individual assembly steps shown and carry out the assembly in the order given.

① NOTICE

First loosely screw all parts together and check that they fit properly. Tighten the screws using the tool only when you are instructed to do so.

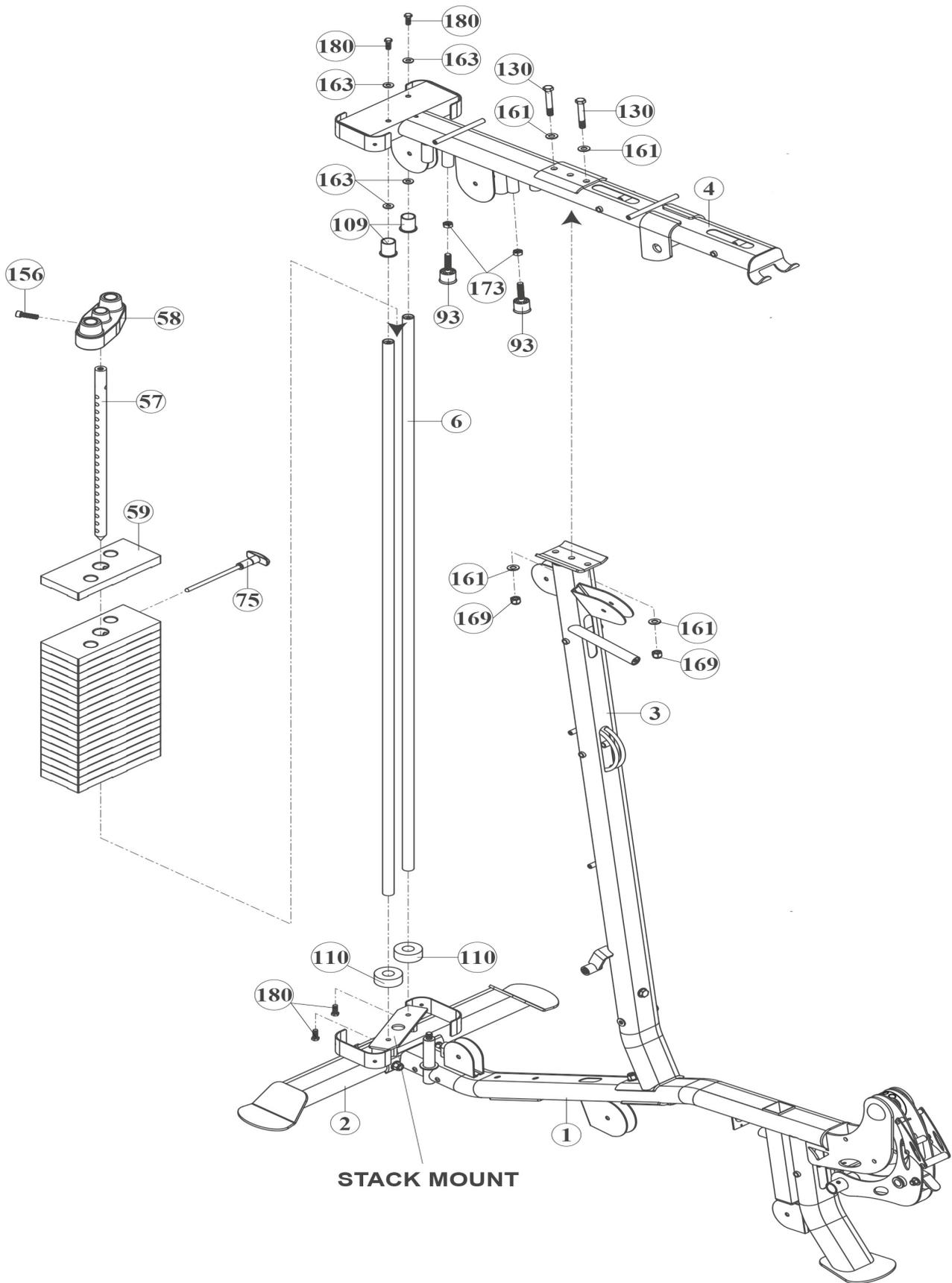
Step 1: Assembly of the Main Frame

1. Attach the rear stabilizer (2) to the main frame (1) using two hex bolts (129) and two nyla-nuts (169).
2. Attach the front upright (3) to the main frame (1), using two hex bolts (130), three smaller washers (161) and one nyla-nut (169).



Step 2: Assembly of the Top Frame and Weight Stack

1. Attach the two guide rods (6) to the stack mount welded to the rear stabilizer (2) using two hex threaded bolts (180). Tighten these bolts.
2. Slide one rubber cushion (110) onto each guide rod (6) and push to the bottom.
3. Apply silicone lubricant to the guide rods (6), then carefully slide a total of 19 weight plates (59) one at a time onto the guide rods (6) making sure to orient the selector holes toward the side and bottom.
4. Attach the top plate (58) to the selector rod (57) using the top plate bolt (156). Tighten.
5. Slide the top plate assembly onto the guide rods (6), running the selector rod (57) down into the center holes of the weight plates (59).
6. Insert the selector pin (75) into any hole of a weight. It will be permanently fixed when the top cable is installed.
7. Insert two guide rod holders (109) into the holes in the top frame (4) with a rubber mallet.
8. Install the top frame (4) onto the front upright (3) and guide rods (6) making sure to align the guide rods (6) into the guide rod holders (109).
9. Secure the top frame (4) to the front upright (3) using two hex bolts (130), four smaller washers (161), and two nyla-nuts (169).
10. Secure the top frame (4) to the guide rods (6) using two hex threaded bolts (180).



Step 3: Assembly of the Cable Arm

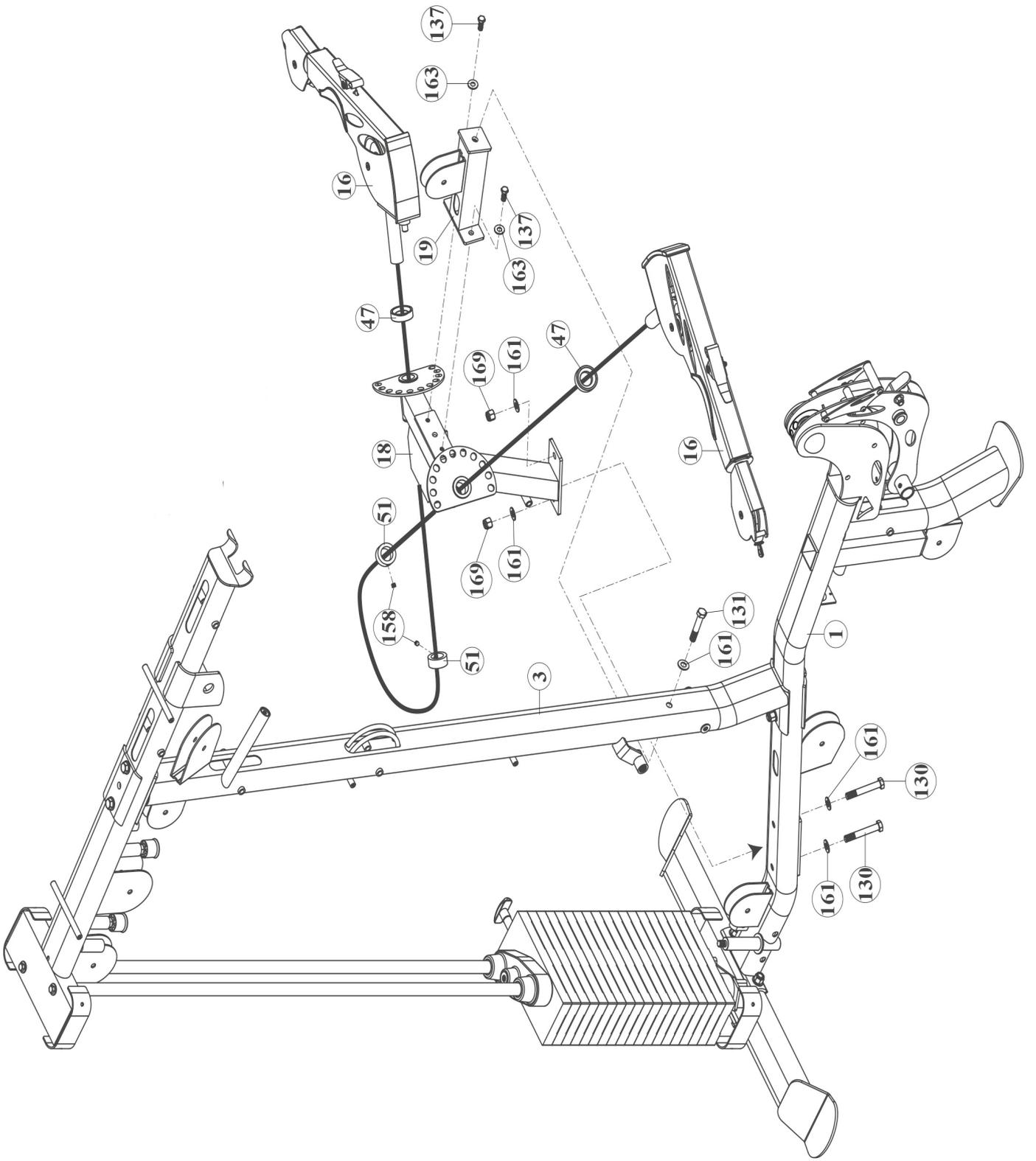
► **ATTENTION**

Remember to keep all bolts loose to ensure the holes will align easily.

1. Attach the cable arm assembly (18) to the main frame (1), using two hex bolts (130) four smaller washers (161) and two nyla-nuts (169).
2. Attach cable arm assembly (18) to the cable arm connector (19), using two hex threaded bolts (137) and two large washers (163).
3. Then attach the cable arm connector (19) to front upright (3), using one hex bolt (131) and one smaller washer (161).
4. Completely insert the axle of each cable arm (16) into the holes of the axle plates on the cable arm assembly (18) and secure by tightening the preinstalled set screw (158) in the collars (51).

► **ATTENTION**

Check to ensure that both cable Arms (16) pivot freely and cables are not twisted.



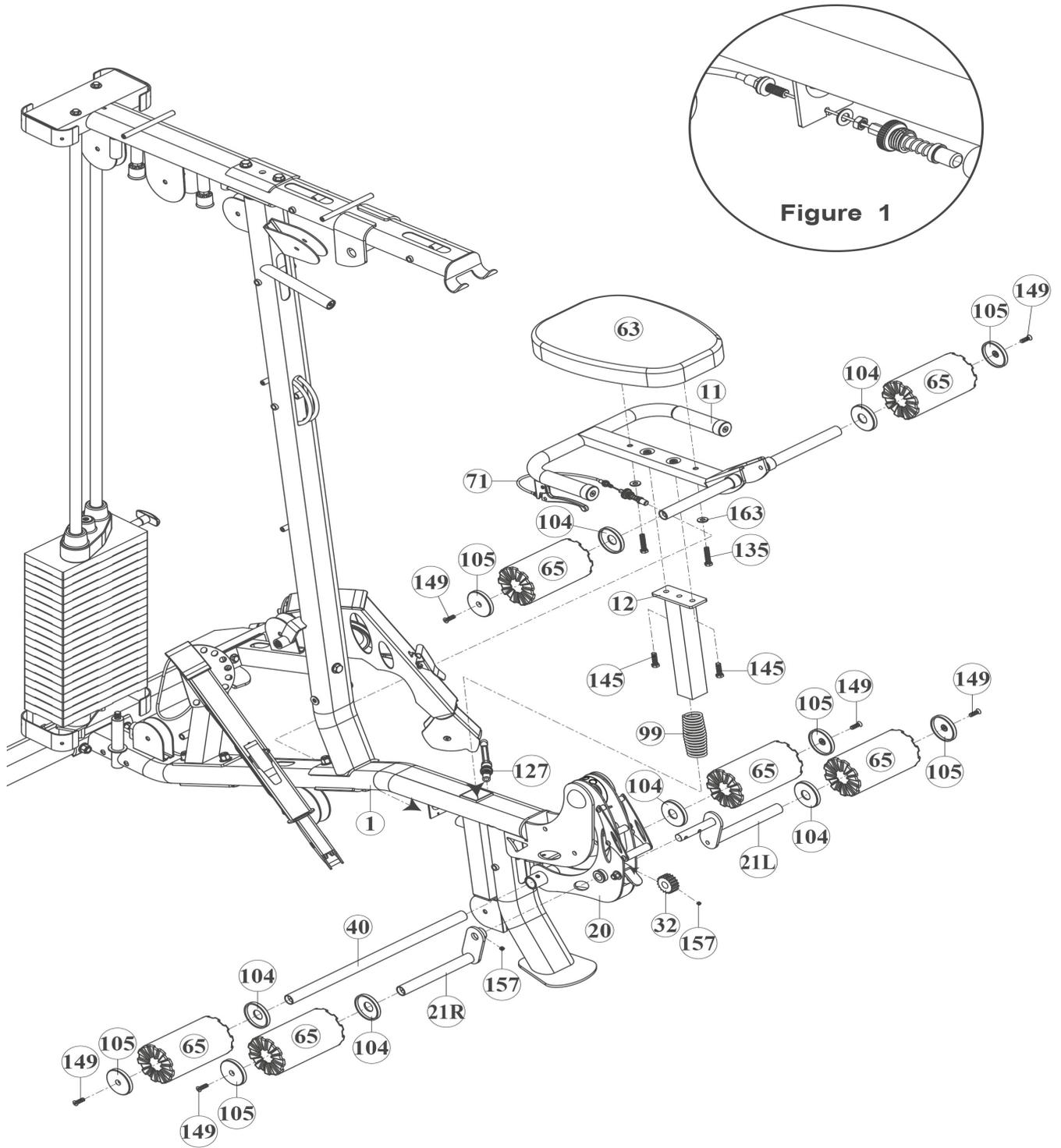
Step 4: Assembly of Leg Extension and Seat

1. Attach the R and L leg extension arms (21R & 21L) along with ratchet (32) to the preassembled leg extension assembly (20) as shown.
2. Secure by tightening both of the preinstalled set screw (157), one located in the ratchet (32) and one in the R leg extension arm (21R).
3. Slide a plastic cap (104) (domed side first) and foam pad (65) onto each side leg extension arms (21R & 21L).
4. Secure with aluminum caps (105) and counter allen bolts (149) on each side. Tighten the bolts.
5. Insert and center the foam roller holder (40) into the leg extension assembly (20). Tighten the two preinstalled set screws (157).
6. Slide a plastic cap (104) (domed side first) and foam pad (65) onto each side foam roller holder (40).
7. Secure with aluminum caps (105) and counter allen bolts (149) on each side. Tighten the bolts.
8. Attach the seat pad (63) to the seat adj. handle (11), using two hex threaded bolts (135) and two larger washers (163).
9. Attach the seat adj. frame (12) to the seat adj. handle (11) using two special round inner allen bolts (145). Tighten both sets of bolts.
10. Insert the seat spring (99) into the main frame (1), then slide the seat adj. frame (12) over top of the seat spring (99) and into the main frame (1). You may need to loosen the pre-installed tighten knob (127) to allow the seat adj. frame (12) into the main frame (1).

ⓘ NOTICE

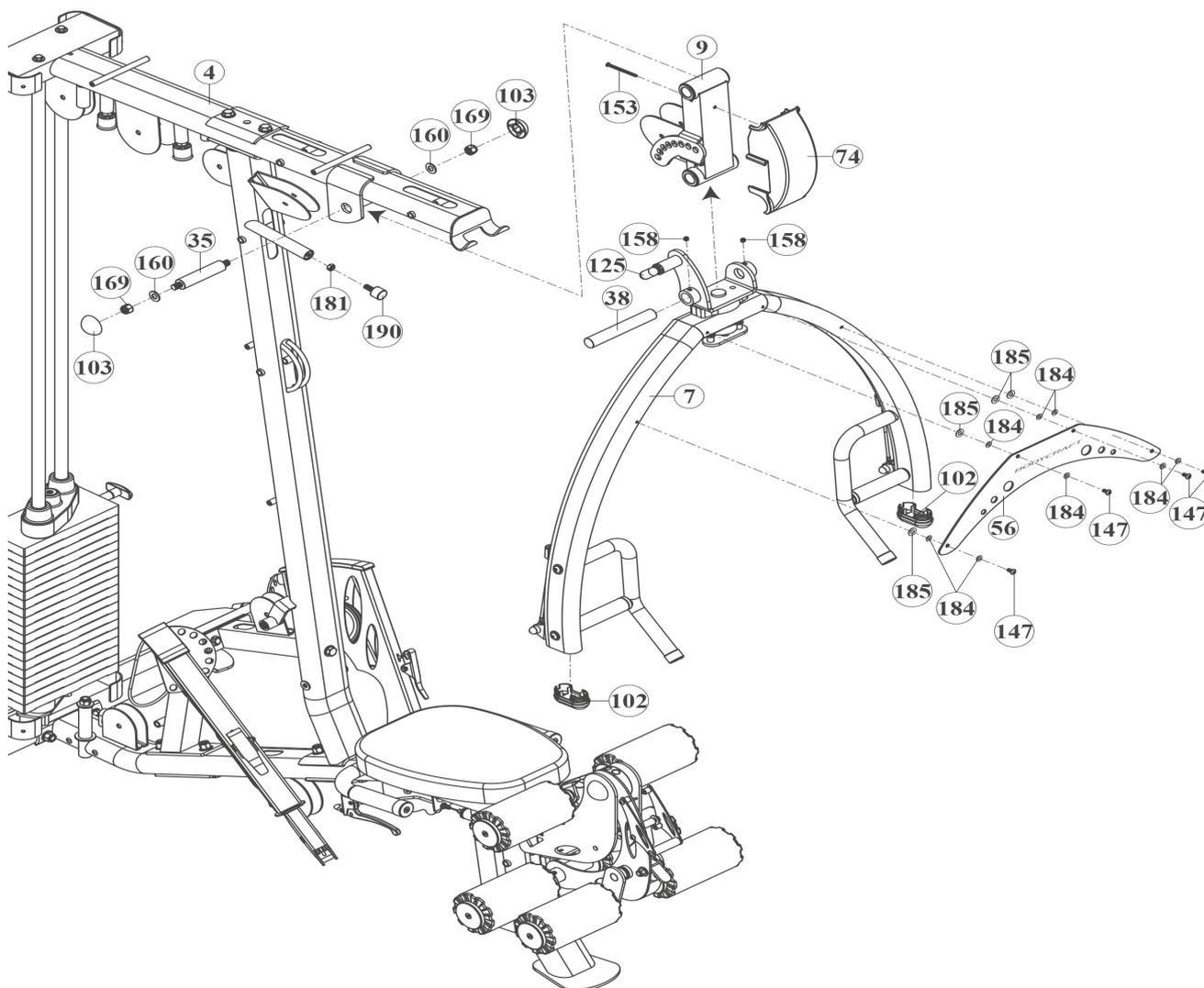
You can use tighten knob (127) to eliminate play in the seat after you have adjusted the seat to the desired height. Screw the pin attached to the end of the long end of the cable

11. See Figure 1. Remove one of the two small nuts on the loose end of the long clutch cable (71). Simultaneously slide the small threaded shaft through the opening in the L-Bracket welded to the main frame (1) and completely thread and tighten the large Pop-Pin into the Barrel welded to the Seat Post Receiver. To start threading to get the pin to seat into one of the holes in the seat adj. frame (11). Reinstall and tighten the small nut removed from the beginning of the step.
12. Slide a plastic cap (104) (domed side first) and foam pad (65) onto each side of the shafts welded to the seat adj. handle (11), and secure with aluminum caps (105) and counter (149) on each side. Tighten.



Step 5: Assembly of the Press Arm

1. Secure the plastic cover (74) to the front of the press arm support (9) using one screw (153).
2. Attach the press arm support (9) to the top frame (4) by aligning the holes and inserting the axle (35). Secure and tighten using two larger washers (160) and two nyla-nuts (169). Cap with two cap nuts (103).
3. Attach the press arm (7) to the press arm support (9) by aligning the holes and inserting the press arm axle (38). The longer pop pin (125) should seat into one of the adjustment holes in the press arm support (9).
4. Secure the press arm axle (38) by tightening the preinstalled set screw (158).
5. Fasten the plastic cover (74) to the front side of the press arm support (9) with the screw (153).
6. Attach the press arm panel (56) to the press arm (7) using four washers (185), eight small sealing rings (184) and four screws (147).
7. Install two end caps (102) into the bottom of the press arm (7) using a rubber mallet.



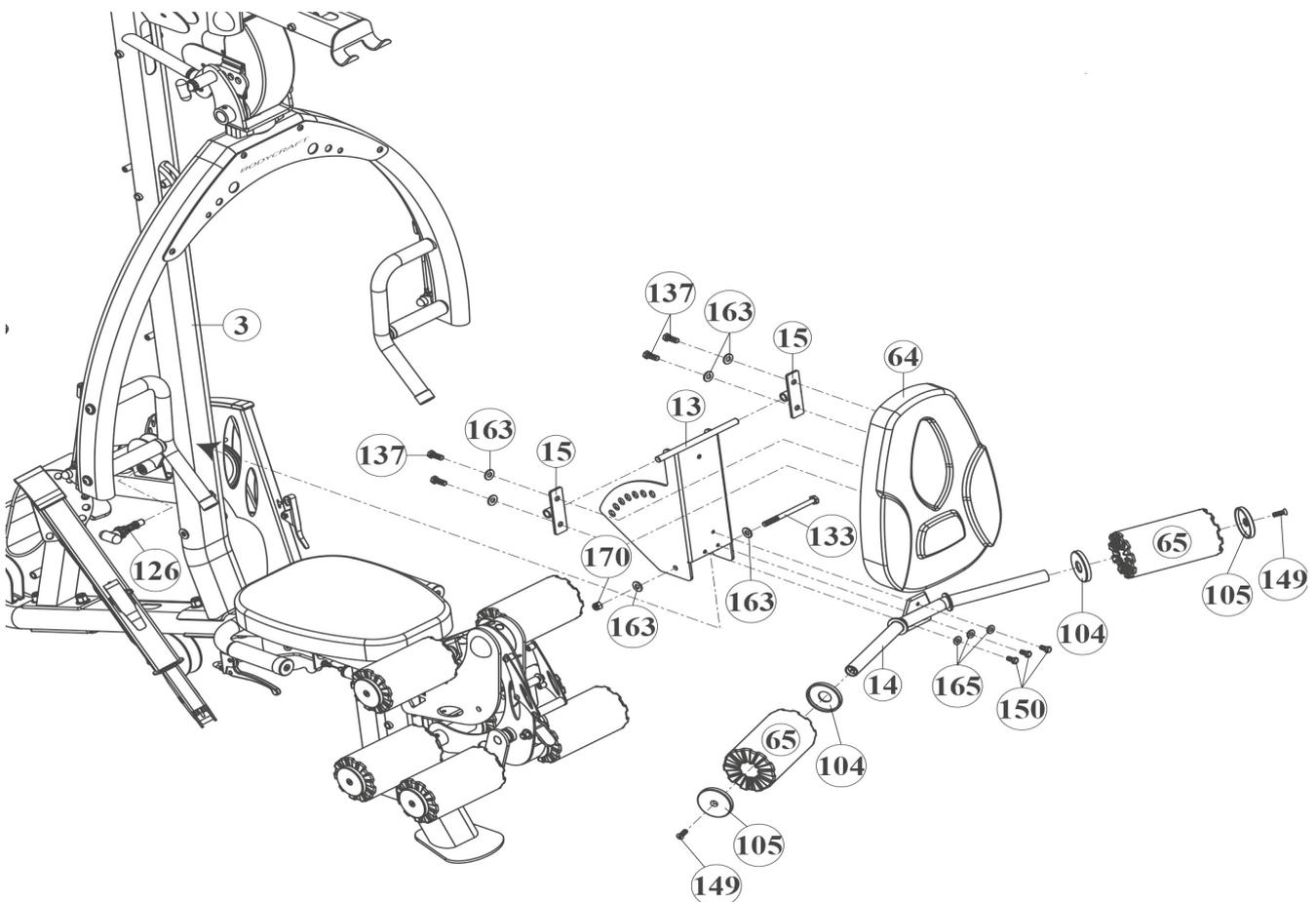
Step 6: Assembly of the Seat Back Adjuster and Leg Holder

1. Attach the seat back adjuster (13) to the front upright (3), using one hex bolt (133), two larger washers (163) and one nyla-nut (170).

► **ATTENTION**

Tighten this bolt until the seat back adjuster (13) is snug against the front upright (3) to eliminate play. If it does not pivot freely, loosen slightly.

2. Insert the shorter pop pin (126) into a hole of the seat back adjuster (13).
3. Attach the leg holder (14) (holes facing down), to the seat back adjuster (13) using two screws (150) and two washers (165). Tighten.
4. Slide two metal hinges (15) (holes facing up), onto the axle welded to the seat back adjuster (13), then attach back pad (64) to the metal hinges (15) using four hex threaded bolts (137) and four larger washers (163). Tighten.
5. Slide a plastic cap (104) (domed side first) and foam side (65) onto each side of the leg holder (14).
6. Secure with aluminum caps (105) and counter allen bolts (149) on each side. Tighten.



Step 7: Installation of the Top Cable

① NOTICE

Assemble cables and pulleys simultaneously.

1. See Fig. 1: Insert the Bolt-end of the top cable (82) through the bottom of the front slot of the top frame (4), then over Pulleys T1 and T2 as shown. Secure each pulley using one flat pin bolt (140) and one screw (147). Tighten. NOTE! The cable runs above the top frame (4), NOT inside the tube.
2. See Fig. 2/Fig. 3: Continue routing the cable entering the top and exiting on bottom of the Left Side Pulley T3 mount to the press arm support (9) using one hex bolt (142) and one nyla-nut (170). DO NOT Tighten. Route cable around Pulley T4 mounted on the front upright (3) by entering the bottom and exiting the top. Secure using one hex bolt (134) and one nyla-nut (170). Tighten. Route the cable around Right Side Pulley T5 mounted in the press arm support (9), by entering the top and exiting the bottom. Tighten.
3. See Fig. 4: Route the cable under Pulley T6 and mount in the slot in the front upright (3) using one hex bolt (134) and one nyla-nut (170). Continue to route the cable over Pulley T7 and mount to the top rear of the front upright (3) using one flat pin bolt (140) and one screw (147). Tighten.
4. See Fig. 5: Install a pulley (100) into each of the adj. pulley blocks (23) in the second hole below the welded stop plate. (DO NOT TIGHTEN. You may need to move the pulleys when adjusting the cables).

① NOTICE

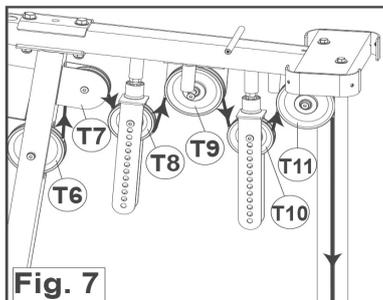
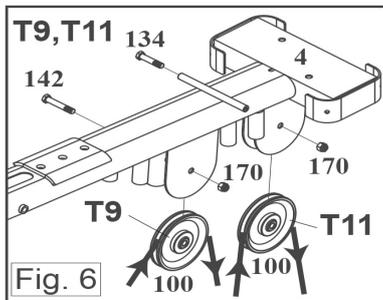
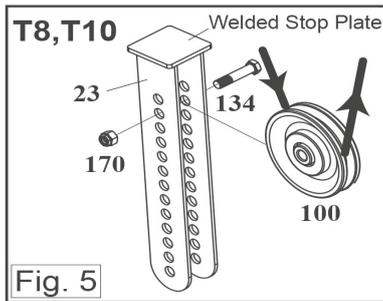
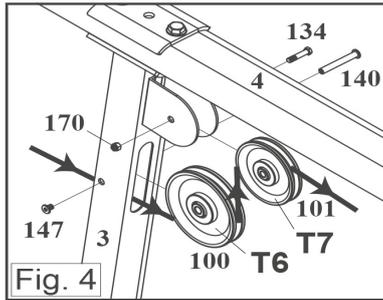
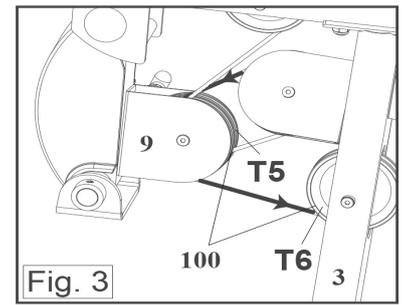
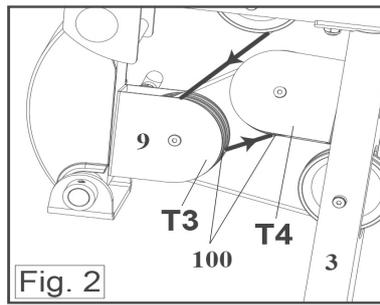
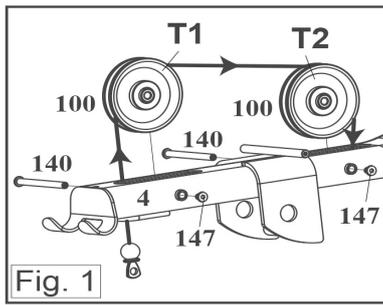
The adj. pulley blocks (23) do not attach to the frame, they are held in place by the cable.

5. See Fig. 6/Fig. 7: Route the cable over Pulleys T9 and T11 mounted to the top frame (4) while simultaneously routing the cable under the installed Pulleys T8 and T10 mounted in the adj. pulley blocks (23). Secure Pulley T9 using one hex bolt (142) and one nyla-nut (170) and Pulley T11 using one hex bolt (134) and one nyla-nut (170). Tighten Bolts at T9 and T11.
6. See Fig. 8: Secure the top cable (82) by threading the Bolt-end at least a third of the way into the top plate assembly (58). Tighten Jam-nut on the Bolt-end against the top plate assembly (58).
7. Tighten all bolts, nuts and Jam-nuts.

⚠ CAUTION

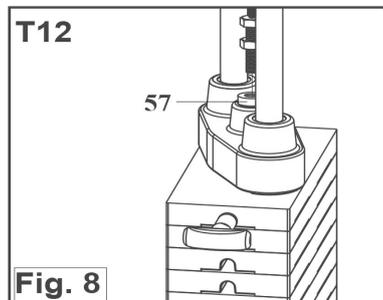
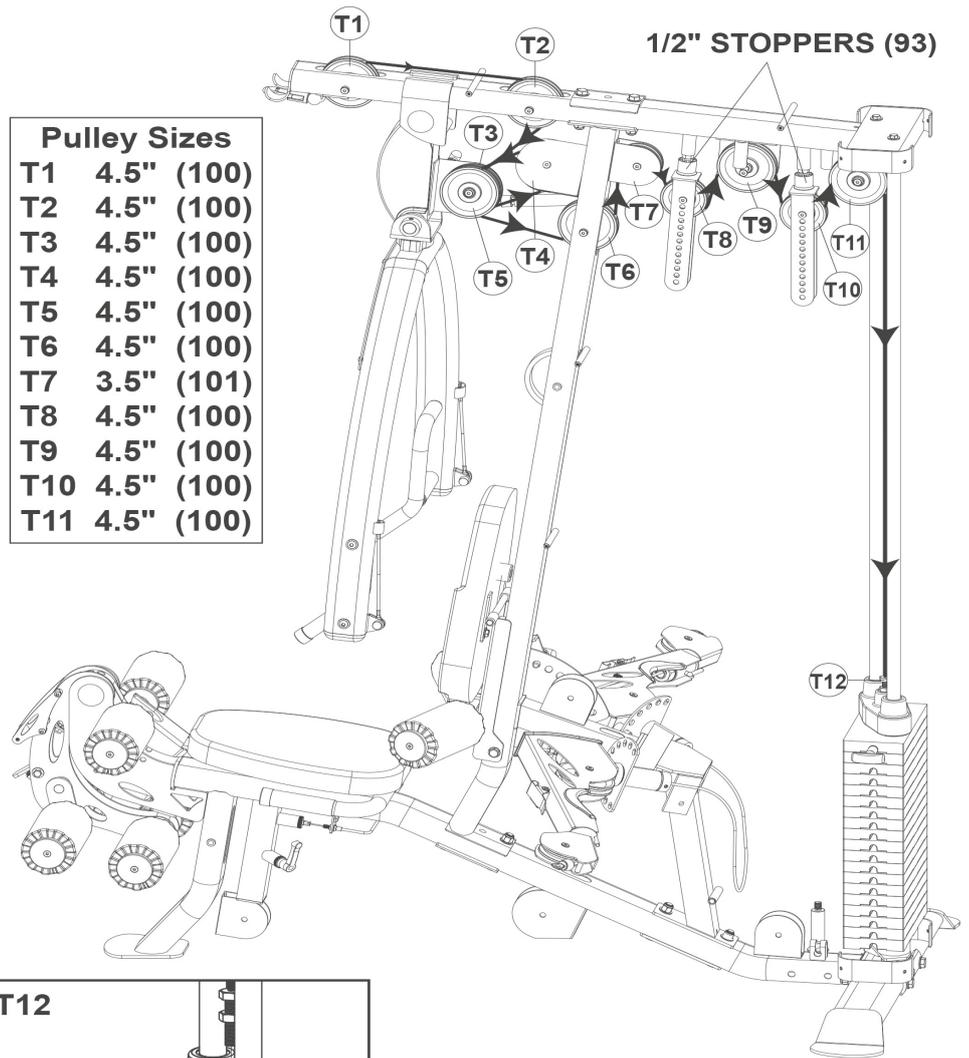
At least one third of the thread must be screwed into the top weight plate.





Pulley Sizes

T1	4.5" (100)
T2	4.5" (100)
T3	4.5" (100)
T4	4.5" (100)
T5	4.5" (100)
T6	4.5" (100)
T7	3.5" (101)
T8	4.5" (100)
T9	4.5" (100)
T10	4.5" (100)
T11	4.5" (100)



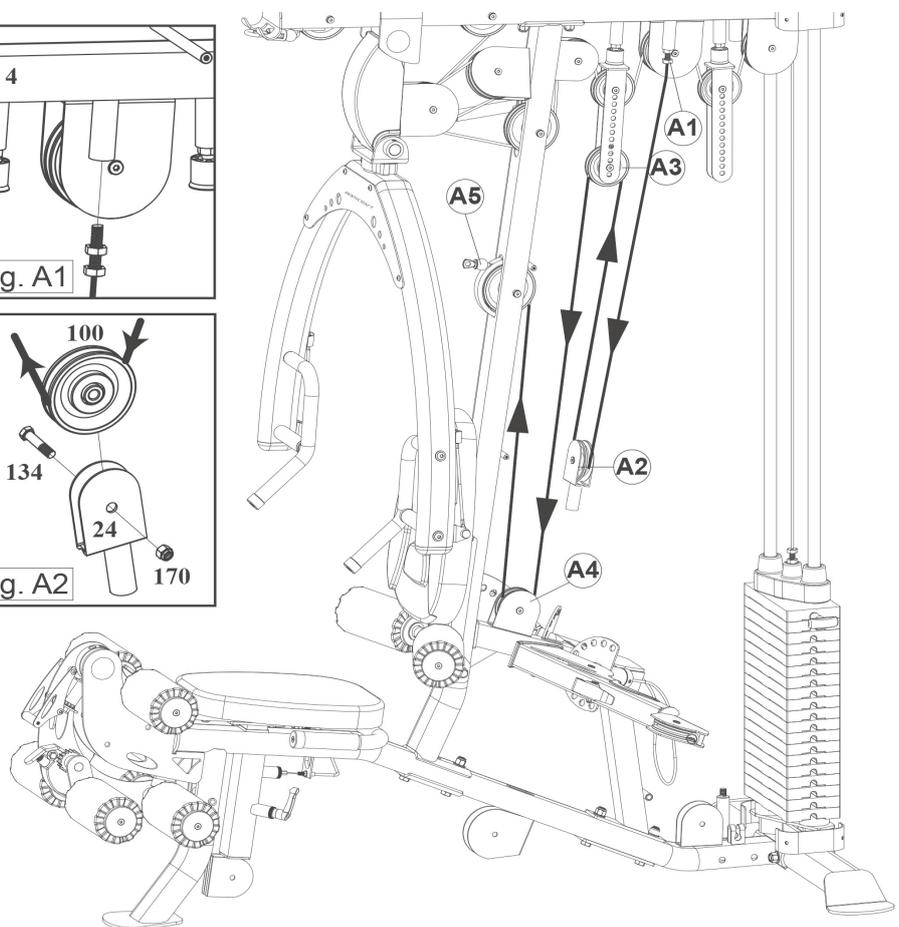
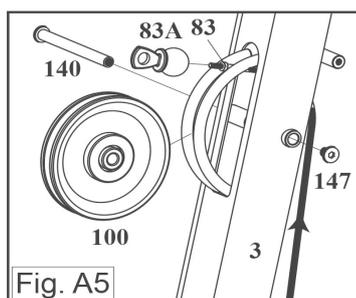
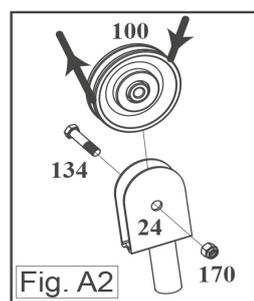
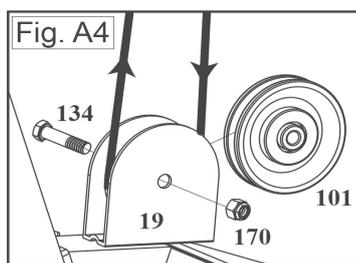
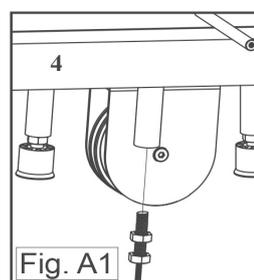
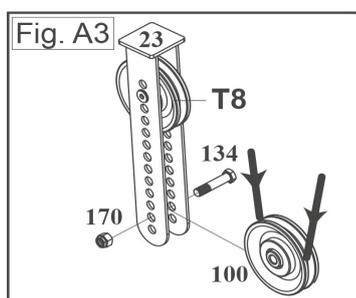
Step 8: Installation of the Ab Crunch Cable

1. See Fig. A1: Screw the Bolt-end of the ab crunch cable (83) at least one-third of the way into the threaded receptor welded to the top frame (4). This Bolt-end is an adjustment point if needed once all of the cables have been installed. Be sure to tighten the Jam-nut.

CAUTION

At least one third of the thread must be screwed into the slot.

2. See Fig. A2: Install one pulley (100) into single pulley block (24) using one hex bolt (134) and one nyla-nut (170). Tighten. Route the cable down to Pulley A2.
3. See Fig. A3: Install one pulley (100) into the second hole up of adj. pulley block (23) and secure with one hex bolt (134) and one nyla-nut (170). Tighten. Continue routing the cable up to the Pulley A3.
4. See Fig. A4: Install one pulley (101) into the cable arm connector (19), using one hex bolt (134) and one nyla-nut (170). Tighten. Continue routing the cable down to the Pulley A4.
5. See Fig. A5 Install one pulley (100) into the front upright (3), using one flat pin bolt (140) and one screw (147). Tighten. Continue routing the cable up to and over the top of Pulley A5. Install removable end (83A) at A5.
6. Tighten all bolts and nuts.



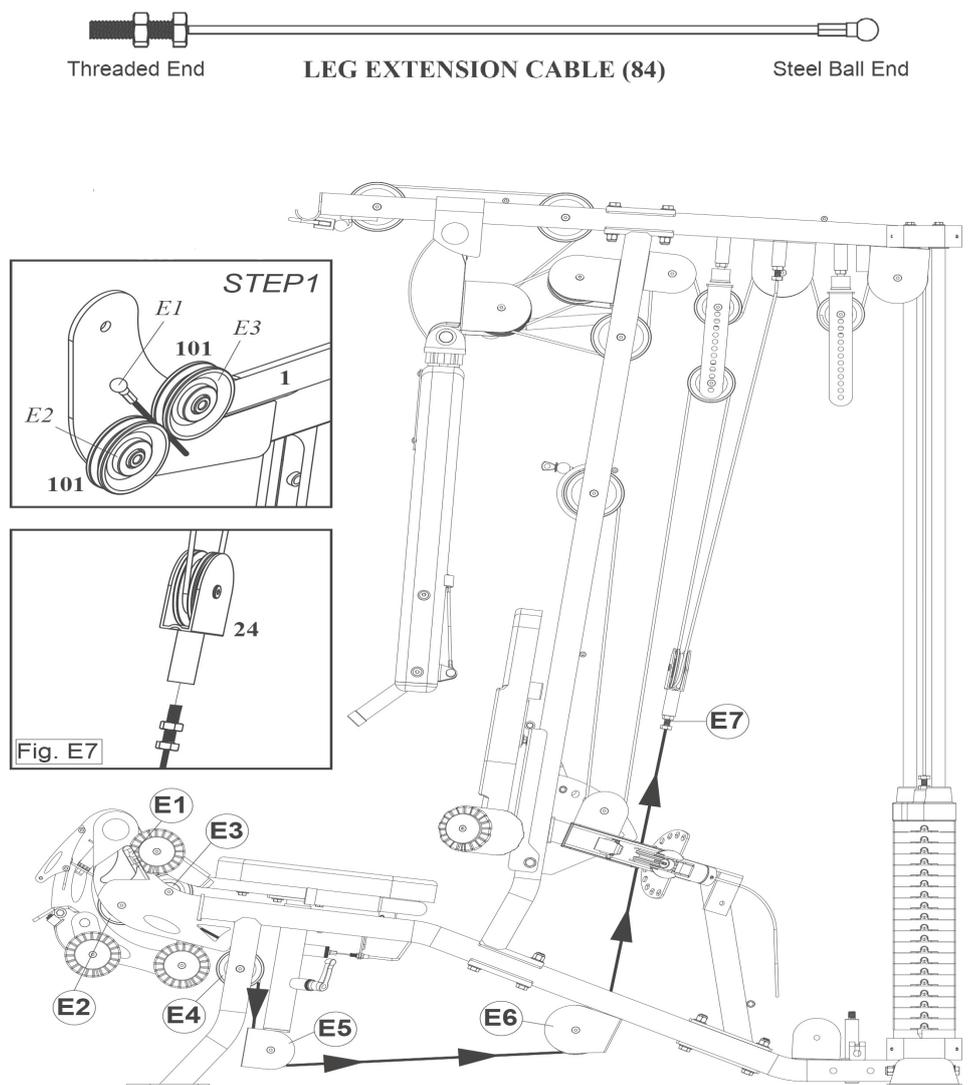
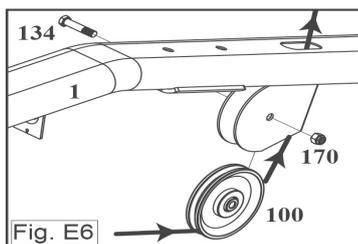
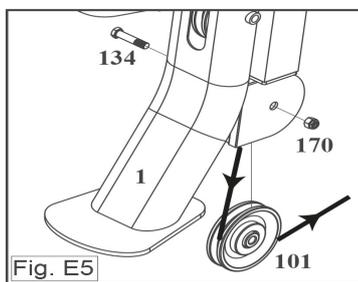
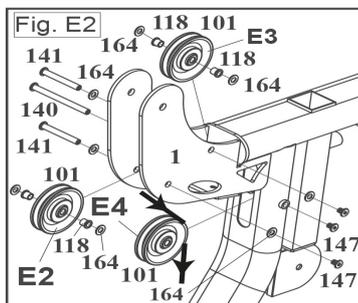
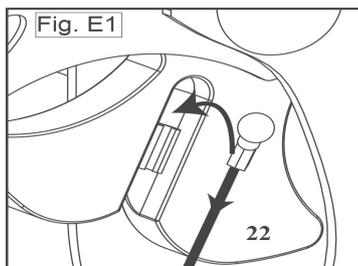
Step 9: Installation of the Leg Extension Cable

1. See Fig. E1: Hook the steel ball end of the leg extension cable (84) into the groove in the leg curl cam (22).
2. See Fig. E2: Route the cable in between two Pulleys E2 and E3 and secure using one flat pin bolt (141), four smaller washers (164) and one screw (147) each, as shown in FIG STEP 1. Continue routing cable down and around Pulley E4 mounted in a slot in the front of the main frame (1) using one flat pin bolt (141) and one screw (147).
3. See Fig. E5/E6/E7 Route the cable down around Pulley E5 mounted under the seat adj. frame (12), and secure using one hex bolt (134) and one nyla-nut (170). Route the cable around Pulley E6 mounted under rear part of the main frame (1) and secure using one pulley (100), one hex bolt (134) and one nyla-nut (170). Screw the threaded bolt-end into the single pulley block (24).



CAUTION

At least one third of the thread must be screwed into the slot.



Step 10: Installation of the Connect Cable

1. See Fig. C1: Screw the threaded end of connect cable (85) into the single pulley block (24).

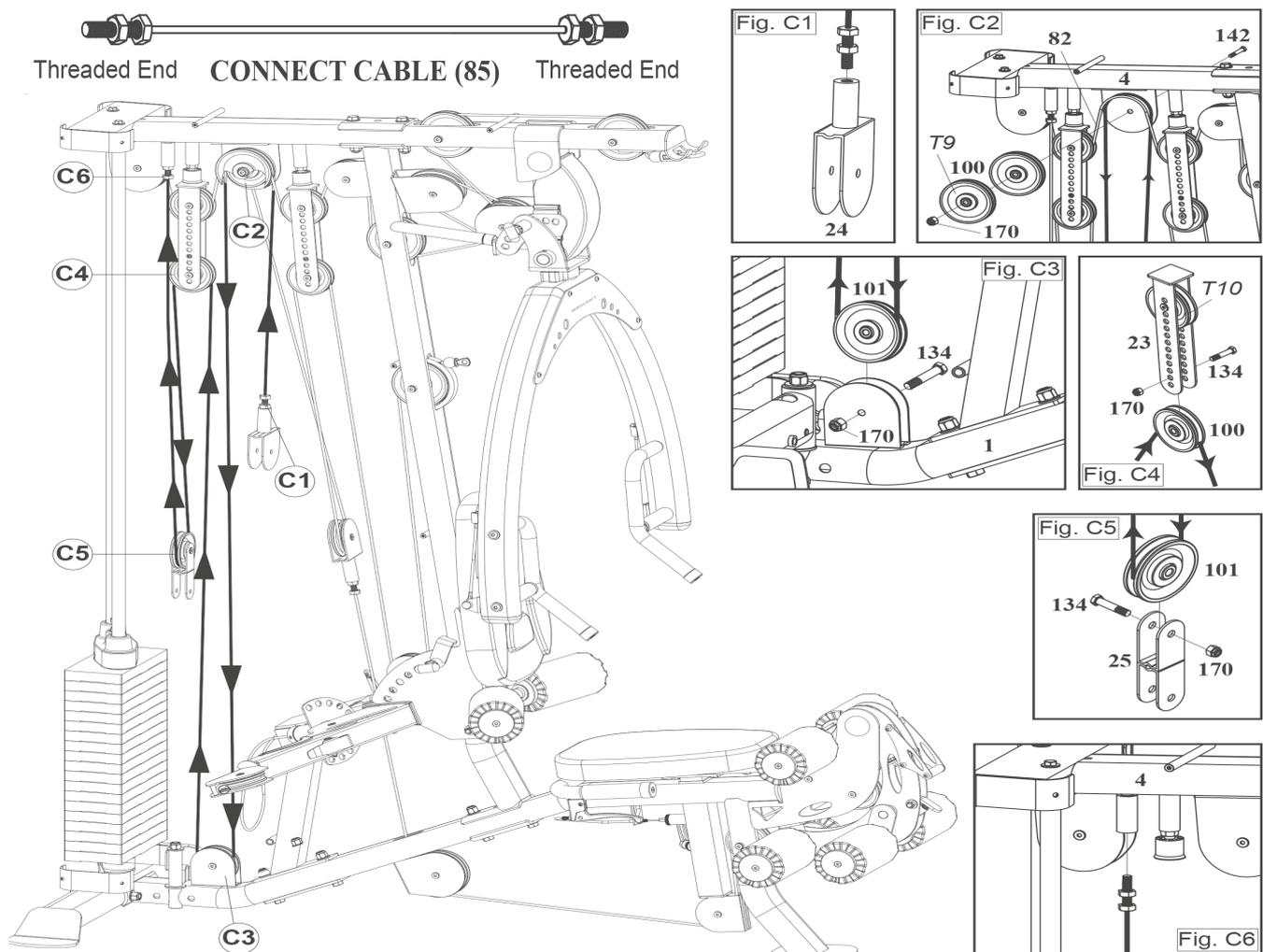
⚠ CAUTION

At least one third of the thread must be screwed into the slot.

2. See Fig. C2: Route the cable up and over Pulley C2 mounted on top frame (4), using one hex bolt (142) and one nyla-nut (170).
3. See Fig. C3: Route the cable down and around Pulley C3 mounted on the main frame (1), using one hex bolt (134) and one nyla-nut (170).
4. See Fig. C4: Continue to route cable up and around the Pulley C4 mounted at second hole of adj. pulley block (23), using one hex bolt (134) and one nyla-nut (170).
5. See Figs. C5/C6: Route the cable down and around Pulley C5 mounted in the top of the double pulley block (25) using one hex bolt (134) and one nyla-nut (170). Finish by routing the cable up to screw into the threaded receptor welded to the top frame (4).

⚠ CAUTION

At least one third of the thread must be screwed into the slot.

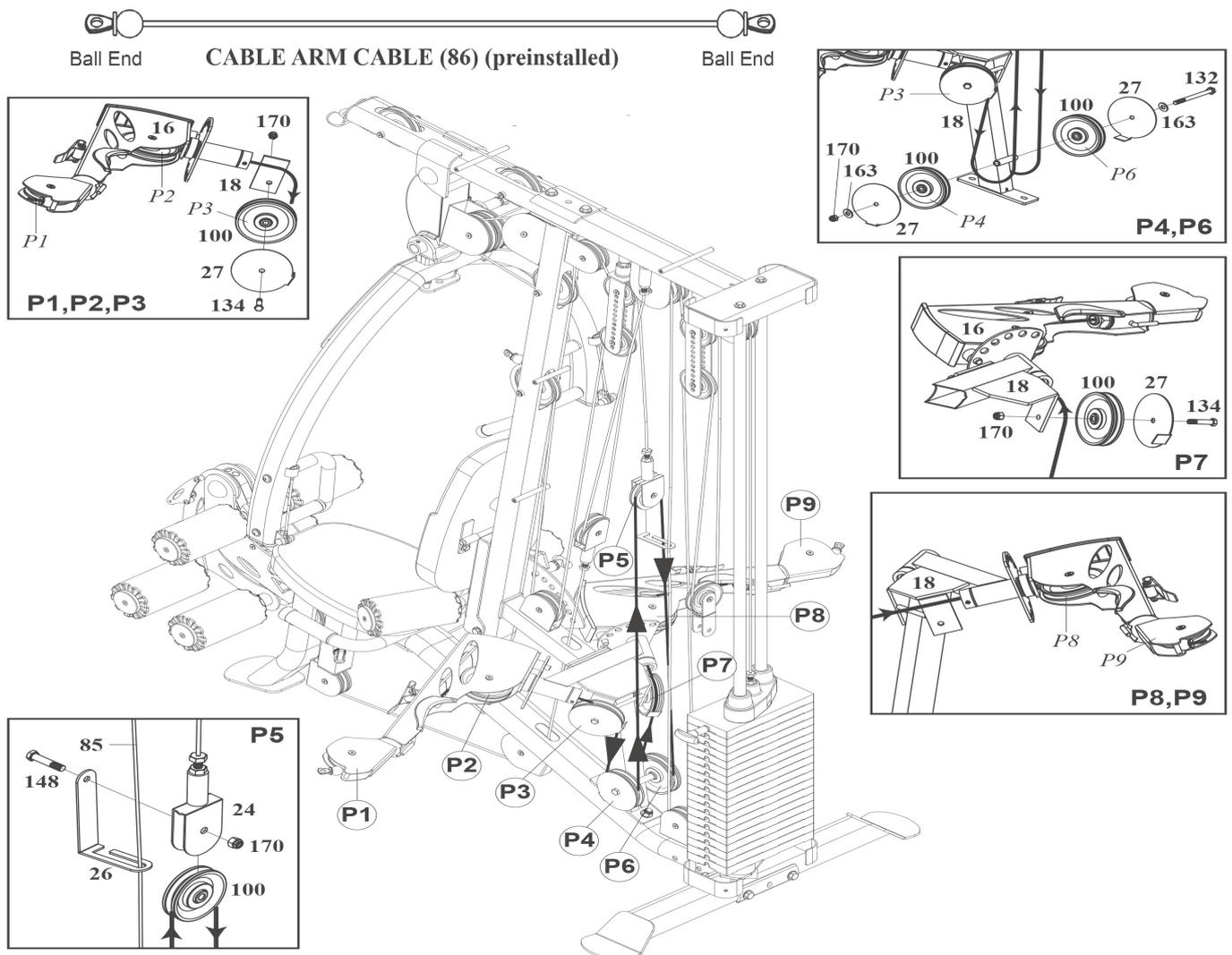


Step 11: Installation of the Cable Arm Cable

NOTICE

The cable arm cable (86) is preinstalled in the cable arm (16).

1. Mount Pulleys P3 and P7 along with their pulley guide bracket (27) to the cable arm assembly (18) as shown, using one hex bolt (134) and one nyla-nut (170). Route cable over top of these pulleys.
2. Tighten these nuts, make sure the pulley guide brackets (27) do not rub against the cable.
3. Continue routing, on both sides, down and around the Pulleys P4 and P6 mounted to the base of cable arm assembly (18) using one pulley guide bracket (27), one hex bolt (132), two larger washers (163) and one nyla-nut (170) for each side.
4. Tighten these nuts, making sure the pulley guide bracket (27) do not rub against the cable.
5. Route the cable up to Pulley P5 mounted inside the single pulley block (24) that is dangling at the end of the connect cable (69). Install pulley using one hex bolt (148), one cable guide plate (26) downward and one nyla-nut (170).



Step 13: Asswmbly of the Weight Shroud and Acrylic Panels

► **ATTENTION**

In the following steps, DO NOT OVERTIGHTEN the acrylic panels. Cracked panels due to overtightening are not covered under the warranty!

1. Attach the weight shroud (45), hole oriented toward bottom, to the tabs welded on the rear stabilizer (2) and top frame (4) using four screws (150), and four washers (165). Then attach the left weight shroud (46L) to the tabs welded on the rear stabilizer (2) and top frame (4) using two screws (150), and two washers (165). Then attach the right weight shroud (46R) to the tabs welded on the rear stabilizer (2) and top frame (4), using two screws (150) and two washers (165).

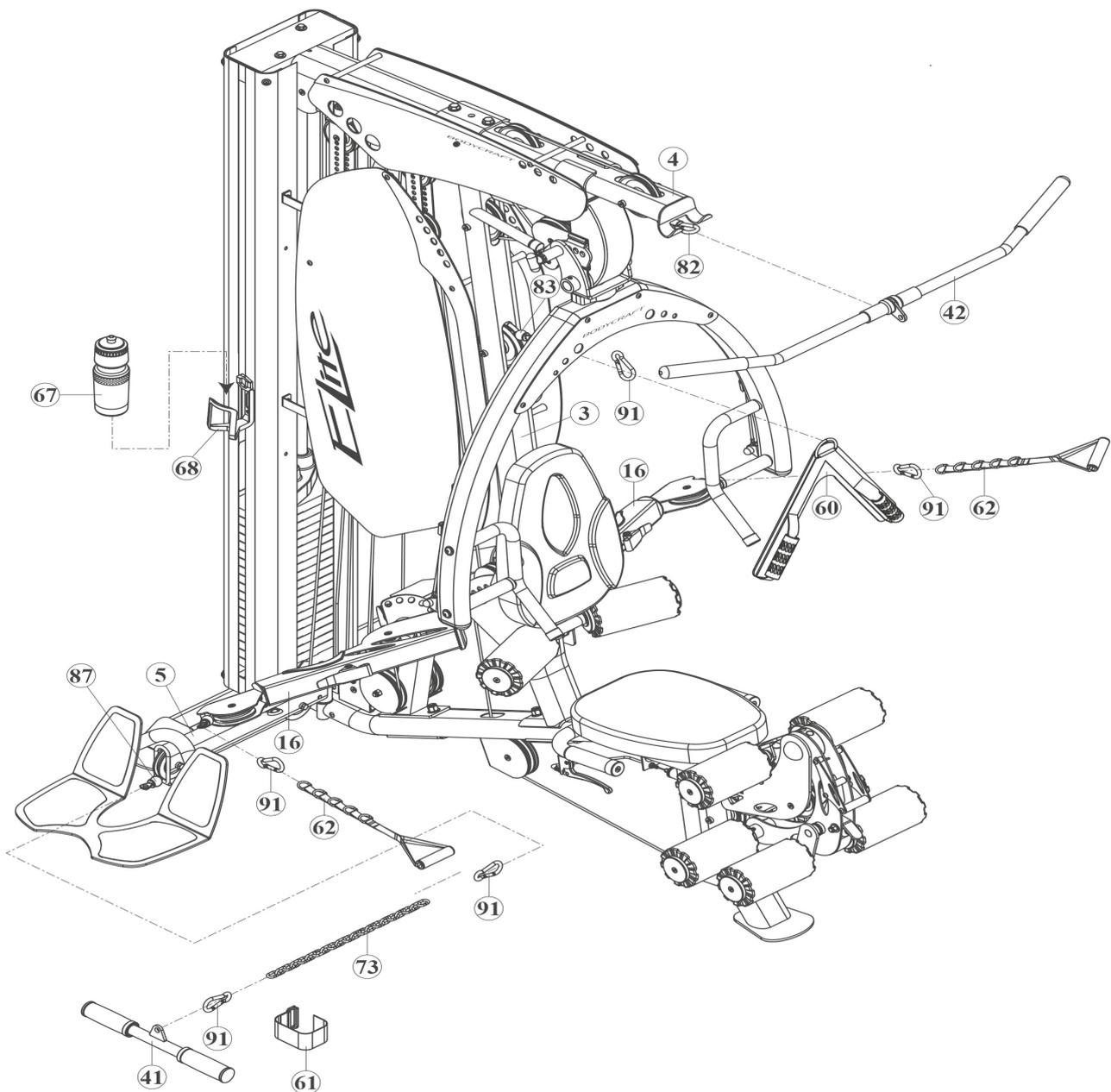
ⓘ **NOTICE**

The left weight shroud (46L) can be identified by the relief cut along the bottom, and without holes for the Bottle Cage.

2. Attach two acrylic panel trims (44) to the tabs welded on the front upright (3) using four screws (151) and four plastic studs (115).
3. Attach two L plates (33) to the right weight shroud (46R) using one screw (147) and one acorn nut (176) each. Attach two L plates (33) to the left weight shroud (46L) using one screw (147) and one cap nut (176) each.
4. Attach the acrylic panels (54L & 54R) to the previously installed L plates (33) using four screws (147), four small sealing rings (184) and four acorn nuts (176).
5. Attach these acrylic panels (54L & 54R) to the front acrylic panel trim (44) using four screws (147), four small sealing rings (184) and four cap nuts (176).
6. Attach the top acrylic panels (55R & 55L) and top panel trim (43) to the top frame (4) using two screws (147) and two small sealing rings (184).
7. Attach the bottle cage (68) to the right weight shroud (46R) using two screws (155) and two nyla-nuts (172). Tighten.

Step 14: Attaching the Accessories

1. Attach the bottle cage (68) and the lat bar (42) to the top cable (82) and rest on Lat Bar Holder.
2. Attach the ab crunch strap (60) with clip (91) to the ab crunch cable (83) and the multiple d-ring single handle (62) to the cable arm (16).
3. Attach the curl bar (41) with clip (91) and chain (73) to the low cable (87).
4. The chain can be used to "lengthen" the cable where needed. Example: Triceps Push Downs, Upright Rows, Arm Curls, etc.

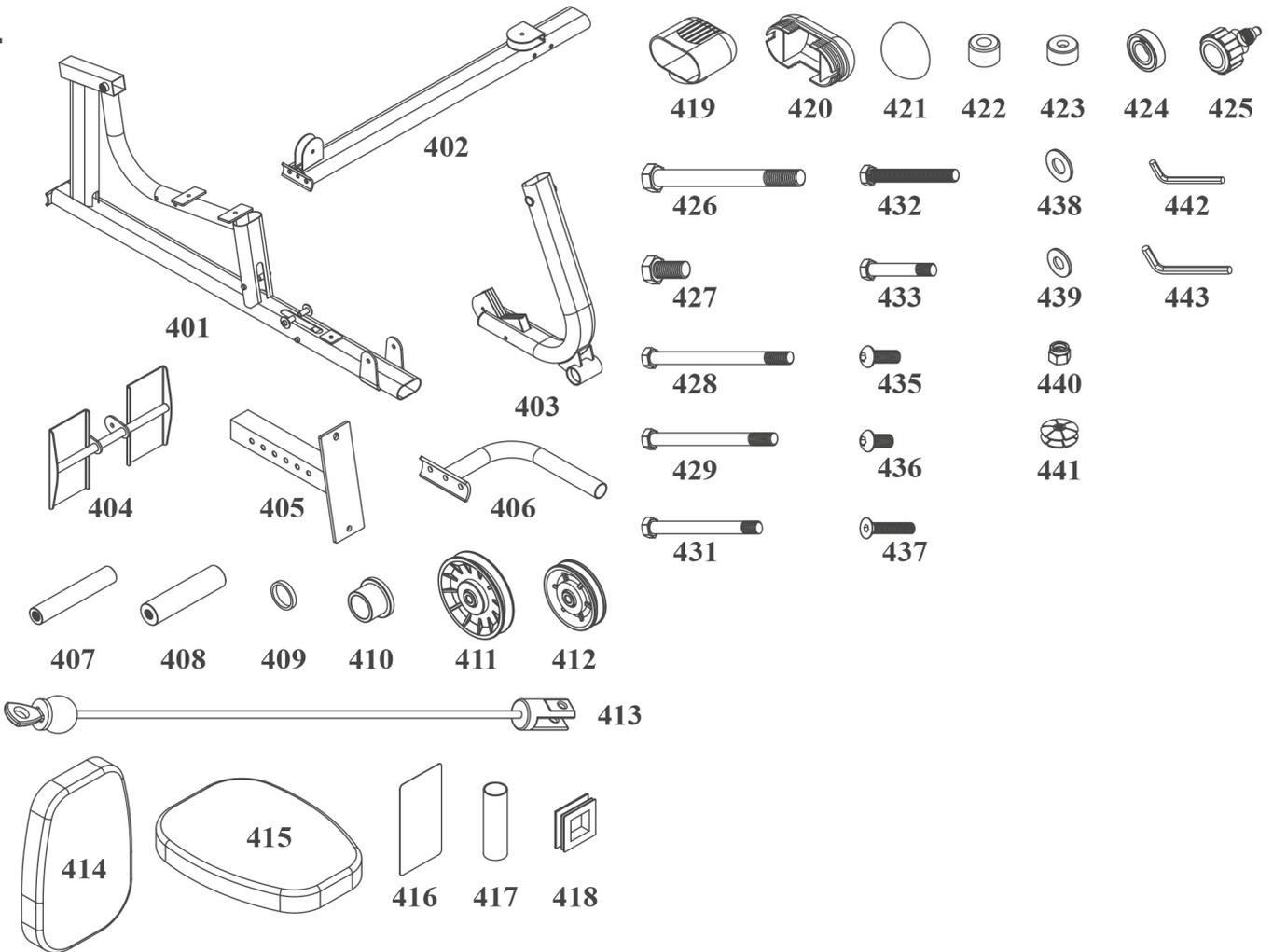


2.4 Scope of Delivery - Leg Press

The scope of delivery consist of the following parts. At the beginning, check whether all parts and tools belonging to the device are included in the scope of delivery and whether damage has occurred. In the event of complaints, the contractual partner must be contacted directly.

⚠ CAUTION

If parts of the scope of delivery are missing or damaged, the assembly must not be carried out.



2.5 Assembly - Leg Press

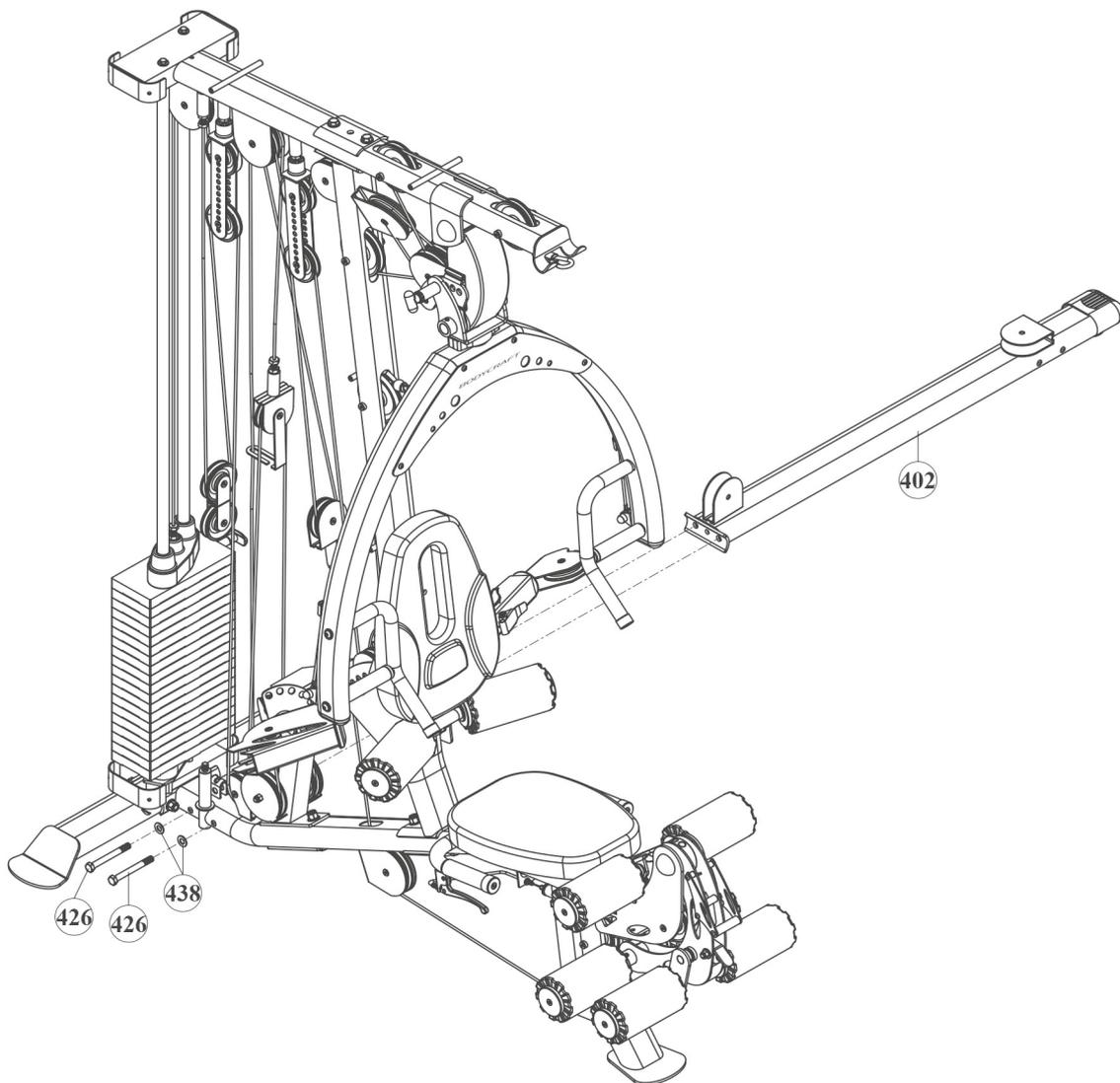
Before assembly, take a close look at the individual assembly steps shown and carry out the assembly in the order given.

NOTICE

First loosely screw all parts together and check that they fit properly. Tighten the screws using the tool only when you are instructed to do so.

Step 1: Assembly of the Connecting Rear Stabilizer

Attach the Connecting Rear Stabilizer (402) to the Elite Base Frame (1), using two Hex Bolts (426) and two washers (438).

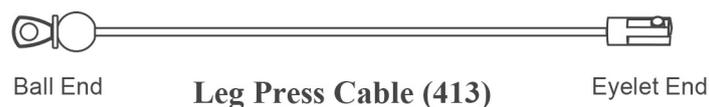


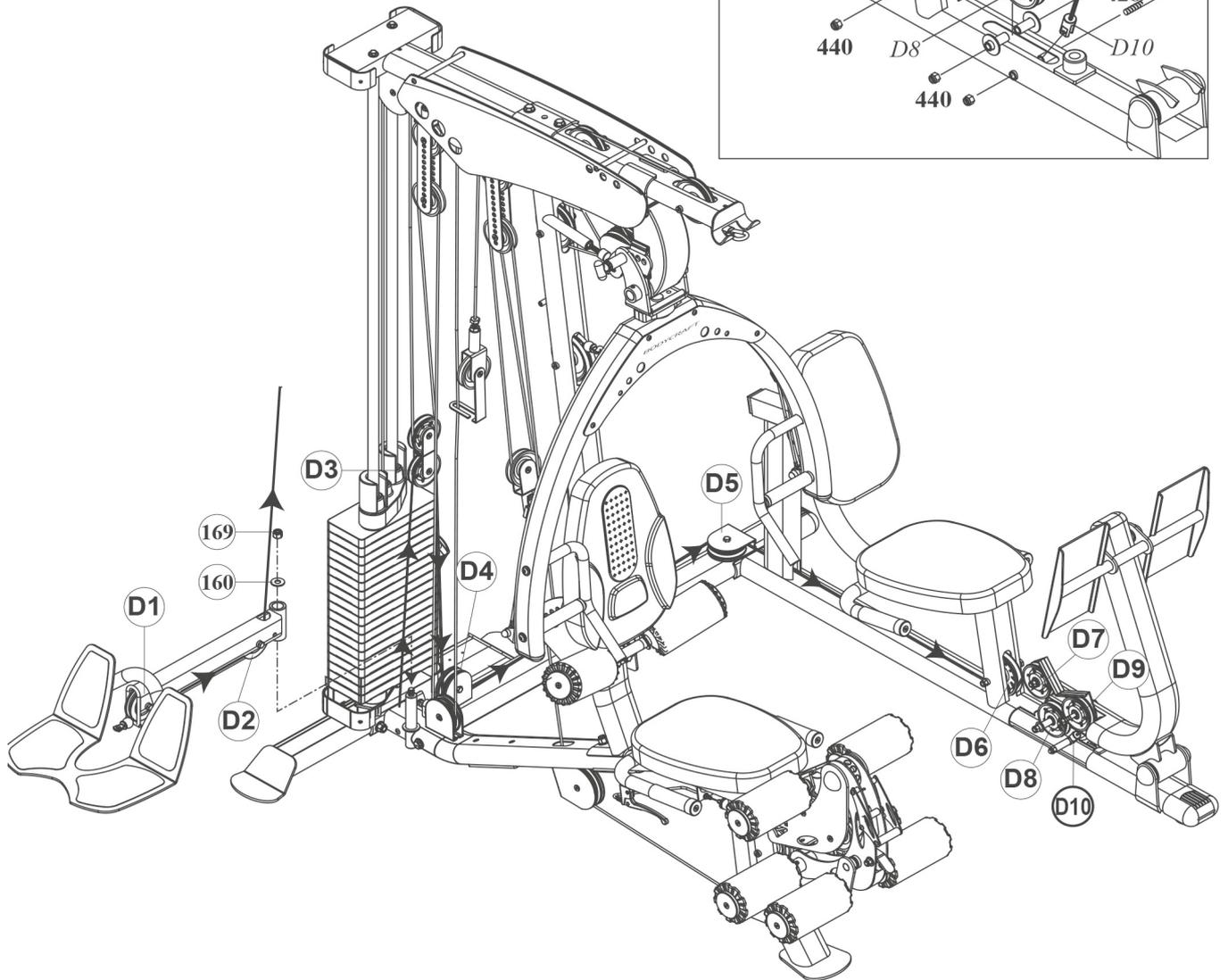
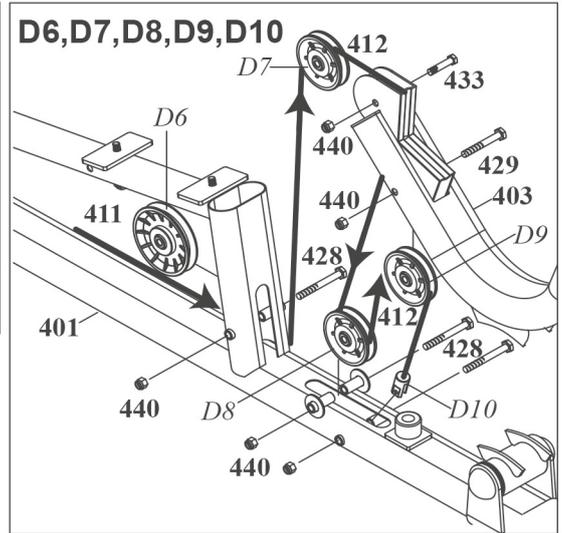
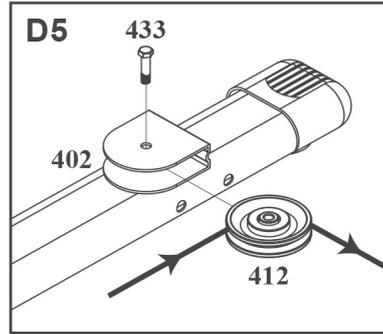
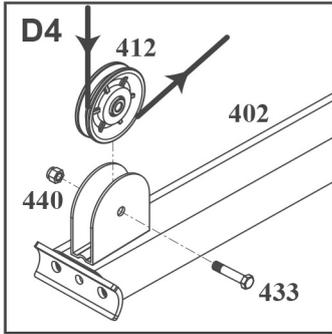
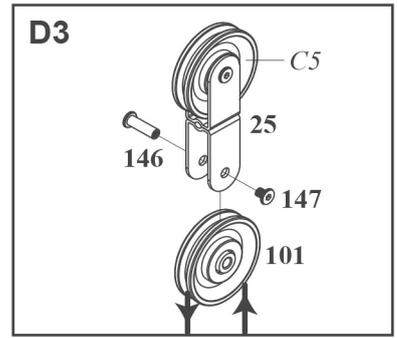
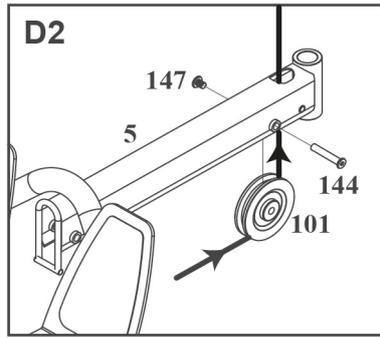
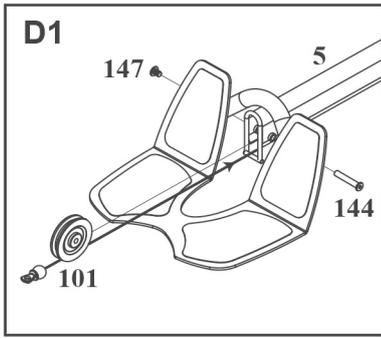
Step 2: Assembly of the Base Frame

1. Attach the Base Frame (401) to the Connecting Rear Stabilizer (402), using two Hex Bolts (426) and two washers (438).
2. Insert the 25mm Dia Axle (408) into the Leg Press Support (403), then attach to the Base Frame (401) using two Collars (409) {inside bracket of Leg Press Support (403)}, two Hex Threaded Bolts (427) and two Washers (438). Tighten the bolts and cap with two End Caps (421).
3. Insert the Dia Axle (407) and two Bushings (410) into the top hole in the Leg Press Support (403), then attach to the Foot Plate (404), using two Hex Threaded Bolts (427) and two Washers (438). Tighten the bolts and then cap with two End Caps (421).
4. Attach the Seat Handles (406) to the Base Frame (401), using two Hex Bolts (431), four Washers (439), and two Nylon Nuts (440). Tighten these bolts.
5. Attach Seat Pad (415) to the Base Frame (401), using two Hex Threaded Bolts (432) and two Washers (439).
6. Attach Back Pad (414) to the Back Pad Adjuster (405), using two Inner Hex Screws (435) and two Washers (439). Then slide the Back Pad Adjuster (405) into the Base Frame (401) and lock at your desired position using the Spring Knob (425).

Step 3: Assembly of the Leg Press Cable

1. Loosen the Nylon Nut (169) tighten on tab of Elite Main Frame (1) to move the Foot Plate (5) and remove the Low Cable (87) of Elite. If you have installed the Low Cable (87), you must remove it now. This cable will be replaced by the Leg Press Cable (413).
2. See Fig. D1/D2: Insert the eyelet end of the Leg Press Cable into the front of the Foot Plate Connector (5) and route underneath pulleys D1 and D2, each mounted using a Flat Pin Bolt (144) and a Male Screw (147).
3. See Fig. D3: Continue routing up and around pulley D3, mounted to the bottom of the Double Pulley Bracket (25), using a Flat Pin Bolt (146) and a Male Screw (147).
4. See Fig. D4: Continue routing cable down and under pulley D4, mounted to the Connecting Rear Stabilizer (402), using one Hex Bolt (433) and one Nylon Nut (440).
5. See Fig. D5: Then route cable around the horizontal pulley D5, mounted on the Connecting Rear Stabilizer (402), using one Hex Bolt (433).
6. See Fig. D6: Route the cable under a pulley D6, mounted under the Seat, using one Hex Bolt (428) and one Nylon Nut (440) .
7. See Fig D7: Continue routing the cable over and around pulley D7, mounted in the bottom of the Leg Press Support (403), using a Hex Bolt (428) and a Nylon Nut (440).
8. See Fig. D8: Route the cable down and around pulley D8, mounted in the front of Base Frame (401,) using a Hex Bolt (428) and a Nylon Nut (440).
9. See Fig. D9: Continue routing the cable up and around pulley D9, mounted in the Leg Press Support (403) using one Hex Bolt (429) and one Nylon Nut (440).
10. See Fig. D10: Attach the eyelet end of the cable inside the slot in the Base Frame (401) using one Hex Bolt (428) and one Nylon Nut (440).





3.1 General Instructions



WARNING

- + The storage location should be chosen so that improper use by third parties or children can be prevented.
- + If your equipment does not have transportation wheels, the equipment must be disassembled before transportation.



ATTENTION

- + Make sure that the equipment is protected from moisture, dust and dirt in the selected storage location. The storage location should be dry and well ventilated and have a constant ambient temperature between 10°C and 35°C.

4.1 General Instructions



WARNING

- + Do not make any improper changes to the equipment.



CAUTION

- + Damaged or worn components may affect your safety and the life of the equipment. Therefore, immediately replace damaged or worn components. In such a case, contact the contract partner. The equipment must not be used until it has been repaired. If necessary, use only original spare parts.

► ATTENTION

- + In addition to the instructions and recommendations for maintenance and care given here, additional service and/or repair work may be necessary; this must only be carried out by authorised service technicians.

4.2 Faults and Fault Diagnosis

The equipment undergoes regular quality controls during production. Nevertheless, faults or malfunctions may occur. Frequently, individual parts are responsible for these disturbances, an exchange is usually sufficient. Please refer to the following overview for the most common errors and how to correct them. If the equipment still does not function properly, contact your contract partner.

Fault	Cause	Solution
Grinding noises	Cables or pulleys do not run smoothly or are damaged	+ Visual inspection of the cable routing or the pulley guide + If damaged, replace the defective part
Weight hanging in the air	Cable tensioned too tight	Readjust cable tension
Cable without tension	Cable too loose	Readjust cable tension
Squeaking & cracking noises	Screw connections loosened or too tight	Check screw connections

4.3 Cable Adjustment

The cables should be tensioned so that the top weight plate is just resting on the other weight plates. As soon as the top weight plate does not rest on the other weight plates, the cable should be extended. As soon as the cable slackens, the cable must be shortened.

4.3.1 Extend or Shorten the Cable

Rough adjustments in length can be made on the adjustable pulley blocks:

- + Move the lower pulley downwards → extend
- + Move the lower pulley upwards → shorten

4.3.2 Fine Adjustment

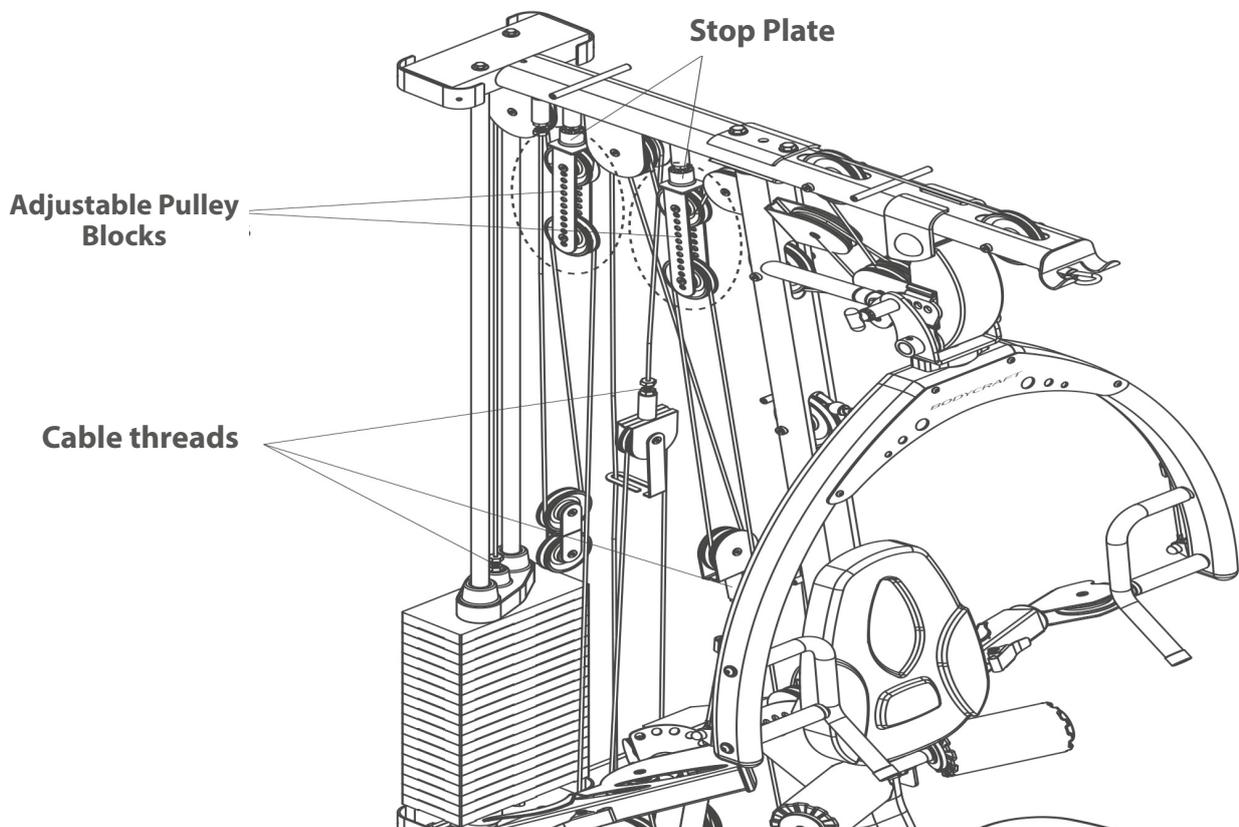
If the cable length has been adjusted or only slight adjustments are required, fine adjustment must be made to the stop plates or the cable threads:

- + The stop plates above the adjustable pulley blocks must be adjusted so that they barely touch the upper frame.
- + The cable threads can be screwed further into or out of the slots. After each adjustment, secure the cable by tightening the jam-nut.



CAUTION

At least one third of the thread must be screwed into the slot.



4.4 Maintenance and Inspection Calendar

To avoid damage from body sweat, the equipment must be cleaned with a damp towel (no solvents!) after each training session.

The following routine tasks must be performed at the specified intervals:

Part	Weekly	Monthly	Quarterly
Cables	C	I	
Screw connections		I	
Pulleys and cable routing		I	
Slide rails/Guide rods		I	
Weights			I
Cushions	C	I	
Legend: C = clean; I = inspect			

5 DISPOSAL

At the end of its operational life, this equipment cannot be disposed of in normal household waste. Instead, it must be disposed of via an recycling centre. Further information can be obtained from your local authority's recycling service.



The materials can be recycled as per their symbols. Through the reuse, recycling of materials or other forms of recovery of old equipment, you make an important contribution to the protection of the environment.

6 RECOMMENDED ACCESSORIES

To make your training experience even more efficient and pleasant, we recommend that you add suiting accessories to your fitness equipment. This could be a floor mat, for example, which makes your fitness equipment stand more securely and also protects the floor from falling sweat, but it could also be additional handrails on some treadmills or silicone spray to keep moving parts in good shape.

If you have purchased a fitness machine with pulse training and want to train your heart rate, we strongly recommend that you use a compatible chest strap, as this ensures optimum transmission of the heart rate. You may want to buy additional grips or weights for multi gyms.



Our range of accessories offers the highest quality and makes training even better. If you would like to find out more about compatible accessories, please go to the detail page of the product in our webshop (the easiest way is to enter the article number in the search field above) and go to the recommended accessories on this page. Alternatively, you can use the QR code provided. Of course, you can also contact our customer service: by telephone, e-mail, in one of our branches or via our social media channels. We will be happy to advise you!



floor mat



chest strap



chest strap contact gel



towels



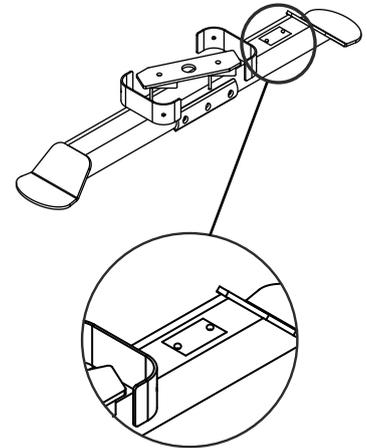
silicone spray

7.1 Serial Number and Model Name

In order to provide you with the best possible service, please have the model name, article number, serial number, exploded drawing and parts list ready. The corresponding contact options can be found in chapter 9 of this operating manual.

NOTICE

The serial number of your equipment is unique. It's located on a white sticker. The exact position of this sticker is shown in the following illustration.



Enter the serial number in the appropriate field.

Serial number:

Brand / Category:

BodyCraft / Multi-Gym

BodyCraft / Leg Press

Model Name:

Elite

Article Number:

SW-95.0225-G

SW-95.0226

7.2 Parts List - Multi-Gym

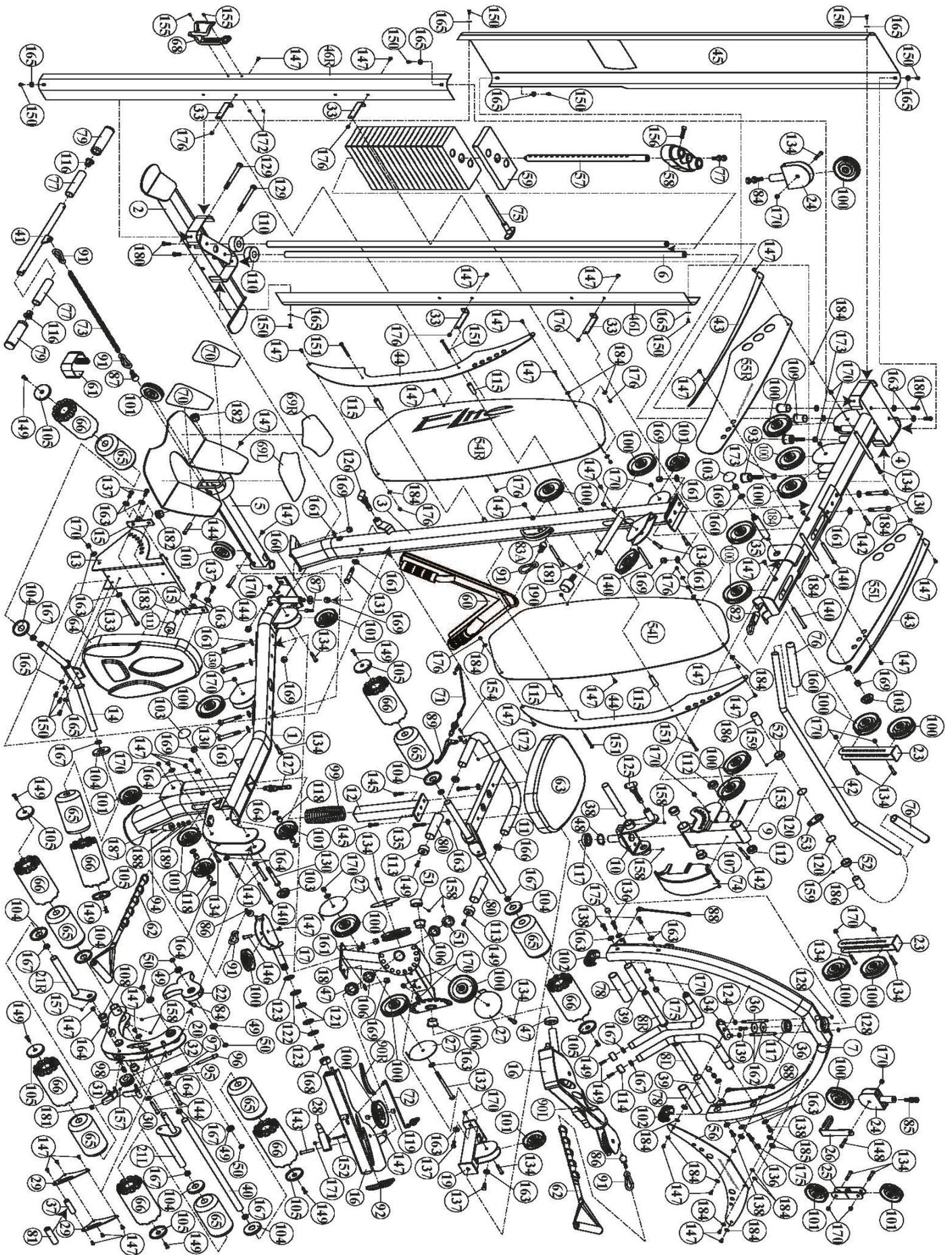
No.	Name	Qty.	No.	Name	Qty.
1	MAIN FRAME	1	28	LEVER OF CABLE ARM	2
2	REAR STABILIZER	1	29	HANDLE PLATE (all pre-assembled)	2
3	FRONT UPRIGHT	1	30	PIN LEVER (all pre-assembled)	1
4	TOP FRAME	1	31	HANDLE LEVER (all pre-assembled)	1
5	FOOT PLATE CONNECTOR	1	32	RATCHET	1
6	GUIDE ROD	2	33	L PLATE	4
7	PRESS ARM	1	34	LOCKING PLATE (all pre-assembled)	1
8R	RIGHT HANDLE OF PRESS ARM (all pre-assembled)	1	35	AXLE	1
8L	LEFT HANDLE OF PRESS ARM (all pre-assembled)	1	36	THREADED BOLT (all pre-assembled)	2
			37	HANDLE PLATE AXLE (all pre-assembled)	1
9	PRESS ARM SUPPORT	1	38	PRESS ARM AXLE	1
10	ROTOR OF PRESS ARM SUPPORT (all pre-assembled)	1		39	PRESS ARM HANDLE AXLE TUBE (all pre-assembled)
11	SEAT ADJ. HANDLE	1	40	525L FOAM ROLLER HOLDER	1
12	SEAT ADJ. FRAME	1	41	CURL BAR	1
13	SEAT BACK ADJUSTER	1	42	LAT BAR	1
14	LEG HOLDER	1	43	TOP PANEL TRIM	2
15	METAL HINGE	2	44	ACRYLIC PANEL TRIM	2
16	CABLE ARM	2	45	WEIGHT SHROUD	1
17	SWIVEL CABLE ARM END (all pre-assembled)	2		46R	RIGHT WEIGHT SHROUD
18	CABLE ARM ASSEMBLY	1	46L	LEFT WEIGHT SHROUD	1
19	CABLE ARM CONNECTOR	1	47	STEEL SPACER FOR SWIVEL CABLE ARM END (all pre-assembled)	2
20	LEG EXTENSION ASSEMBLY (all pre-assembled)	1		48	STEEL SPACER FOR PRESS ARM (all pre-assembled)
21R	RIGHT LEG EXTENSION ARM	1	49	R8ZZ BEARING FOR LEG EXTENSION ARM (all pre-assembled)	4
21L	LEFT LEG EXTENSION ARM	1			
22	LEG CURL CAM (all pre-assembled)	1			
23	ADJ. PULLEY BLOCK	2	50	STEEL SPACER FOR LEG EXTENSION ARM (all pre-assembled)	4
24	SINGLE PULLEY BLOCK	2			
25	DOUBLE PULLEY BLOCK	1			
26	CABLE GUIDE BRACKET	1	51	COLLAR (all pre-assembled)	2
27	CABLE RETAINER PLATE	4	52	AXLE COLLAR (all pre-assembled)	2

53	HOOK PLATE (all pre-assembled)	1	81	RUBBER GRIP FOR LEG EXTENSION ARM (all pre-assembled)	1
54R	RIGHT SIDE ACRYLIC PANEL	1			
54L	LEFT SIDE ACRYLIC PANEL	1	82	TOP CABLE	1
55R	RIGHT TOP PANEL	1	83	AB CRUNCH CABLE	1
55L	LEFT TOP PANEL	1	83A	REMOVABLE END OF AB CRUNCH CABLE (all pre-assembled)	1
56	PRESS ARM PANEL	1	84	LEG EXTENSION CABLE	1
57	SELECTOR ROD	1	85	CONNECT CABLE	1
58	TOP PLATE	1	86	CABLE ARM CABLE (all pre-assembled)	1
59	WEIGHT PLATE	19	87	LOW CABLE	1
60	AB CRUNCH STRAP	1	88	CONNECT CABLE OF PRESS ARM (all pre-assembled)	2
61	ANKLE STRAP	1	89	LEVER OF CLUTCH CABLE (all pre-assembled)	1
62	MULTIPLE D-RING SINGLE HANDLE	2	90R	RIGHT TRIM OF CABLE ARM (all pre-assembled)	2
63	SEAT PAD	1	90L	LEFT TRIM OF CABLE ARM (all pre-assembled)	2
64	BACK PAD	1	91	CLIP	6
65	FOAM PAD	8	92	CAP FOR CABLE ARM (all pre-assembled)	2
66	FOAM PAD COVER (all pre-assembled)	8	93	1/2" STOPPER (all pre-assembled)	2
68	BOTTLE CAGE	1	94	MAIN FRAME STOPPER (all pre-assembled)	1
69R	RIGHT NONSLIP (all pre-assembled)	1	95	NUT FOR LEG EXTENSION (all pre-assembled)	1
69L	LEFT NONSLIP (all pre-assembled)	1	96	PIN BOLT FOR LEG EXTENSION (all pre-assembled)	1
70	NONSLIP (all pre-assembled)	2	97	LEG EXTENSION LARGER SPRING (all pre-assembled)	1
71	LONGER CLUTCH CABLE (all pre-assembled)	1	98	LEG EXTENSION SMALLER SPRING (all pre-assembled)	1
72	SHORTER CLUTCH CABLE OF CABLE ARM (all pre-assembled)	2	99	SEAT SPRING	1
73	CHAIN	1	100	4-1/2" PULLEY (114mm)	25
74	PLASTIC COVER	1	101	3-1/2" PULLEY (90mm)	11
75	SELECTOR PIN	1	102	40 X 80mm OVAL PLUG	2
76	1" X 200mm ROUND HAND GRIP (all pre-assembled)	2	103	1/2" PLASTIC DOME CAP	4
77	1-1/4" X 140mm ROUND HAND GRIP (all pre-assembled)	2	104	PLASTIC CAP	8
78	1-1/4" X 145mm ROUND HAND GRIP (all pre-assembled)	2			
79	1-1/4" HAND GRIP (all pre-assembled)	2			
80	1" X 120mm HAND GRIP (all pre-assembled)	1			

105	ALUMINUM CAP	8	133	3/8" X 5-1/4" HEX BOLT	1
106	1-1/8" ID STEEL BUSHING (all pre-assembled)	4	134	3/8" X 1-3/4" HEX BOLT	16
			135	3/8" X 1-3/4" HEX THREADED BOLT (all pre-assembled)	2
107	1" ID BUSHING (all pre-assembled)	2			
108	3/4" ID BUSHING (all pre-assembled)	2	136	3/8" X 1-1/4" HEX THREADED BOLT	2
			137	3/8" X 1" HEX THREADED BOLT	6
109	1" ID PLASTIC GUIDE ROD HOLDER	2	138	3/8" X 1" INNER HEX SCREW (all pre-assembled)	4
110	RUBBER CUSHION	2			
111	BACK PAD STOPPER (all pre-assembled)	1	139	3/8" X 3/4" INNER HEX SCREW (all pre-assembled)	1
112	BEARING (all pre-assembled)	2	140	3/8" X 109.5L FLAT PIN BOLT	5
113	SEAT PAD SUPPORT STOPPER (all pre-assembled)	2	141	3/8" X 75L FLAT PIN BOLT	2
			142	3/8" X 2-3/4" HEX BOLT	2
114	STOPPER FOR PRESS ARM HANDLE (all pre-assembled)	2	143	3/8" X 51.5L FLAT PIN BOLT	2
115	PLASTIC STUDS	4	144	3/8" X 45L FLAT PIN BOLT	4
116	1" T SHAPE END PLUG (all pre-assembled)	2	145	3/8" X 1" ROUND INNER ALLEN BOLT	2
117	60/28ZZ BEARING (all pre-assembled)	2	146	3/8" X 30.5L FLAT PIN BOLT	2
			147	M6 X 12L MALE SCREW	41
118	SPACER FOR MAIN FRAME	4	148	3/8" X 2" HEX HEAD BOLT	1
119	SPACER FOR CABLE ARM (all pre-assembled)	4	149	5/16" X 1-1/4" COUNTER ALLEN BOLT	12
120	LARGER SEALING RING (all pre-assembled)	2	150	5/16" X 1/2" SCREW	11
			151	M6 X 70L ROUND SCREW	4
121	BEARING BASIN (all pre-assembled)	4	152	M6 X 45L SCREW (all pre-assembled)	2
122	BEARING (all pre-assembled)	4	153	M5 X 63L SCREW	1
123	BEARING COVER (all pre-assembled)	4	154	M5 X 18L SCREW (all pre-assembled)	1
124	MAGNET (all pre-assembled)	2	155	M5 X 12L SCREW	2
125	LONGER POP PIN (all pre-assembled)	1	156	TOP PLATE BOLT	1
			157	5/16" X 1/2" SET SCREW	2
126	SHORTER POP PIN	1	158	5/16" X 1/4" SET SCREW	6
127	TIGHTEN KNOB	1	159	M6 X 6L SET SCREW (all pre-assembled)	2
128	SPRING CLIP (all pre-assembled)	2			
129	1/2" X 5" HEX BOLT	2	160	1/2" LARGER WASHER	3
130	1/2" X 3-1/4" HEX BOLT	7	161	1/2" SMALLER WASHER	12
131	1/2" X 2-3/4" HEX BOLT	1	162	3/8" WASHER (WIDE FLANGE)	2
132	3/8" X 5-3/4" HEX BOLT	1	163	3/8" LARGER WASHER	22

164	3/8" SMALLER WASHER	12
165	5/16" WASHER	11
166	1-1/4" NUT (all pre-assembled)	2
167	1" NUT (all pre-assembled)	10
168	24mm NUT (all pre-assembled)	2
169	1/2" NYLA-NUT	11
170	3/8" NYLA-NUT	23
171	M6 NYLA-NUT (all pre-assembled)	2
172	M5 NYLA-NUT	3
173	1/2" NUT (all pre-assembled)	2
174	8mm HEX WRENCH	1
175	3/8" CAP NUT (all pre-assembled)	4
176	M6 ACORN NUT	12
177	4mm HEX WRENCH	1
178	5mm HEX WRENCH	1
179	6mm HEX WRENCH	1
180	3/8" X 3/4" HEX THREADED BOLT	4
181	3/8" THIN NUT (all pre-assembled)	2
182	1-1/4" ROUND PLUG	2
183	3/8" X 1-1/4" BUTTON HEAD SCREW (all pre-assembled)	1
184	SMALLER SEALING RING (all pre-assembled)	20
185	M6 WASHER	4
186	1" X 60mm ROUND HAND GRIP (all pre-assembled)	2
187	1/4" X 1-1/4" SCREW (all pre-assembled)	1
188	1/4" WASHER (all pre-assembled)	2
189	1/4" NUT (all pre-assembled)	1
190	3/8" STOPPER (all pre-assembled)	1

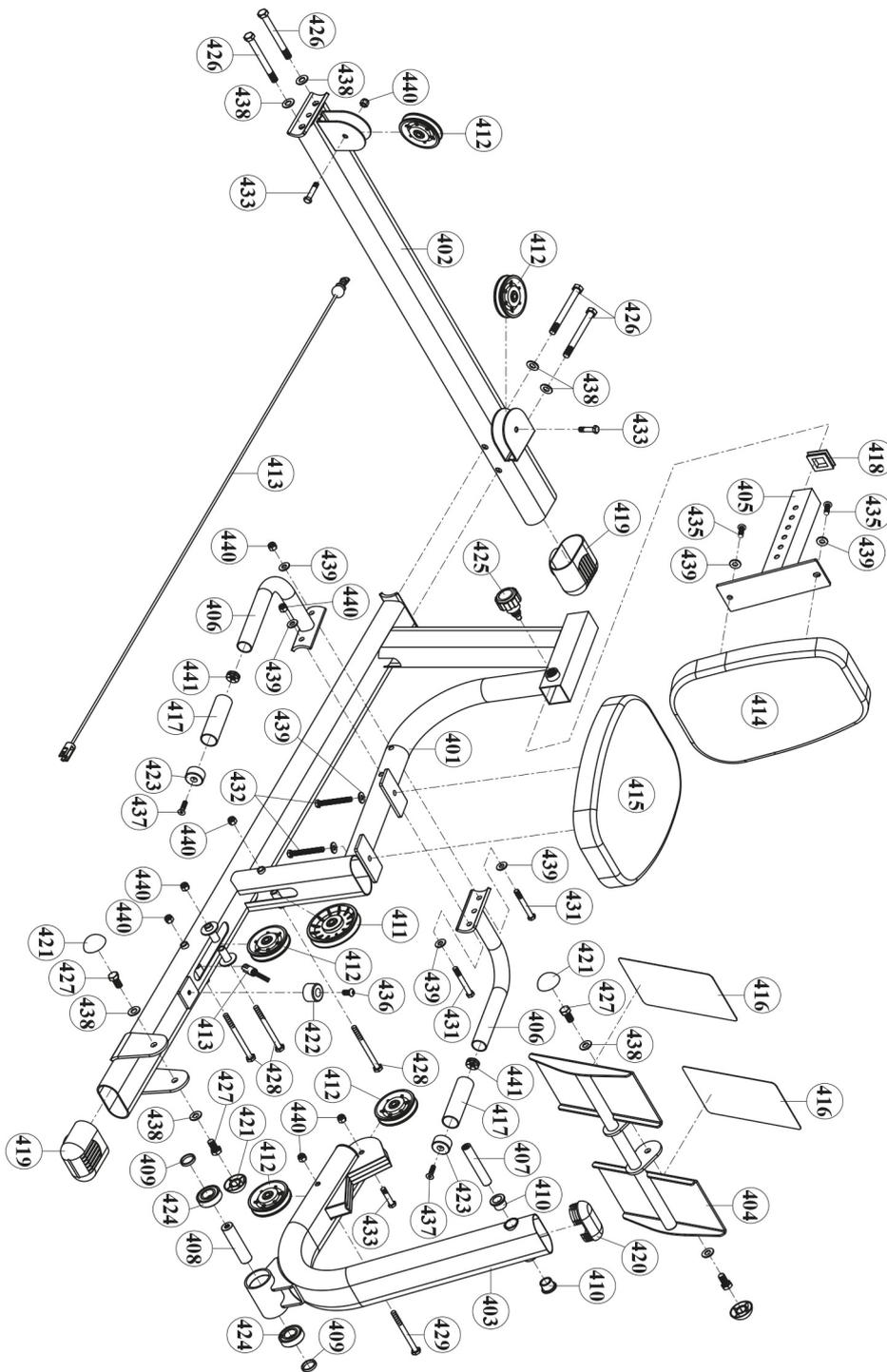
7.3 Exploded Drawing - Multi-Gym



7.4 Parts List - Leg Press

No.	Name	Qty.	No.	Name	Qty.
401	BASE FRAME	1	422	LEG PRESS STOPPER	1
402	CONNECTING REAR STABILIZER	1	423	SEAT PAD SUPPORT STOPPER	2
403	LEG PRESS SUPPORT	1	424	BEARING	2
404	FOOT PLATE	1	425	LOCKING SPRING KNOB	1
405	BACK PAD ADJUSTER	1	426	1/2" X 5" HEX BOLT	4
406	PRESS HANDLE	2	427	1/2" X 3/4" HEX THREADED BOLT	4
407	φ25mm AXLE	1	428	3/8" X 4-3/4" HEX BOLT	3
408	φ3/4" AXLE	1	429	3/8" X 4-1/2" HEX BOLT	1
409	COLLAR	2	431	3/8" X 3-1/4" HEX BOLT	2
410	φ3/4" BUSHING	2	432	3/8" X 2-3/4" HEX THREADED BOLT	2
411	114mm PULLEY	1	433	3/8" X 1-3/4" HEX BOLT	3
412	90mm PULLEY	5	435	3/8" X 1" INNER HEX SCREW	2
413	LEG PRESS CABLE	1	436	3/8" X 3/4" SET SCREW	1
414	BACK PAD	1	437	5/16 X 1-1/4" SET SCREW	2
415	SEAT PAD	1	438	1/2" WASHER	8
416	NON SLIP	2	439	3/8" WASHER	8
417	1-1/4" X 360mm HAND GRIP	2	440	3/8" NYLON NUT	8
418	45 X 45mm RECT. PLUG	1	441	5/16" NUT (pre-assembled)	2
419	50 X 100mm OVAL END CAP	2	442	4mm HEX WRENCH	1
420	50 X 100mm OVAL PLUG	1	443	5mm HEX WRENCH	1
421	CAP FOR NUT	4			

7.5 Exploded Drawing - Leg Press



Training equipment from Taurus® is subject to strict quality control. However, if a fitness equipment purchased from us does not work perfectly, we take it very seriously and ask you to contact our customer service as indicated. We are happy to help you by phone via our service hotline.

Error Descriptions

Your fitness equipment is developed for long-term, high-quality training. However, should a problem arise, please first read the operating instructions. For further assistance, please contact your contract partner or call our service hotline. To ensure your problem is solved as quickly as possible, please describe the defect as exactly as possible.

In addition to the statutory warranty, we provide a warranty for every fitness equipment purchased from us according to the following provisions.

Your statutory rights are not affected.

Warranty

The warranty is the first/original buyer and/or any person who received a newly purchased product as a gift from the original buyer.

Warranty period

The warranty periods, shown on our web shop, begin on delivery of the fitness equipment. The respective warranty periods for your equipment can be found on its product website.

Repair Costs

According to our choice, there will either be a repair, a replacement of individual damaged parts or a complete replacement. Spare parts, that have to be mounted while assembling the equipment, have to be replaced by the warranty personally and are not a part of repair. After the expiration of the warranty period for repair costs, a pure parts warranty applies, which does not include the repair, installation and delivery costs.

The terms of use are defined as follows:

- + Home use: solely for private use in private households up to 3 hours per day
- + Semi-professional use: up to 6 hours per day (e. g. rehabilitation centres, hotels, clubs, company gyms)
- + Professional use: more than 6 hours per day (e. g. commercial gyms)

Warranty Service

Within the warranty period, equipment which develops faults as a result of material or manufacturing defects, will be repaired or replaced at our discretion. Ownership of equipment or parts of equipment which have been replaced is transferred to us. The warranty period is not extended nor does a new warranty period begin following repair or replacement under the warranty.

Warranty Conditions

For the warranty to be valid, the following steps must be taken:

Please contact our customer service by email or phone. If the product under warranty has to be sent in for repair, the seller bears costs. After expiry of the warranty, the buyer bears the costs of transport and insurance. If the fault is covered by our warranty, you will receive a new or repaired equipment in return.

Warranty claims are invalid in case of damage resulting from:

- + misuse or improper handling
- + environmental influences (moisture, heat, electrical surge, dust, etc.)
- + failure to follow the current safety measures for the equipment
- + failure to follow the operating instructions
- + use of force (e. g. hitting, kicking, falling)
- + interventions which were not carried out by one of our authorized service centres
- + unauthorised repair attempts

Proof of Purchase and Serial Number

Please make sure that you are able to provide the appropriate receipt when claiming on your warranty. So that we can clearly identify the model of your equipment, and for the purposes of our quality control, you will need to give the serial number of your equipment, when contacting the service team. Where possible please have your serial number and your customer number ready when you call our service hotline. It will help us to deal with your request swiftly.

If you cannot find the serial number on your fitness equipment, our service team is at your disposal to offer further information.

Service outside of the Warranty Period

We are also happy to issue an individual cost estimate if there is a problem with your fitness equipment after the warranty has expired, or in cases which do not fall under the terms of the warranty, e. g. normal wear and tear. Please contact our customer service team to find a quick and cost-effective solution to your problem. In such a case you will be responsible for the delivery costs.

Communication

Many problems can be solved just by speaking to us as your specialist supplier. We know how important it is to you as a user of the fitness equipment to have problems solved quickly and simply, so you can enjoy working out with minimal interruption. For that reason, we also want to resolve your queries quickly and in a straightforward manner. Thus, please always keep your customer number and the serial number of the faulty equipment handy.

DE	DK	FR
<p>TECHNICAL SUPPORT</p> <p> +49 4621 4210-900</p> <p> +49 4621 4210-698</p> <p> technik@sport-tiedje.de</p> <p> Mo - Fr 08:00 - 18:00 Sa 09:00 - 18:00</p> <p>SERVICE</p> <p> 0800 20 20277 (Freecall)</p> <p> info@sport-tiedje.de</p> <p> Mo - Fr 08:00 - 21:00 Sa 09:00 - 21:00 So 10:00 - 18:00</p>	<p>TECHNICAL SUPPORT & SERVICE</p> <p> 80 90 16 50</p> <p>+49 4621 4210-945</p> <p> info@fitshop.dk</p> <p> Mo - Fr 08:00 - 18:00 Sa 09:00 - 18:00</p>	<p>TECHNICAL SUPPORT & SERVICE</p> <p> +33 (0) 172 770033</p> <p>+49 4621 4210-933</p> <p> service-france@fitshop.fr</p> <p> Mo - Fr 08:00 - 18:00 Sa 09:00 - 18:00</p>
	PL	BE
	<p>TECHNICAL SUPPORT & SERVICE</p> <p> 22 307 43 21</p> <p>+49 4621 42 10-948</p> <p> info@fitshop.pl</p> <p> Mo - Fr 08:00 - 18:00 Sa 09:00 - 18:00</p>	<p>TECHNICAL SUPPORT & SERVICE</p> <p> 02 732 46 77</p> <p>+49 4621 42 10-932</p> <p> info@fitshop.be</p> <p> Mo - Fr 08:00 - 18:00 Sa 09:00 - 18:00</p>

UK	NL	INT
<p>TECHNICAL SUPPORT</p> <p> +44 141 876 3986</p> <p> support@powerhousefitness.co.uk</p> <p>SERVICE</p> <p> +44 141 876 3972</p> <p> Mo - Fr 9am - 5pm</p>	<p>TECHNICAL SUPPORT & SERVICE</p> <p> +31 172 619961</p> <p> info@fitshop.nl</p> <p> Ma - Do 09:00 - 17:00 Vr 09:00 - 21:00 Za 10:00 - 17:00</p>	<p>TECHNICAL SUPPORT & SERVICE</p> <p> +49 4621 4210-944</p> <p> service-int@sport-tiedje.de</p> <p> Mo - Fr 8am - 6pm Sat 9am - 6pm</p>
	AT	CH
	<p>TECHNICAL SUPPORT & SERVICE</p> <p> 0800 20 20277 (Freecall)</p> <p>+49 4621 42 10-0</p> <p> info@sport-tiedje.at</p> <p> Mo - Fr 08:00 - 18:00 Sa 09:00 - 18:00</p>	<p>TECHNICAL SUPPORT & SERVICE</p> <p> 0800 202 027</p> <p>+49 4621 42 10-0</p> <p> info@sport-tiedje.ch</p> <p> Mo - Fr 08:00 - 18:00 Sa 09:00 - 18:00</p>

Please find a detailed overview including address and opening hours for all stores of the Sport-Tiedje Group in Germany and abroad on the following website:

www.sport-tiedje.com/en/stores

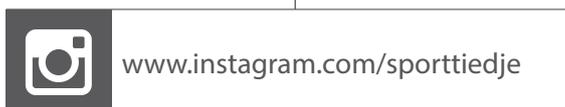
WE LIVE FITNESS

WEBSHOP AND SOCIAL MEDIA

Sport-Tiedje is Europe's largest specialist store for home fitness equipment with currently over 70 stores and one of the world's most renowned online mail order companies for fitness equipment. Private customers order via the 25 web shops in the respective national language or have their desired equipment assembled on site. In addition, the company supplies fitness studios, hotels, sports clubs, companies and physio practices with professional equipment for endurance and strength training.

Sport-Tiedje offers a wide range of fitness equipment from renowned manufacturers, high-quality in-house developments and comprehensive services, such as a build-up service and sports scientific advice before and after the purchase. The company employs numerous sports scientists, fitness trainers and competitive athletes.

Visit us also on our social media platforms or our blog!



BODYCRAFT